

IDENTITY
&
INDIVIDUALITY



SHUNYO

Identity and individuality

Diary No. : 8450/2020-CO/L

Shunyo

© 2020

All rights reserved. No part of this book may be reproduced or utilized in any form or by any means, electronic or mechanical including photocopying, recording or by any information storage and retrieval system, without permission in writing from the publishers.

Websites : shunyo.in

Email : info@shunyo.in

Publisher: Kishlay Gaur, Kotwali Road, Deoria, 274001, India

Contact No. : +91 7084598114

Identity and individuality

You are life. You don't start or end. You just flow. Individuality pops up and settles down, not you:

Individuality keeps popping up in every life. One's efforts are related with his individuality only. World or society wants to see your ability of shaping up an individuality for yourself. They are not interested in how much fun you are having here or how much travelling you are doing for the sake of learning. They want to see the outcome of your efforts and how well you shaped your qualities and talent. Individuality is that very thing which society wants to see in you. The collective memory of society never remembers the individual however it only preserves the individuality. Society considers your individuality as a sun which arises and ultimately gets settled down. Society remembers the individualities and keep referring them to the new generations while the culture remembers the characters which serve as a source of inspiration for new generations in the pursuit of their character building. The source of life remains the same however every new life brings a new identity and a chance to develop an individuality.

People respect individuality while they harbor reverence towards a character:

Mind remains in the centre of an individuality while soul remains in the centre of a character. There is an emotional connect between an individuality and its follower. All the information related with an individuality remains stored in the memory. People do follow any preferred individuality as an icon. Any individuality creates an image in its follower's mind. The follower remains very touchy about this image and guards it from any scrutiny and he never wants to see that the image is being hurt or being criticized at any cost.

On the other hand reverence is a natural state which doesn't form any image of its deity. Image formation is facilitated by mind while devotion is a natural phenomena, which is independent of mind. Individuality is made up of qualities while a character is made up of values. People may find multiple icons in their life however to find a living character is scarce.

People may follow multiple icons in life however they honour very few.

Respect is related with individuality while regard is related with the character.

Individualities fade away, Individual dies :

Individual is about the physical presence. While the individuality is about all those efforts which are done by the mind through that physical presence called individual.

Nature makes individuals, mind changes them into individualities.

A person whom you see on the street is not an individual. That person is either an individuality in making or an established individuality.

Society is the aggregation of individuals however it is headed by individualities.

Madness is an ill-effect of experiment called individuality building. Trees and plants never go mad because they are never involved in the experiments related with individuality.

Individualities go into the history if they are strong enough to leave their impact on contemporary world, both in positive and negative ways. The rest of the individualities go into the memory of related and affected people, whom they come into the contact during the lifetime. Individualities survive longer than the person. if the individualities go into the history, they get documented. This is how the future generations also come to know about them. On the other hand

individual lives till the time, there is life present in his body. that means life keeps holding the individual while deeds keep holding the individuality.

Visible and digital identities:

Identity is needed to identify the person. And a person needs his own identity so that people can remember him. A person's face, physical structure and name are the part of the package of his identity. An identity is needed to recognize a person. This personal recognition plays a vital role in interpersonal relationships. So all the exchanges that happen between a person and the world are through his identity. Interpersonal relationships are laced with emotions, so the analogue identity is desired there because digits hardly evoke any emotions. The technology has become digital from analogue.

World is advancing so as our identity is. since the ages people have been getting identified by their names and physical characteristics. Nowadays people get identified by the numbers which are provided to them by the state and of course by the digital imprints of their eyes and fingertips. It's easier to get and store the digital identities of people and it makes easier to identify them if need arises. Nowadays a person's mobile or other electronic gadgets have become the extension of his identity. Brain has a limitation to remember the names and the faces. Whereas a computer can store much more data related with multiple individuals and their identities. Digital data related with identity can be transferred from one point to another more accurately and swiftly. State uses these digital identities to provide the benefits of various social schemes to the person and to collect the tax more efficiently.

Two different individualities, can't merge into each other.

By remaining along, they maintain their individual identities. That's why interconnection between them is called relationship. Relationship requires at least two or more people to get involved with each other. In a relationship none unit can't dissolve into another. Both of them, maintain their presence. It is another thing that one keeps developing own individuality and another one decelerates or holds back, which means choosing to remain stunted. This may happen, till the time partners are together. In the case of separation, stunted one starts developing again. Water packed in two different pouches of plastic, can't merge with each other.

Whereas air present in an open environment, is not separated. It is one. Till the time ego is there, individuality keeps surviving.

Being present in a different physical identities and keep holding a different individuality, is the way a people live on the planet Earth.

Because of this limitation called individuality, the arrangement called relationship takes shape. we live together however will live a separate life. that is why society is like a garden or a jungle which has different plants, trees, flowers and thorns although having a common environment.

Because of having difference in individuality, everyone is living a different life and extracting a different experience out of life from others.

Ego is that shell, which keeps covering the consciousness. till the time, self realization doesn't happen. This shell of ego, keeps holding it's shell. Ego is similar to the coconut shell, which is hard and too difficult to break.

Individualities does not have the privilege that consciousness enjoys. Consciousness can get submerged into super consciousness.

Individuality develops civilization while Consciousness develops culture :

Development of individuality and development of civilization go hand in hand. The effect of individuality is seen in the area, which is present around it. Self development leads to social development. Social development gets exhibited in the development of civilization. When the people keep updating themselves according to the current standards and practices, its effect start getting reflected in the surroundings, which is developed by the individualities. Every individuality pass on the values to its students and offspring. These values keep shaping and maintaining the civilization. Every civilization has some important values, which keep getting reflected in every generation which exists in the civilization. These values are the cornerstones of any civilization, for example education, gender equality, hygiene, food habits, preference of clothes, architecture etc.

on the other hand, consciousness gives birth to culture. Culture is that unique gift, which is imparted to the world by the consciousness. What is so unique about the culture? How and why people get interested in it? In what way it helps the individual? The answer is that every person is in constant pursuit of happiness. Not all people are equally interested in the offerings of the world, ambitions and materialistic pleasures and in the chemistry of relationships. Many people go through sufferings and want to come out of it and then they look for more meaningful life. Meaning of treasure is different for different people. If some people look for excitement and related adventures then there are people who look for stillness and love. If there are ambitious people then there are people, who look for a purpose in life. If the civilization guides the person towards the qualities and tastes of life then the culture guides the person towards the nectar of life.

Time spent as an individuality is called as 'my life'. Two things that are present between the necessity and invention are intellect and resources :

A person cannot make any efforts, till the time he doesn't start sensing. Person remains at the receiving end before he starts sensing. All the resources, love & care are provided by the parents. Parents like the innocence of child and they love seeing the child performing innocent activities. These activities are not targeted, planned or person specific. As the children are free from the dominance of their senses and mind, that is why childhood is considered divine. In India it is a cultural saying that 'children are the human form of God'. Children don't have any individuality nor their acts are driven by individuality. This means that god is free from those limitations which an individuality possesses. Meeting a child, make people get filled with love. While witnessing an individuality, people get filled with thoughts. Any person's childhood remains special for family, parents and society. Whereas the person considers his active phase, once he starts sensing. He is not able to remember his childhood however parents are. So for him, life starts when his senses become active.

'My childhood' is about that time period, when the memory becomes active enough to record the moments. There is a period before this phase, when memory was completely silent.

Once a child takes birth, certain period is passive for everyone, then it starts becoming active when mind takes control of the life. So the passive part of life is dominated by innocence and love while the active part is dominated by the sense of need and desires, intellect, resources and invention. When the child is innocent, his needs are completely taken care of. Whereas when one becomes efficient at physical level and sensible at mental level, then he is supposed to work to take care of his needs. When the society sees that the child is out of his Innocence period, then their treatment towards the person gets changed.

Beard is interesting. In some societies beard is used as an identity and in some other societies, it is used to conceal the identity:

Beard can be used for both donning and doffing an identity.

Beard when used by religion conveys that my religious identity is bigger than my individuality. However, beard used by spiritual persons conveys the message that my face is not my identity, which has been used by my mind for many years. So, let the nature cover up my face.

Face serves as a personal identity. People recognize each other through face. Apart from regular features like eyes, nose, mouth & ears, face also carries facial hair.

They are termed as moustache and beard. Some people like to wear them while some don't. At some places, wearing them is a part of tradition. Some people wear them as a symbol of pride. While some wear for the fact that it suits them. Some wear them as a part of their religious resolve. In this case the person is provided with religious identity. While for some, it is not a resolve however just a natural way of living. Spiritual people often prefer to wear them just because it conceals their previous identity. As the person starts becoming spiritual, he starts losing his affinity with his previous identity. He prefers solitude. So he may start wearing the beard and moustache, so that his previous contacts may not be able to recognize him easily. The conversation with the previous contacts are mostly about the previous identity and the image. As he doesn't want that his past should disturb his present and solitude. That's why he wears the covering of facial hair. It also serves as an invitation for fellow spiritual people to contact and bless with their wisdom, conscience & guidance.

Message is for them also who are interested in spirituality and want to know & share some inputs about it.

Two innate things of our being on this or any other planet is identity and individuality :

It is the common way throughout the world, irrespective of the fact that person comes from civilized or tribal background. Post birth, as soon as mind become strong enough, it starts building an individuality for the person. What kind of individuality will be built, is greatly dependent upon the social and cultural background of the person. This human trait of building an individuality for oneself, can be used by the society both positively and negatively.

Progressive societies encourage the person to move towards knowledge and start-ups. Post acquiring the knowledge people start giving their services to the society as an artist, administrator, workforce, businessman, academician etc. Or they work as a scientist. Through their research and development work, they help in developing the science and technology & thus provide their services in expanding the arena of science to the next level.

Some religious clerics abuse people's zeal of building own individuality to their benefit. They preach that your great religion is your identity. You don't need to follow the rest human civilization because your religion gives you an opportunity to directly proceed to heaven from identity. So, surrender your individuality to your great religion. However, the human instinct is bound by the intellect that is why it tries to build individuality. By adopting extremism as the tool of their individuality, people readily accept this option. In this case they start using their intellect for propagating their ideology and beliefs. Because it's a perceived holy war and at the same time, it gives martyrdom. Being martyr is in fact is an individuality. When holy war is projected as a mainstay of individuality, then even educated people readily embraces it. Holy war promises a place in heaven and fame on earth. That means having sweets in both hands. Every individuality craves for fame. So, becoming a tool of perceived holy war, becomes a shortcut to Fame.

Nick name is about identity. Real name is about individuality :

Once a child is born, parents usually provide the child a nickname. This is the name by which they address the child to draw his attention. This is generally a small lovely name, without a meaning. At this point a meaningful name is not required. What required is the affection. Child is not going to ask its meaning. So the parents are not answerable right now about the choice of the name. This nickname is for the use of the family and loved ones. Generally nicknames are sugar coated. So this nickname addresses just The Identity of the baby.

Whereas parents become more selective and thoughtful while they sort out few names. Finally they arrive on a name which is meaningful and attractive as well. This is going to be the name by which the society will address the child and this is going to be his permanent identity for the society. This name must suit that scenario, once the child is able to develop an Individuality for himself. So the name should appear mature and convincing. Parents consider the name of their gods, idols, preferred characters, icons, leaders etc. They also consider the names with spiritual meanings. Names also work as an inspiration for the person to achieve higher goals and spiritual States. Sometimes aspirations of parents are also hidden in child's names. All the achievements and decorations achieved in life, gets added up with the name. when the person's name is taken with respect, person feels that the respect is being given to him. When the person's name is not taken with respect, person feels that it's his disrespect. Name just become a carrier of whatever society gives to the person. Name becomes a symbol of his individuality. Individuality wants to leave its impact on the contemporary society. Individuality lives on, till the time memory of relatives lives on.

Fantasy is smooth. It is imagination without efforts and obstacles. Fantasy involves bipolarity however bypasses other individualities :

That is why it is like a smooth ride. A cakewalk, where advancing is too smooth as it's own private field, where no one else can enter. Even if anyone comes to know that someone is floating in his imagination, even though there is no way to enter in it. It is that personal. Your imagination is that territory, where no one else can command except you. Every person is the commanding officer in his own imagination. This is the only place where only one individuality can exist and that is yours. Apart from you, everyone else is submissive there. Even the most dreaded person mellows down in your imagination. That means they are present there in just an identity form. You command and everyone else obey there. Thoughts are different than imaginations. In the thoughts other individualities are also present. Thoughts may not be that soothing however imaginations are.

Whereas in reality, every person is present in their individuality. Individualities are tough. Reality is congregation of individualities in their physical presence. To deal with other individualities, person needs interpersonal skills. Individualities interact with each other through personal, social and professional relationships. Sometimes they come face to face as enemies or adversaries. A person's life can be divided into two parts. one is before he starts sensing and second is after one starts sensing. Before the advent of senses, life appears more soothing. Once the child starts sensing and develops his own understanding, then he realizes that witnessing the world around him is not easy as it is filled with multiple individualities, who are attentive and even seek attention. So in the whole frame, that a person can see at a time, person's focus gets fixed on that one person. Then interaction starts between them and the focus gets fixed on each other's talks. So the whole frame becomes irrelevant as the focus gets limited to one person. These interactions happen multiple times in a day and the person's focus keeps getting deflected. As far as the fixed focus is concerned,

reality is full of obstacles as it is full of individualities. it needs efforts to interact and deal with every Individuality.

Mind gives every person a different identity and helps them to transform it into individuality :

As it needs multiple years to build an individuality, which becomes person's social identity. Person gradually realizes that there are perks associated with his individuality. it earns money for him as well as the recognition and respect as well. Although there is also a flip side associated with it. Like the time which he wants for himself, gets used up by his individuality and associated connections. Also he cannot move that freely and act as normal people do. As he has to protect his individuality and behave likewise. In social gatherings he has to keep performing the way his individuality demands. So he remains tied in an invisible shackle.

Many a times he wants to come out of these bondages and be natural.

He wants to explore the uncharted world and his own unexplored side as well. He thinks about liberating oneself however his responsibilities and duties don't allow him to move away. Sometimes the person becomes so tied up in his circumstances that he can't even afford to think about giving time to oneself. one gets to face multiple insecurities and fears, whenever he thinks about slowing down for distancing away. Person keeps on harboring those wishes, on which he wants to work upon although they remain suppressed. So the world outside of person's individuality becomes like north pole or South Pole. where reaching and surviving is too tough. Although person wants to explore that. He wants to explore every possible place and state however he is scared of losing all that is earned by consistent and hard work . Ultimately it boils down to

getting an opportunity or amassing 'enough courage' (which can ward off his various fears) to come out of this 'individuality trap'.

We project our individuality through skill, qualities, reflexes, nature, success, intellect, health, age, knowledge, memory, relationships, approach, connections etc:

This projection leaves an effect on the person's mind, which is called image. Image is related with imagination. Whenever a person meets with someone, his image is left on the person's psyche. This image is either positive or negative. As one person cannot be everywhere, so if it is required then his image building is done through various advertising mediums or by word of mouth. This is done to take more people in good Faith. Individuality is marketed through marketing campaign. Other's individuality affects the person, both favorably and adversely, which happens at a psychological level. It also either benefits or harms other people on the knowledge level, resources level & physical level. All these marketing campaigns are there to affect the person's mind and condition in a favorable way. Marketing increases the reach of an individuality exponentially. A favorable image makes the person receptive of the products or the creations dished out by that individuality. If the product is received well, then it's chances of success goes up. So the image directly affects the success rate of the endeavors related with an individuality. The outcome of many ambitious projects of an individuality is dependent upon his image. That's why there are agencies in the market, who provide their services of image building and image correction for a heavy sum of money. Individuality creates the products while his image facilitates in marketing of this product. That is why people who work on a broad level are particularly sensitive about their image in public's mind. There are people with special talents however not as much

successful as their image is not that favorable. Which obstructs the people from buying the products related with that individuality.

Things that are damaging to individuality are the revelation of an act of physical desire, misbehaving, financial misconduct, their affinity with a controversial organization & violence.

Giving birth to a child is like giving birth to an identity. Raising them up is about converting their identity into individuality :

Giving birth is about producing a life, which could be identified through the senses. When we are able to identify it, one becomes assured that childbirth has taken place. After giving the birth, one searches for a name through which the child can be addressed. The name serve the purpose of both the identifying and addressing the person. The project of delivering the baby becomes successful with the childbirth. Then comes a period of few years, when the parents remain mesmerized by the child's innocent activities. As soon as child starts learning, a new project gets started. Which is the building of child's individuality. Now the parents start focusing on his learning abilities. They start feeding the child with new lessons and gradually start pushing him towards the reading and writing skills. The extracurricular activities get started as well so that an all round development of child can be achieved. Many life skills taught to him. At the same time child is taught social manners and culture as well. Parents encourage the child to focus towards education and polishing other talents. In different civilizations children are encouraged and guided differently. In Asia, education is considered the best way to enhance the person's Individuality. So the parents like to spend freely on child's education. They want that no stone should be left unturned and as far as the education is concerned all the best things should be provided to the child. Here the parents can compromise on other things however

not on the educational level. Their child is their best bet to take the family to the next level. At the social level, person's individuality is recognized and parents know it very well. Although it's a person's efforts and passion that develop an individuality for himself however parents don't shy away from providing their contribution in this endeavor.

Humans can play the game of identity and individualities, just because of the fact that sun is in complete devotional mode to let us play this game of confusion and self-searching:

Sun is both energy and light. It shows us the world. We consume it too. During day time, it's there for us in the form of energy and light and during night time, it's there for us in the form of food on our platter. Sun's energy is exhibited in all the work done by living beings. Sun is the glue that sticks our cells together and keeps the tissue intact. It is sun's glow that get expressed in the form of flower's glow.

Completely overlooking the sun's contribution in our lives, we remain grossly busy in harboring our various identities and building our individuality. Everything that is visible to us, is because of sun. Various forms of life exhibiting themselves in various sizes and shapes, exist because of sun's grace. We may keep changing our focus multiple times in a day however Sun's devotion is eternal. He is the center of our solar system and our lives also. All forms of lives exists and sustains because of him. His devotion is unmatched and duty is unparalleled. This means devotion, duty and unflinching focus are the traits, which are present at the centre of our lives and our being as well. No matter how many times a person takes birth however he sees the same sun every time. Sun worshipping is a part of many cultures because they realize the role of sun in everyone's life. Sun makes us available, the most desired tool of our lives

which is body. The second desired thing is food that also comes from the sun's energy. Sun is the reason of every person and his shadow as well. The brightness of our surroundings and darkness of our shadow, both reminds us that it is the sun who makes it possible. Sun is that single source of light, which guides every person on planet Earth during his excursions. person remains dependent upon this source of light called sun until he finds another source of light within himself. That light shows the person truth. Then after person comes to know that there are more dimensions, where the growth is possible.

Destiny is related with both identity & individuality. His destiny is better than mine means he is able to enjoy the success, health and family fortune , that I am being denied:

Destiny means whatever that is destined. Destiny has those fruits, which are made available to the person in the life because of his past life deeds. different people take birth in different families which are unique in their financial, social & cultural status. Parents either carry divine or demonic traits. some kids are brought up in cultured environment while some of them are brought up in a culturally devoid environment. Some of them are helped and shaped up properly during their childhood, while some are not that fortunate enough. Some kids are raised up in civilized environment while some of them, spend their childhood in completely uncivilized environment. Some of them develop compassionate food habits, while some develop tasty food habits, irrespective of the fact that how the food has been secured. Some Childs are blessed with special talents, qualities, sharp intellect while some of the children are average. Some of the children are raised up in ideological background while some get raised up in cultural background. some get to taste abundant love during childhood while some remain devoid of it. Some children get supportive parents while some get

difficult parents. some people get those guides during their childhood, who give them more wisdom full understanding of their identity. While some kids are provided with an extreme idea of their identity. There are kids who get innately born with some values whom they don't like to compromise in any given circumstance. Some children have more clearer picture about what they want to do in life and how do they want to move ahead. What interests them and what don't. what they want to try and what they don't.

The factor which they carry with themselves, definitely guides them through the difficult phases of life, where they have to make a decision.

All of these factors definitely have an effect on the person's identity and the way he shapes his individuality and finally shrugs off the Individuality and goes through the self transformation.

Possessions of individuality can only be enjoyed by few individualities.

While the fruits of consciousness are available for every consciousness :

we can divide the whole surface area of the world in two parts.

1. that area which is under possession of humans
2. that area which is free from human possessions.

The area which is under human possession keeps on getting traded with others or it is transferred from one generation to another generation. Money, property, rights, controls etc are transferred to the loved ones only. Now it becomes their private property. No one else can use it without their permission. So all sorts of possessions are divided into two parts

1. mine
2. others

This is how a large part of the world is under control of people.

Whereas all those things which are produced or made available by sages or enlightened ones are for the common use of whole civilization. They are not

transferred to a particular person and anyone can use them freely. All the Vedas, upanishads, brahm sutra, yog sutra, teachings, spiritual scriptures, philosophical explanations, epics, various folds of yoga and self realization and many holy scriptures etc are for the common use of people. They are not owned by anyone and in many cases, it is not known that who wrote them. Reason is, the people who wrote them were selfless. They were not under illusion of any identity. They perfectly knew that who performs all the divine acts and how nature operates. When they came to know about nature and self, then there was no room left for any perceived or adopted identity. Possessions remain under control while treasures are made available to everyone. Treasures belong to nature and nature sees everyone equal.

Possessions are related with individualities. Nature does not recognizes individualities :

Only memory and history recognizes the individualities. there is no place for possession in nature. Nature only knows preservation and utilization. Possessions are either earned or acquired. Individuality considers itself a separate entity, which is not the part of the nature, and it belongs to a separate league. Believing in own uniqueness is individuality while taking pride in own achievements and possessions is ego.

To spread its effect & to let people know about it, Individuality has to make arrangements . It pins its hopes on offspring or on subordinates to keep its name alive. It transfers it's possessions to the offspring so that they remain in good faith and keep remembering them. Individuality also believes that children are their extensions. That is why it wants to strengthen its extension as much as possible.

At the same time, it has to establish himself in society so that during his life, he is known and later on he is remembered in the society. So he has to make his presence felt, both in family and the society. This is a two way approach. For this he has to invest his time and efforts at both the places. The various development done in the fields of leadership, education, business, defense etc are done by individualities only. When selflessness starts getting exhibited in the person, then the person gradually shifts away from Individuality and moves towards divinity. In this case the person believes that it's the God's grace which is helping him to execute so many works. In this case his work doesn't remain an ambition, rather it becomes a goal. In this case, person feels that his quality or special talent has been provided to him so that it can be used for the benefit of the civilization.

Interplay between nature and individuality, gives birth to karma :

Karma produces the karma fruits. These karma fruits keep person engaged in the confines of time to ingest these fruits. Their being sweet or sour depends upon the person's karma. The effect of these karma, make the person go through the good times and bad times. Individuality keeps draining the nature for executing all its actions. That is why its fruits are related with the payback time. Individuality drains the nature in two ways. One is power, another is resources. Power is there within every person. Either we can let this power take its own course or we can use it for fulfilling our lust and other desires. This power belongs to nature. If we use it for our own benefit, in this case we owe something to nature.

Second is the natural resources which are present on the earth. These resources are there to fulfill every person's needs. If we start using them unmindfully then

we are depleting them faster and thus making many people of contemporary and future generations, deprived of their rightful needs.

Nature is there to fulfill each and every person's needs of resources and power. So if we are misusing our own power then we are doing injustice with ourselves whereas if we are misusing the natural resources then we are doing injustice with others as well. There is an eternal mechanism in place of nature's justice. There is a middle path of divine nature which keeps every person on the track of needs and there is conscience, which helps the person in avoiding being deflected towards the desires. If we respect the nature's way and don't intervene in nature's flow then nature facilitates the person's internal development and facilitates self realizations and attainments of life.

Interplay between nature and consciousness, does not produce any karma backlog. it gives birth to 'akarma. Akarma means those works which does not produce karma fruits. Rather it produces the fruits of love, compassion and wisdom.

Whenever you work on behalf of your soul, then you remain free of past and future and when your individuality works, then you keep searching yourself from past to future :

Working on behalf of the soul is being purposeful. All the soul's work is done in present only. In the present, one only remains receptive. Nothing can be done in present. Present is the field of nature, where only she performs. While one remains only a witness and tool of it.

Whereas whenever the individuality takes over, the person gets dislodged from the present. No action can be taken in present. present is all about the flow. Present is all about just being present and watching the great work of mother nature taking shape.

Individuality likes to lead and command. It wants to work and get the work done. It wants others to be completely in senses. This is called the no nonsense attitude. Actions are only executed through the senses. that is why an individuality wants all the senses to be completely alert. Individuality wants you to, not to forget the past. That is how you make your future better.

The mistakes of past are not to be repeated in future. An individuality can re-collect his immaturities and rawness of the past. That is why individuality wants the future to be mature and make oneself fine. This is how individuality keeps comparing the future with the past. Individuality is diligent. It wants a proper planning and meticulous execution. So individuality knows these two things properly, which are past and future. So it keeps searching the self in these two time frames. Which means looking backwards and forward. Individuality wants to put all its efforts today and pins all its hope on future. Individuality is driven by assignments. Which extends from either past to future or from today to future. Individuality is driven by karma, that is why it is continuously engaged in some assignments. For individuality today is about karma. That is why it terms today either as, fruitful or unproductive. Exciting or boring.

Not only females, males also do makeup :

All of us do mental makeup. Makeup either brightens up our existing identity or it provides us a completely new identity. Facial makeup are done to feel good or to attract others while mental makeup are done just to execute an assigned role. Any role demands acting + makeup. While going to office, person prefers to wear formal clothes. In boardroom meetings, he wants to wear his branded clothes because they provide him the desired self confidence & one feels that this is how, he is taken more seriously.

Some of our makeup is so permanent that we always remain in the role. In some of the cases person knows that he is playing a role while in some cases person lives the role. Which means he cannot separate himself from the role. If the person has chosen the role himself, then he lives the role. While if the role has been granted to him without his choice, then he just wears a superficial makeup and try to live up to the demands of the role.

Life is just a role playing till the time, we are in the makeup. They say that don't take life so seriously, this means that don't take your role so seriously. Getting serious means mixing expectations while trying to do something. Serious posture tells that take my individuality seriously and get the things done. If you don't take me seriously, then I may become reactive or proactive. During normal course person enjoys his various role-playing. However for people suffering from mental illness it becomes really cumbersome to efficiently play the roles. In this case role playing evokes unimaginable fear, as person feels that all the eyes are towards him and he feels too fragile from inside. Sometimes it becomes impossible for the person to discharge his duties properly. Role-playing either evokes excitement or fear within.

Individual and individuality are like a dish made up of many ingredients provided by the nature:

As every dish gets converted into stool by body, similarly fire breaks the organization of various elements, present within the body. Thus all 5 major elements get disbanded. Every material ingredient is made up of energy. You are not even an ingredient. You are source of energy. Which means you are something, which is not even present in the 8 differentiations of apara nature, which are earth, water, fire, air, space, mind, intellect & ego. Energy gets converted into different elements after it gets transformed into matter.

Past and future are also a part of individual and individuality. Through the window of time a person can have a look towards his past and towards the haziness of future. So everyone finds himself extending from past to the future. Relationships are an integral part of every individuality and individual. A person can clearly see that from where he has started building his individuality and where he wants to take it to. As far as an individual is concerned, he goes through three different stages in life. That is childhood, adulthood and old age. One can dictate the pleasant and the difficult moments of his childhood. Individuality wants to provide similar pleasant moments to his children and wants that the repetition of those difficult experiences should be avoided in the future anyhow. so that their children doesn't go through similar hardships.

Aspirations are one more ingredient, which are present in the structure of individuality. Aspirations are related with betterment or improvement of future life. It is about going to the next step from the existing one. This is the person's contribution to the family and it's social clout.

Apart of this, on the personal level, it is about the physical desire. the intensity of physical desires are something, which varies from person to person. That is why its effect on person's individuality varies from person to person.

People deliberately try to keep their personal life separate from their social life because society knows person's individuality. If ingredients of the social goals and personal desires gets mixed, then individuality takes a beating.

Hinduism is an identity. Sanatan dharma is a tool to erase that identity:

It's an identity, because it is given by others. Hindu word came from Sindhu, which means sea & Indus valley civilization. So the people who came through the sea and the people who came through the land, found one thing common, which was Sindhu. So 'Hindu' word came from outsiders, who used to refer

people of this geographical area by this name, who followed a particular culture. Some sort social obligation and person's own search for his identity prompts people to take up an identity and strengthen it or identity is used by people to identify others , who come from different geographical area having different physical and visual characteristics.

Santana Dharma advocates people to take up their profession or means of earning or living according to their nature. They have identified four basic types of nature which are education, business, defense and service. This set up ensures the personal satisfaction and lessens the grudges. A satisfied person is more stable and patient than a successful person with no satisfaction. This encourages the traits of humility and compassion in the person. so this setup is based on person's karma rather than his beliefs. Belief is related with person's deeds and words while devotion is related with person's modesty and dignity. Devotion encourages self development rather than strengthening just the beliefs. Belief is person is specific while devotion is character specific.

India's cultural pinnacle is related with self realization and acquiring wisdom. It's crux is that person should gradually move within. For this the person has to gradually drift away from the affinity of harboring an identity. messages is that don't just inculcate the culture. Rather give birth to culture. And culture is nothing else however pure wisdom. Wisdom values love rather than identity. Heaven is just an offer or a consolation prize. For Santana Dharma it's not about heaven rather it's about wisdom and liberation.

Commitment means I commit my time and resources to make you happy and satisfied :

Making someone happy and satisfied is not a comfortably affordable & easy project. It drains person's resources and the power.

There is a difference between commitment and devotion. In devotion the fruits are not person specific. Here quantity doesn't matter. What matters is the person's simplicity and an spontaneous surrender towards the lord . The fruits of devotion are just to be shared with all.

On the other hand, in the case of commitment, all the fruits of individual's efforts are handed over to the specific person. Here mere taste is not important rather amount and quality matters a lot. The concept is that 'whatever is mine, is only yours'. You have full right over it. You can spend or use it willfully.

Apart from resources, commitment also promises its time and attention towards the chosen One. This means that when I am not working, my attention will be towards you and my time will be devoted to you.

This means that apart from my official work, you are my desired and chosen work. this is how, official and personal commitments make the person work till the time he is awake.

Individuality likes to be resourceful and prefers to amass wealth for oneself. Which it likes to share, only with the chosen ones. Commitment does wins a preferred partner for the person, however the maintenance cost is high. As the person keeps developing his individuality, he keeps gaining the self confidence that he can deal with the maintenance cost of the chosen partner. Being a man means move forward, propose and commit that you can take care of the needs and desires of your chosen partner and you are competent enough to take care of your future family. In return, she will reward you her faithful company and a loving family.

Children are treated as extension of parent's individuality :

This is about extending one's individuality into the future. This is about transferring own fraction into the future. This becomes important for an

individual to keep the dynasty going. Mind doesn't want this chain to break. Because mind wants someone own to inherit the property and earnings at the end of life. An individuality never wants that his property remains un-inherited and unattended. Individuality wants his offspring to take care of the property properly. Individuality takes pride in providing the resources to its dependents. In the form of babies, couples look for novelty in life. Novelty is associated with happiness.

Couples look for their own babies. for males it's about transferring their genes into offspring and for females it is about bearing a baby in their womb and finally going through the experience of delivering the baby.

This whole process gives parents a sense of 'my baby'. That's why the kind of affection they feel with their own baby is unparalleled. Mind believes that other's children can't ignite affection, the way own child does. That's why 'own' is looked for. They need affection and successor both. So own baby will serve the purpose. They get their successor and someone with whom they are affectionately and emotionally connected. Own kids are treated as extension of parent's individuality too. Children are conditioned to carry forward the values of their parents to future and they are the one who will take care of the creations of parents in future. Individuality wants to survive. if not in physical form then at least in the form of name. And children are considered the best propagator of their names. It's important for the individuality that their deeds and stories should be narrated to others and children can do that efficiently and affectionately.

Individuality is about role playing:

Death is severing the connection of individuality with body. Death signifies the end of role playing. It means end of that particular identity. Jeeva gets another

body to continue its spree of role playing. Role playing doesn't end with death. It ends with a phenomenon called enlightenment. Enlightenment marks the end of, this knack of role playing. Death happens at the physical level. It doesn't change the internal configuration of the person. The internal change which takes place, is called enlightenment or internal transformation.

Doing all those things which are not natural, are role-playing. Role playing needs an active mind whereas the natural actions can be performed with the passive mind. Friendship is not a role playing as it is about natural compatibility.

our individuality asks us to play different roles at different places. At the workplace the person is in a different role. In the school, he is either a student or teacher. In home he may be a child, mother, father, sister, brother, uncle, aunt etc. In office he is either a sub-ordinate or a boss. In hospital he is either a patient, attendant, paramedical staff, support staff, administrator or a doctor. In a country he is either a citizen or a foreigner. Role playing is warranted because either we have got ourselves trained in a particular stream, accepted a responsibility, has been conferred upon a responsibility, initiated an endeavor, convinced or assured others that it will be taken care of, taken part in giving birth to someone or something, which cannot take care of oneself, fulfilling our moral responsibilities, to fulfill own desires etc. People get appreciated, when there live up to their roles and the get criticized when they perform poorly or not at par with people's expectation. sometimes people get appointed to such positions or provided such roles, where they are under heavy pressure of putting up a great performance. People accept these demanding roles because these positions or appointments are considered too prestigious and these tough assignments enhance their individuality. Role playing are about gathering experiences and proving oneself. So people do not hesitate much in going through these tough examinations to get emerge as victorious or elite. Mind

wants to extract something substantial from these roles. so that the person can reach up to new heights and a new found respect.

Individuality = Consciousness + Mind + Intellect + Ego :

On one side there are countless individualities and on another side there is just one existence. in between these two, there is a vast area of nature. nature segregates the world of individuality with existence. Individuality doesn't know existence. To know existence individuality has to undergo a self transformative procedure called self realization or self attainment. Individual becomes a tool of individuality.

All these above stated ingredients come together to construct an individuality for the person. It takes sheer effort and dedication to construct an individuality for oneself. That is why person develops an affection for his individuality. He considers his individuality as the fruit of all his efforts and sacrifices. It takes multiple years for the person to develop it. His individuality is his achievement of life. This is what the parents want their child to do and prove their salt. This is what they become proud of. Seeing their child having a strong individuality, provides them a sense that their hard work and sacrifices has ultimately paid off. This is something which they can show to the society & prove that their children are efficient and worthy.

Person wants to see oneself becoming successful. This sense of success is related with establishing convincing individuality for oneself. If person is able to convince others through his words & generate faith in his capabilities. when the person starts successfully delivering his works and duties, then he becomes convinced with oneself. now his quest for success gets satiated. He wants to see the elements of success in his individuality . To achieve this, he uses all the gifts which are provided to him by nature.

Individuality is the creation of duality :

to create an individuality through an individual, one needs time, passion and qualities. Time is one of the aspects of duality. Duality recognizes the fact that what you have done for yourself. So when the person wants to prove himself, he doesn't has any choice but to work on his individuality. Success is about efforts and efforts are about passion and dedication. People want to be seen and treated with respect. To earn this respect, one has to work on his individuality. There cannot exist any individuality beyond duality. So it's only the Duality, which is the playground of individuality. There is eternity beyond quality. Individualities are durable than individual however they are not eternal. They need a medium of history or memory to have themselves propagated. Individual as well is a creation of Duality. By constructing an individuality for oneself, person does exactly, what Duality wants him to do. At any given time, creation by nature and construction by individuality go simultaneously. At a time two parallel worlds maintain their presence. Nature knows about the world of individuality however the latter one remains unaware of the world of nature and its contribution. She is the invisible and common mother of every individual and individuality.

Whenever an individuality is formed, person wants to maintain it at any cost. So he keep investing his time in maintaining it. When the person starts considering his individuality his treasure, then one wants to preserve his treasure anyhow.

Duality wants to rule the person and keep his vision restricted. limited vision is essential and helpful in having a better control over anyone. A person with full vision becomes a master, while one with limited vision, remains at service only.

Ideology uses religion to spread its base among masses because they know that people use religion as a part of their identity :

Religion serves as a vehicle, through which an ideology can be propagated. People connect with their religion that's why they connect with the ideology that supports their religion. This is how an ideology gets default supporters. One needs support of the masses to rule them smoothly. So if masses start believing that any ideology is for their own benefit then they support it wholeheartedly.

Religion as a part of our identity, limits us to a section of the crowd. In this case person has proximity and trust on one group while remoteness and apprehensions about other groups.

there is a flip side of social religious identity, that it can sway the person away from the central path. Person's socio religious identity is granted by the society. Socio religious groups propagate their rituals and methods of offering prayer. On the basis of birth, society grants different socio-religious identities to different people. Identity is a something which is taken seriously by the person. Mind gets various identities. Some of its identities are provided by the family and society to the person's mind. One identity which mind provides itself is ego. Identity is something which is provided and accepted by the mind while individuality is something which is constructed by the person through his passion and efforts.

Riots take place when two different social religious groups, come against each other and try to subdue other by using violence and venting their anger and other offensive emotions.

Terrorism is a classic example that how people with vested interests convince others , who take their socio-religious identity way too seriously, to resort to destructive actions for executing their crooked ideas.

Existence is eternal although that is not visible. Individuals are visible however they are not eternal :

This means that visibility and eternity are two separate things. As only visible can interact, react and experience the visible things that's why mind always wants body that should remain visible.

In a body there is only one life however there are two hands. At a time one life can engage with only one thing, however hands can hold two different things simultaneously.

Which means life wants that needs should be fulfilled, at the same time it lets the person to fulfill his various desires as well. On the other hand the life which exists within the person, keeps dealing with various emotions. Their categorization may be vast, however all of them fall into one common category, which is called emotions. If the life wants to move away from the emotions and feel other states then it has to go through internal transformation. Jeeva feels the emotion however the consciousness feels the peace. so for the sake of experiencing peace, jeeva has to go through internal transformation, which is the only way to experience what peace is. Eternity is all about peace. Whereas Pace is about emotions. Eternal is something, which doesn't go through change with time. For the entire duration of time, from the start of time to end of time, it remains static and same. In a life of a person, emotions run high and deep because of the short lived nature of person's visibility. This short lived presence is filled with insecurities & uncertainty. If the person feels stable and settled in society, even then he feels unstable from inside. So his quest of stability and uniformity goes on. For a fetus, birth is unknown and an experience while for a person death is unknown and an experience. This lets the fear creep within both of them. So if the person wants to become fixed in eternity, then he has to go through the physical transformation as well.

Humans are like a thread of elastic:

which can be stretched and repeatedly broken many times. Length of thread is our individuality, which constitutes of many parts like desire, intellect, dissatisfaction, curiosity. Length of the elastic thread decreases with repeated breakages. Breakages means all the negative impacts and experiences through which one passes. A point comes, when the thread can't be hold or stretched so it can't be broken anymore. Breakage is only possible in the realm of duality. That very minute part is the real self. The journey away from individuality is the journey from gross to minute. Gross is palpable while minute is beyond senses. Individuality is the expression of our ego. Our own internal fear, plays a great role in dissolving our ego.

When individuality's part is gone, thing that remains is truth. This truth is devoid of any impurities of individuality or duality.

Fear is a way too strong emotion. Our emotions are divided into two categories. One category is pleasant and another category is unpleasant. It's not that we like or prefer all of our emotions. We want to embrace one category and deter another category of them. So this game of embracing one and avoiding other keeps going on as mind convinces us that it is possible to be selective and select the desired ones and there are ways to keep away from the undesired emotions. So the effort is about not moving away from the emotions altogether but keeping away the negative emotions from oneself through efforts, planning, wellness and treatment.

'Selfie' word is a misnomer :

Only the material element can be clicked, not the conscious element. Self is related with the consciousness, not the matter, (matter makes a covering around

the conscious element.) Every picture captures the image. Image captures the outline. An image can only represent the person's material presence. Imagination re-creates an image in mind while photograph provides an image before the eyes.

Whenever one hears a name, mind makes available the related images in the mind. This is how person becomes able to recognize another person. If mind fails to provide the corresponding image of the name, then person fails to recognize the person. If a person is not able to re-collect the name and the corresponding image, then it is a total failure in recognition. So the thing called relationship is dependent upon the person's memory to recollect the name and the corresponding image of the person. People may like other's nature however when it comes to referring or recognizing, it all boils down to their image and the corresponding name.

Self is beyond the material presence and a photograph.

We can't take the image of self because self does not have any face or any identity. Face serves as a temporary identity, till the time, we find our real selves. Myself is made up of my + self. My constitutes mind and the physical presence called body. Self is just a part of myself.

We are so adapted to individuals and individualities that we consider them the world :

That is why when any individuals get deleted, people become sad and disheartened. Individuals or individualities don't run this world rather its nature, who runs the show called life. For us, our world is not that which exists around us rather it is about them, who look like us. So we only connect with one section of the world, which exists around us. Mostly, we are not able to connect with the world in totality. Throughout the day, we keep dealing with the humans

only. At worst, we spend some time with our pets. Which means, we want someone who can interact with us. With whom, we can do some exchanges. We become so much accustomed to exchanges, that we start considering it the life. We remain caught in the charm of the individuals and in the awe of individualities. We want to acquire whatever that looks charming and we want to construct great things and acquire greater areas. we want to do such things, so that we could be considered great. No matter how hard we try, we cannot equate ourselves with nature. Nature is everlasting while individual and individualities are short lived. So there is a difference between the real world and our world. There is a difference between our consideration and reality. The real world is made up of two segments. one is producer and another one is consumer. If the producer segment doesn't support, then the consumer segment which is made up of individuals and individualities cannot exist. Thus the consumer segment falls in the category of borrowers, while nature is the whole sole lender. So the world which we consider ours, is a real illusion. Real because it is present before the eyes and illusion because it keeps changing with passing time and as we go nearer to it. Distance give us a perception, while proximity provides another picture. At last, time erases the perception and changes the reality.

Visiting card and identity card :

I card or identity card represents the individual while the visiting card represents the individuality.

Size and material of visiting card are all nearly same however names printed on it are all different. The name 'visiting card' suggests that someone wants to visit or meet for the sake of interactions, exchanges and dealings. Whenever we exchange cards, we believe that we are propagating our individuality. For

propagating our uniqueness, we use something which is common all across, that is the card. Card is made up of paper which represents nature. She is neutral and free from the passion and interest of building an individuality for oneself. Whenever there is a question of confirming the identity, I card is asked. whereas a visiting card is used to promote oneself. There is one striking difference between both of these cards. I card is granted to everyone who is born in a particular country, while everyone has to earn his visiting card through his efforts. Which means the number of individualities are always lesser than the individuals. Another thing is the design of I card is decided by the government or authorities so it is same for everyone. while every person gets the freedom to design his own visiting card. This shows his uniqueness and taste. Identity cards get a common treatment while the visiting cards get a distinct treatment. Identity cards largely remain the same throughout the life, while visiting cards can be updated with the latest designations, achievements, decorations and felicitations. This means a person can keep working and enhancing his individuality throughout the life. A person himself provides normal treatment to his I card and a special treatment to his visiting card. This depicts a differential treatment of his own identity and individuality.

Most of our problems are associated with our individuality :

To solve these problems, if we only have the support of mind, intellect, ego, then it's a real misery as our individuality is made by them only. Problems are the side effects of our individuality. Individuality gives birth to many problems which are unnecessary for us like ego rides, hurting others, rudeness, encouraging corruption, spreading rumors and false narratives for own advantage, creating divisions among others, having our work done by hook or by crook etc.

if we assign another individuality to solve these problems then, it may put one individuality against another one. In this case, one may win and another one may lose. Or in some cases, both may lose. To counter the problem, we need solution. To fight with disease, we need medicine. Individuality can't treat the problems, which are given birth by itself only. It can only hide them under the carpet or brush them off to have them dispersed. A patient needs a doctor to have oneself treated. A problem needs a holistic approach. if we keep taking the shelter of our individuality only, then we will keep producing new problems for us. Individuality is not the only single aspect of ours. It is just one of the effects of our being. Maybe our being is the solution of many problems produced by our individuality. Compassion, humility and kindness are some other aspects of our being. They can solve many of our problems. we are not here to guard our individuality at any cost. Rather the ultimate goal of our lives is to uncover our being and to let it flourish fully. People like by mind although they Love by heart. They may like us for what we have however they love us for what we are. Mind is related with individuality while heart is related with our being.

Difference between us and trees are that trees are individuals but they don't have individualities :

Humans are individuals with strong inclination towards individualities. An individual can easily tilt towards being productive, if one has the elements of containment. Whereas an individual with ambitions more readily moves towards building an individuality for oneself. As productivity is a trait of nature, so an individual more readily lets the nature take over. When the person knows that nothing is being done by himself, then this knowing shields him from the tentacles of ego and arrogance. Whereas an individual can easily get caught by ego, as it does everything with the help of mind. So this feeling always

remains there that I am the one who is doing. So no wonders that person may feel that all the positive outcomes are because of his efforts. This feeling strengthens the ego. At the same time, failures affect the person more strongly as a person feels responsible for all his doings. Whatever that is initiated by mind is karma. Karma builds the individuality.

This is how one part of nature, which is free from this sense of doing remains productive, whereas the other part who has individuality, consumes this produce and uses it in doing something constructive. Ego lays its claim over whatever has been constructed by individual and initiated and executed through mind. This is how nature keeps a balance between the consumer and the producer, demand and supply.

Nature's message is that don't use my resources against me :

Just for the sake of enhancing your individuality. Because this disturbance may affect the individual. Desires of individuality affects the individual negatively. This fact is clearly visible in the world right now. Rise in temperature, change in weather patterns, pollution are all because of unmindful use of resources. The ill effect of all these disturbances are widely seen in the world right now. The world is currently witnessing upsurge in various health problems, which were not present 40 or 50 years back. Problems of respiratory system, nervous system and various other systems are on upswing. This is happening because of degradation in the quality of environment in which all species live. This is how the problems created by few or a section of humans is affecting all kinds of life on earth. The concept of 'live life king size' has replaced the concept of minimal living. The population of world has risen to a new alarming level and large section of this population is mesmerized by king size living. A king is an individuality and he wants to convince himself and others that he is special and

different. The concept of lifestyle is hurting from multiple directions. The green cover of earth is continuously going down and the jungle of concrete is expanding in all new areas, which is a liability on the environment. That is why the environment has suffered a great setback. A healthy environment is imperative for healthy life. nowadays life is compromising for the sake of lifestyle. Individual needs life and individuality needs lifestyle. Individual has needs while individuality has aspirations.

Satsang is about being with a person, who does not have any individuality :

It means the one who has grown beyond the limits of individuality. Individuality is a shell made by mind and ego. Individuality can definitely tell people that how to become successful and how to leave own effect on the world. How to plan and work for the success. How to fulfill own dreams. How to become competent.

On the other hand satsang is about how to get rid of own weaknesses and addictions. It is about character development and morality. A strong character inspires others to be like him. Regard and reverence automatically gets drawn towards a strong, pure character. Patience, clarity and inner stability are other traits of a character. A character is full of love and assurance. This assurance reduces the fear of unknown in them. As the mind and ego become stronger, person increases his ability to fight with the fear of the known. although when the situation becomes vulnerable, the fear of unknown comes to haunt him. Only the inner peace has the ability to deal with the fear of unknown. As peace makes many unknown things known. Fear and peace can't co-exist. One has to leave its occupation for another. Satsang is related with the queries of self enquiry and peace. It is related with the realization of truth and propagation of compassion and kindness. In satsang people love to recite verses from ancient

holy scriptures which carry the messages for self development, offer prayers and sing devotional songs. One who leads the satsang encourages people to explore the area, which is beyond emotional attachment with a particular person and place.

Human civilization is the celebration of individualities :

Civilization encourages people to develop their individuality. Civilization recognizes and respects individuality. Because individuality brings forth some special talent, quality or intellect, which ultimately enriches the civilization. From ancient to modern civilization, the journey of Civilization has come too far. Now it is looking ahead towards the futuristic civilization. Civilizations are governed by the governments. Government selects the individualities and give them the authority to run its various offices and sections. Governments keep encouraging and promoting the ones who perform well and keep criticizing the ones whose performance are not up to the mark. Every year various individualities are selected from different fields to decorate them with awards, recognition and appreciation letters. They are appointed as the representative of the state and sent at various international forums to represent their respective governments. Individualities do get international recognition as well, when they get conferred with international awards, which ultimately opens up vast avenues for them. Individualities are stored in history books, so that the future generations can get inspiration from them. This individuality provides a new height to their respective field like science, performing arts, paintings, literature, architecture, administration, social service, sports, business, leadership etc. Civilizations feel proud of the qualities of their individualities and try to preserve their individuality in the form of monuments and museums.

Dead end to no end, from individuality to absolute, from outside to inside :

These are two completely opposite directions in which one can advance. Outer side is filled with opportunities while inner side is filled with possibilities. Dead end means the road comes to an end and the one who walks towards that end ultimately becomes dead. On the other hand, no end means one gets transformed into such an element, which is beyond destruction and that dimension is not limited by material boundaries. Which means it is endless. Individuality is limited by time. After sometime it gets affected by the collective dementia of the society and dementiatic degeneration starts eroding the effect of individuality. New individualities keep coming up and keep amusing the masses. They remain visible and within approach as well. People admire and follow them. What we see and witness has a much bigger effect than what we listen and sometimes read. Individualities are great and there is a measurement available for greatness. On the other hand an absolute is an absolute.

Outside we see attraction and novelty at a distance. Covering this distance gets the person filled with excitement and curiosity. Or we see something which distracts us. Person wants to ignore it. In this case he either changes the route or if compelled to cover this distance, he covers it with disgust and fear. However when we go inside our dependency upon seeing gets largely decreased. Rather one gets gradually shifted to a state, which is filled with stability and is devoid of the emotions of excitement, curiosity or disgust.

Neither individual nor individuality is important. Most important and forgotten thing is the reason behind the individual and individuality :

Plant is like an individual and tree is like an individuality. Whereas seed is the cause of both of them. Seed remains hidden beneath the ground while the plant and the tree become visible as they come above the ground. This means that effect become visible while the cause remain invisible to eyes. Time destroys the effect called individual, while the cause or the seed remains intact. This seed keeps on producing new identities in different time frames. The effect of time is different on the cause and the effect. This is what relativity is. Similarly the effect called individual and the cause called 'jeeva' are different and the effect of time upon them are also different. Jeeva is the seed of life while its effect is called jeevan or life. Jeevan means the one who lives. This means that individual and individuality are not complete entity in themselves.

Individual and individuality are episodic in nature. One serial has multiple episodes, which get aired on television. Two different episodes are connected with each other through a story however at the same time they are different from each other in presentation, circumstances and time frame in which they are shot and aired. Only thing which is common is the interest of the director to tell, show, do and experience something. This interest takes the shape of various episodes, which keep getting aired in different time frames. So the reason is the curiosity and interest, which keep giving birth to a physical presence called individual. Which is just a tool of doing and experiencing, giving and taking, living and grasping. Individual is just a medium or interface. The world cannot be experienced through this interface called individual. Chasing individualities are like chasing the mirage. Individualities popup and dry down with time. However, one thing that remain stable is the one, who gives rise to individualities that is mother nature and truth.

Body is a tool in which solid and liquid move in and move out:

Energy and air move in and move out. Various identities like social, geographical, religious, family etc also move in, however they don't move out. They stay. This is how they become a part of person's individuality. Person keeps holding them & never allows them to move out.

Because of our dependency upon our imaginations, we are not able to imagine ourselves in the absence of our identity and individuality. It is very clear that body is a vessel in which things move in and move out. If the body starts holding the unnecessary things then it creates problem. Similarly mind keeps interacting with people. Some of the information it stores in the brain and some of them are forgotten. If mind starts holding the unnecessary information and interactions, then it is going to clutter the mind. Mind is that magnet, which can bind with multiple things, and it is not necessary that all of them would be the essential ones. Like the white shirt attracts the dirt from all over. similarly mind attracts whole lot of unnecessary images and information from the surroundings. we are often advised to do a mental makeup however no one tells us that how to take off this makeup & go back to normal. we keep changing the clothes and keep taking bath daily to remain clean however we don't know the ways to clean ourselves internally. We are so much dependent upon our imaginations, that we like to imagine ourselves as well. Without person's various identities, one's imagination appears incomplete and distasteful. So the person needs his identities, so that his imaginations remain rosy and exciting.

Focus is related with purpose of life. While attention is related with multiple objectives :

Individuality has multiple objectives in life. To fulfill them it needs the support of attention.

Attention flows in external direction while focus flows in internal direction. After finding the purpose of the life, working on it, strengthens the person's focus. which ultimately draws the flow of life inwards.

Individuality likes to disperse its attention in multiple directions outside. This is like doing multitasking. This is how a person becomes jack of multiple things. Objectives, attention and individuality, they all help each other. Focus strengthens our consciousness, while attention strengthens our individuality. In the absence of attention, it is not possible to develop person's individuality. Whereas in the absence of focus, person can't work on the purpose of life and this can't strengthen his consciousness.

There are multiple options available in the world, which can dilute the person's attention. One who is able to shield his attention and becomes successful in keeping it polarized, becomes able to do justice with his talent and qualities and thus ultimately enhances his individuality exponentially. This is how whenever the mind gets the control of persons life's force, it ultimately develops an individuality by it, whereas when consciousness is able to get hold of persons life's force, it is decisively used to make the life purposeful.

Wisdom has nothing to do with identity :

Wisdom is neutral. It has nothing to do with individualities. It is not by or through someone. It is just present. It is eternal. It just gets propagated by someone. It can't be produced at will.

Identities are driven by their zeal to live while individualities get driven by intellect and understanding. Identities are not permanent. Nature keeps shaping identities and time keeps degrading and ruining them. Identities keep following the cycle, which is similar to day and night. Identities erupt with the dawn and dissolve at the dusk. Like a painter, nature keeps painting new identities

continuously. Identity is related with identifying oneself, not with knowing oneself. One identifies himself as a male or female, human or animal, if animal then which one. Thus identity is all about identifying oneself with the visible ones. Whereas wisdom is about knowing oneself. when the person gets to know about oneself, then he develops a much better understanding about the world in which he lives in and about that world which is not visible by the eyes. Wisdom doesn't see life as a full entity rather it sees a continuous flow of life, which gets exhibited in multiple physical identities and multiple individualities. The one complete cycle of life is like a garland in which multiple lives and identities are present as different flowers. Life gets completed exactly at the point from where it starts. This completes a full cycle. Wisdom considers identity just as an expression of life, not as a life itself. That is why it doesn't fall for the charm of Identity or their physical presence, nor it advises to get trapped in the emotional attachments. Rather it considers love as an universal fuel, which is the longing of every person. Wisdom advises the person to focus on the inner development because this is the way the person starts getting immune to the various forms of sufferings. The quality of this life and next life is largely dependent upon the internal environment of the person.

Individuality and existence :

Individualities are numerous, existence is one. One is full of diversities and another is universal and eternal. Individuality develops in the sphere of time while existence is not limited or controlled by time. Individuality is active, unpredictable, full of experiments, displacement and expansion while existence is omnipresent, ever-present and the epicenter of whole creation. All the individualities take shape within the existence although they don't know the existence in and out. Individuality doesn't know existence however existence is

the sole reason of presence of every individuality. Individuality and existence can be understood by this example of a hollow utensil and the sea. When the utensil is submerged in the sea, the sea is present within and all around it. Although still the utensil doesn't consider itself a part of the sea, till the time it is in one piece. When it gets broken and decomposed, its physical identity disappears and the only thing which is left is the sea, which is present all over. Same is the case with the individuality, which remains so self-amused that it doesn't recognize the existence, which is present all over. Most of the time, it remains involved with other individualities and own compulsions. That is why it doesn't get to see what is pretty obvious because its eyes remain occupied by the visuals and mind remains occupied with imaginations. Existence is like the mother ship which gives birth to all the individualities. Individualities are momentary. Ultimately they get dissolved and only thing which remains left is existence. Another thing is that all the individualities appear in the sphere of time and matter while existence is present in light and within and beyond the time.

People who don't construct their Individuality are of two types :

1. They who lack the competence and capability. They lack the intellect and internal motivation to move forward and dedicatedly work in a particular direction. They will look for the short cuts and have convoluted ideas about acquiring money. They have a different kind of mental configuration, that is why they find it difficult to concentrate on studies or work. Their concentration gets broken easily and most of the time, they want to indulge in unfruitful activities. They feel that neither their intellect nor their memory help them to understand the subject. They feel that they are not meant for it. These people lack some special talent and when they are engaged in a work, they feel lack of

interest and that's why they keep underperforming. They do believe in money however not in earning it by right ways. Their guardians keep supporting them by various means and keep expecting that one day he will become responsible enough to support himself and the family.

There are people, who are not blessed with a bright mind. That's why their performance remains ordinary however they are devoted, they keep trying and don't follow any twisted way of earning the money. They remain honest and finally they find a place, where they stabilize themselves. Their Individuality remains somewhat average however honesty remains their asset.

2. They who are competent and capable. still they don't want to work on their Individuality. their internal motivation drives them away from following a regular path of building an Individuality for oneself. They are clear that they don't have to follow the normal path of the society. They are firm in their decisions and they don't find dilemma within. Neither they have any expectations from the family nor they show any inclination towards the ambitions. They don't show keenness for achieving success nor they have this zeal of proving oneself to the society and own mind. A regular mind wants to accept the challenges and prove oneself. People who exercise better control over their mind, become immune to unnecessary challenges and they keep following the way, they feel is right. They want to utilize their power for the fulfillment of their purpose of life. These people are saturated. These people are saints.

Individuality wants sustained potential in every walk of life :

while consciousness wants the power and vertical growth. if the person becomes able to differentiate between his needs and desires and decides to concentrate on his needs only, then through the patience he is able to preserve a lot of power. Which is utilized by the person to explore his inner possibilities and let the plant of consciousness grow. Individuality is like a Fort, while consciousness is like a

plant. One is a mind made product, while another is a natural produce. Individuality wants engagement while consciousness wants stillness. Individuality is driven by performance while consciousness looks for blossoming. Individuality operates in the field of Duality, which means it always wants some kind of involvement and wants that his level of performance should not go down. Whereas consciousness grows towards the realm of non-duality. One wants to remain visible and visualize while another one wants to explore what is beyond the visibility and visualization. Potential is related with the identity while possibilities are related with the identification of the truth. The performances of the Individuality are done by physical body while the realization, which is attained by the consciousness are through the body however they are beyond the limitations of the physical body. This is only possible when the stem of power is able to grow out of the boundaries of the body. Indeed this is an invisible one and can't be seen through the senses. Performance is done for the sake of mind and the society whereas realization is just related with the self. Potential can increase the number and development, this makes the person feel rich and well off. While the realization enriches the person and connects the person with the treasure of the existence, which exists in the form of numerous secrets. A person with limited knowing has a different approach than the one, who knows the existence as it is. That is the difference between Arjuna and the Krishna. A person becomes much kinder when his knowing becomes comprehensive. Both Arjuna and Krishna didn't want to fight the war, however their logics were different behind it.

Every person has this capability of giving birth to an Individuality and a consciousness :

No matter how many people one produces, one cannot acquire completeness, if it doesn't give birth to a consciousness. If he is able to produce a consciousness,

then it is not needed for him to give birth to new lives. Whom the person produces, he looks towards them as an extension of his own Individuality. That is why many a times, he is not able to accept their independent Individuality. By giving birth to a new life, he helps in propagating the chain of life. In this way a 'jeeva' gets an opportunity of life. When the person gives birth to his own consciousness, he comes out of the cycle of building an Individuality every time. Individuality gets dissolved while consciousness gets born, which is a unique phenomenon. It is a transformation. Now the person becomes able to end the journeys of illusion & becomes one with the ultimate truth. Whenever a person produces a new life, it becomes a great deal of duty and responsibilities towards them. Nature wants you to do that. either she wants you to go through self transformation & become purposeful and then spread the awareness about this process of transformation and the attainment, which is possible for every human being. Or she wants you to prepare a new human being, who could be able to explore his possibilities. this is how every generation is bound by duty and responsibility towards their previous and next generations. Nature wants that If you are not interested in exploring your own possibilities, then produce a new life, which should be able to explore his inner possibilities. This means that nature wants something else from you, while the person's mind wants something else. This is the person's dichotomy, which one goes through in life. He often feels that his mind and his inner call are not at the same pitch. Many times person faces this question that to do it or not to do it? Many times one remains in suspicion and confusion and that's where people get a chance to pressurized him to convince him on their point.

Nature provides energy to the individual, not the Individuality :

Nature fulfills the needs of the individual by providing all the elements and energy to the person.

Mind acquires power from the consciousness and builds an individuality by it. Body needs both power and energy to function. Power is related with the conscious element of the body. Mind is indirectly dependent upon the soul as in the absence of the power, there cannot be any focus or attention. For the sake of its fulfillment, mind needs supply of the power, which comes from the soul. Which means both the nature and the truth run the show called life. Although the performer is mind. It loves various roles and wants to keep playing the roles. It gets completely soaked up in these roles and can't imagine oneself without them. This way imagination and reality keep pushing each other. This creates a continuous cycle, in which person keeps floating. Mind keeps imagining oneself with others, that's why keeps bothering and engaging others as well. Mind do makes imaginary and real castles, however they are all funded and sponsored by truth and nature. This means that the doer or the actor just has a role to play. one can play the role of a landlord or an emperor however these roles are limited by the time. Roles are not eternal. The real emperor is the truth, as all the actors and the roles are because of him while all the arrangements are done by the nature. Individual keeps getting energy from the nature and mind keeps utilizing the individual for the sake of furthering its plans. Nature recharges & refuels the individual, while mind keeps utilizing the individual for the sake of the Individuality. Life is a gift of nature. mind keeps receiving and using this gift. Mind teams up with the matter and keeps exploring and experiencing various facets of it. Mind knows just this way of living, which is constructing an Individuality for oneself. Somewhere it wants to live. So it tries to make arrangements, so that it may live in history. As an individual doesn't go in the history only individualities do. So during the life, it wants to be acknowledged and post life it wants to be remembered.

Individuality is with Individuality, individuality is against another individuality. This is the story of a normal life:

What we see around us are individuals and what we admire are other Individualities. This is how whether we keep our eyes open or closed, images of individuals and aspirations of individuality are all over. This is how images and aspirations keep dominating our lives throughout. We may keep thinking that will live in a big world however in reality, we live in the shell of identity and aspirations.

Wherever we go we see the world through this blueprint only. This blueprint becomes our software. Till the time this doesn't get changed or transformed, we will keep performing and keep looking at the world in the previous way. Our interaction keeps happening with the individuals and the Individualities. We keep sharing, praising, teaching, learning & competing with each other. We have our limitations that is why we look for our expansion. In the absence of limitation, no expansion is needed. The population is divided between the leaders and the followers. People who hail from the follower community want to take the leap and land into the group of leaders. This is a leap of individuality. Once the person thinks that the stage is set and he has gained stability, then he wants to move forward quickly. In this process he may have to go through various frictions as ambitions are harbored in multiple minds.

By passing through various phases and stages in life, person keeps storing the experiences and keeps sharpening his understanding. Ultimately he marches ahead in that direction in which he is self motivated. Whenever he bows down to the divinity, he asks for grace so that his aspirations could be fulfilled and achievements could be made stable.

Damaging other individuals and their individuality is a bad deed. Supporting other's individuality is a good deed. Things done without being influenced by

the own mind is the right deed. Person either provides energy to his individuality or provides power to his consciousness. This decision is important because the person is limited by the time and his physical constraints.

Individuality and the buddhahood are two ends of one same person :

Once the person's clarity about the life improves, he becomes immune towards the praise and the criticism. An ego is too much concerned about what people say about him. It may become too reactive, when it faces criticism. Praise and criticism are the part of an Individuality. A person strengthens his identity and fortifies his individuality. For the sake of doing it, person becomes aggressive and defensive according to the need of the moment and own nature. Till the time person doesn't advances towards his buddhahood and attains it, he has no options but to safeguard his individuality. Individuality is the achievement of life while buddhahood is the attainment of life. Earlier one is achieved through the mind while the latter one is attained through the consciousness. One faces towards South while another faces towards north. Both are possible in one lifetime. Individuality takes the person towards history while buddhahood takes the person towards eternity. Individuality always brings in physical compulsions for the person, however person loves it & keeps on viewing oneself in the physical form. So the nature keeps on granting him a new physical presence. Buddha is able to realize oneself in a non physical presence. This realization or knowing makes him free from being confined in a physical form. Individuality is about the physical presence while buddhahood is about the eternal presence. Mind wants to know that what else can be done by him while Buddha is a link, who receives from the eternity and provides to the humanity. Under the compulsion of his own mind and the society, person does work on his individuality, while under the influence of the destiny, practices and his nature, person attains the buddhahood. Destiny is a aggregation of his past life's

progress, which is made available to him in the present life. His practices help him to get rid of his various conditioning, which one acquires during the lifetime.

Religion is like a strainer :

It is meant to be in between you and your identity. It stops your individuality outside and lets you in only. if the person puts the religion in between his Individuality and the world then it blocks his Individuality. In this case, its real motive, which is to let you meet with yourself, won't get fulfilled. Just like if undergarments are wore outside of the pant and shirt, then it will damage the person's Individuality, at the same time it won't be able to fulfill its objective. So it's always better to put the things where they belong to and use them what they are meant for. Mind wants to utilize and experience everything. It is not too much bothered about their use or misuse. in this case there is a high probability that the things will either get damaged or destroyed. Or the person may inflict damage on himself. That is why mere being lightheaded doesn't help the person. Patience and conscience help the person consistently. They are the ornaments of religious person and they are the layers of that strainer which let's only the meaningful things go in and it stops all the unnecessary things outside only.

Religion is a path towards divinity. It is a track and there are multiple tracks, which leads to a same destination. This way all those people who are trading these paths, gradually keep coming closer to each other. As they come closer, they become able to recognize each other more clearly. All the unnecessary and valuable things are left behind gradually. As this is the journey towards the only priceless thing of everyone's Being. The common and ultimate goal of every person is same.

if we keep accepting all those things, which the world offers to us, then we will keep affecting ourselves endlessly and keep spending our power mindlessly.

Nicely made tea is not drinkable till the time, it gets strained and tea extract gets separated from the rest of the materials. Now it is poured in the cup and served to its admirers.

As the boiling and straining collect the extracts of all the constituent elements. Similarly the religion separates the desires from the divinity.

Why do we need a religion ? :

Getting connected with a religion is a part of person's self discovery. Even after developing our individuality and investing in relationships, Person keeps feeling that something is missing. Even after having an identity and an Individuality, people feel that there is a space in their lives for the religion. This means that something somewhere is lacking. People feel that they are not able to experience or feel or grasp something, which is not being provided by any identity they hold. They feel that some connections are still missing. They feel that no identity is providing them, those natural virtues which are very much and integral part of everyone. They feel that water and other natural and artificial drinks are not able to satiate their thirst fully. Their stomach is being filled but not their soul. That is why our self discovery continues through multiple traditional and innovative ways. Many times person gets drawn towards something naturally. Attraction is like a traction, while self discovery is like a magnetic force. In the attraction person knows that towards what, he is being drawn. Whereas as far as the person's divine part is concerned, many times person doesn't know that towards what he is being driven. Many a times logic takes the backseat and person's nature takes over. In Hindi the word for religion is 'dharma'. Which means something which can curtail the mind. It is a fact that person's mind is strongly active. All the experiences person acquires are through this active mind only. So the person doesn't know that what it feels like, when mind becomes still. Gurus have been telling since ages that

there is a lot to know and feel with a still mind. So Dharma or religion is a path which helps a person in controlling the activity of the mind and thus the door gets opened to the beyond mind experiences and information. The cycle becomes completed when the person knows both the world and the self. Knowing only the world is just half the work done. Till the time person doesn't come to know about oneself, till that time he cannot decide that what is valuable for him. What is more precious to him? His attachments or desires or he himself?

Individuality recognizes other Individualities only, not the individuals:

A wide gap exists in between an individual and an Individuality. On this basis the world is divided into two parts. One pack belongs to those people, who have been successful in constructing an individuality for themselves. While another group belongs to them, who couldn't form an individuality and are considered just an individual. People who have an individuality are considered privileged while another group considers themselves deprived of luck and proper opportunities. These people may harbor frustration and dissatisfaction. During the early schooling days, every child is just an individual. Although some children have the spark of intellect and are considered bright by the teachers, Still there exists a parity between all students. As the students move towards the higher classes, a segregation of two different groups is seen among the students. one group is of bright students while the another group is of not so bright students. These students face various competitive exams and the students of brighter group become able to qualify them and make a space for themselves. While not so bright group is not so fortunate & capable enough to clear the coveted openings. With time they gradually manage to settle themselves somewhere. Once the studies part gets over, the first group of students start performing well in their respective fields and gain fast success. Whereas the

success and growth for the second group comes at slower and gradual pace. At this stage the gap between both the groups become quite evident. Which starts being evident by the change in the way they address & interact with each other. Individuality recognizes the success and growth of other individualities. they want to inculcate the successful practices of each other, so that the output could be maximized.

Even after building a successful individuality for themselves, there are people who remain so modest that they always try to make others comfortable with them. With their modesty they try to break that invisible mental barrier, which many individuals might be carrying in their heads.

Ambitions belong to the Individuality. Individual has duties while for a saint duty gets converted into service to the god through mankind :

Service to the god can only be done through the service of the mankind. as the God dwells in every form of life. One who knows this becomes gentle in handling the various forms of lives and kind towards them, who are in need. Individual feels that he has duties towards the elders in the family. Like a mother gets filled with guilt, if she is not able to execute those duties, which she wants to perform for her children.

Whenever the mother feels that her children are in crisis or they are helpless, instantaneously she comes to their rescue. This is the nature within her, who cannot resist these situations. When this nature comes to the fore in the children, they reciprocate the same treatment towards their parents. Both parents and children are attached with each other because they have the biological as well as the emotional connection. They have spent a great length of time along. That is why they naturally feel inclined towards each other. However when it comes to the people, who are not emotionally driven towards anyone, for them it is not

about the duty, however it is about the service. Whenever the person gets free from emotional drives, his vision goes through a transformation. Now his vision is no more people centric however it is about the need centric. Wherever he feels the need is there, he tries to fulfill them. Many people make the service a mission of their life. Just for the fact that they feel more satisfied, when they are able to do something which is essential for a group of people. They find it difficult to shy away, whenever they are being asked something. From ancient times to modern times, those people exist in every age, who go out of there of their way to do philanthropy. These people have gone beyond the surge of their own desires, that is why they are able to see what a lustful mind can't see. When it comes to the ambition, it limits the person's vision drastically. Ambition focuses on that very element, which the person considers valuable, while rest of the things get blurred. Person keeps pursuing his efforts, till the time, he finally achieves what he desires.

As in solar eclipse moon eclipses the sun. Similarly Individuality eclipses person's spontaneity and simplicity:

During the solar eclipse, moon comes exactly between the Sun and the Earth. In this case the sunlight is not able to reach the Earth. So in reality sun is perfectly okay. It's the Earth who is facing the effects of eclipse. Sun is continuously radiating the light and energy as it does. However the one who is at the receiving end gets deprived of it. Sun is like the truth and we are the 'self'. When there is Individuality located between the truth and the self, then the person is not able to realize the truth. He starts believing that his individuality is his truth or his sun. Whenever the person sees upwards, he only gets to see his own individuality, so no wonders that the person becomes obsessed with his own individuality.

Whether it is sun or individuality, any eclipse is a phase of darkness. The

existence of time as past and future is related with this phase of eclipse only. If the Earth is not getting the sunlight this doesn't mean that Sun has been covered or disappeared. Sun is there only at the center of our solar system. We getting deprived of it, is our problem, not the Sun's. Sun keeps holding the center and keeps radiating the light tirelessly.

Our Individuality is about our becoming. That's why we always keep sticking with our roles, which we have accepted and produced for ourselves. In the shadow of our Individuality, we keep constructing bondages for ourselves to alleviate our various insecurities. We always keep looking for the manpower and money power for ourselves. For the sake of increasing the manpower, we keep committing, promising and producing. They may help in handling the crisis when it erupts, however they keep producing new problems and unnecessary engagements on a regular basis. Just like if you employ few people for your security, then you have to pay their monthly salaries and keep engaging with them regularly. This means that to keep insecurities at bay, person keeps generating new engagements for himself. If the person becomes fearless then he is saved from doing so many arrangements and further engagements for generating monetary resources to fund these engagements.

People feel saddened and helpless at the loss of individual:

As the benefits provided by the Individuality can't be availed now onwards. At the loss of individual the emotional connect also gets a setback. A person affects others in three major ways. One is by providing the financial benefits and security while another is by providing the natural virtues like compassion, patience, care while the third one is related with the emotional connect between two people.

Love enriches the person, emotions make people dependent whereas the financial support helps the people in realizing their goals, without having to dilute their focus.

Emotional and physical support are provided by the individual only. whenever the person gets disturbed at the emotional level, he seeks the support of the person, whom one is emotionally connected with. Whenever the person becomes physically compromised, he looks for dedicated support, who can be of help in person's day-to-day activities. A person is particularly vulnerable during his childhood and old age, as during these times he looks for support and care. During the middle phase, the person is generally emotionally & seductively dependent on others, as he can take care of himself at the financial and physical levels. If the person becomes able to delete these two dependencies during his middle phase, then one can save a lot of his power and time, which could be utilized at a more appropriate point. This is how the person can move away from indulgence to the freedom. Healthy eating habits and active exercise routines helps the person to keep him in a better shape during the old age as well. This is how he can keep his dependency upon others in check. However this is still a normal physiological process of becoming old and losing capabilities. This is the reason that a middle age person has his duties towards his old age parents and children. Relationship calls for duties while humanity calls for service. Ascetics generally don't live with their families as they prefer to remain unmarried. They consider their old age seniors as their parents and fulfill their duties towards them.

Service is related with the individual, not the Individuality:

Mind-body complex is made up of the elements which are Earth, fire, water, air, space, mind, intellect and ego. Any imbalance in these elements is sure to create problems. Our problems are either physiological or psychological. Both of

them mutually affect each other. So the person does suffer from the problems which are related with them. When the person goes through mind-body suffering, he needs both care and cure. Science can take care of the care and the treatment part. While compassion is needed to take care of the person. So a good hospital needs a proper balance of both of them. Mind has its limitations so does the human body. Whenever the imbalance in those elements threaten these limitations, person feels problems at the physiological and psychological levels. During these times person needs support and counseling. This helps the person to come out of the crisis more quickly. Many organizations set up hospitals, just to provide their services and care do the sick and needy people, while doctors and medical staff take care of the treatment part. These organizations keep sending their volunteers, to provide them a chance to serve them, who need it the most. Love and service with humility, provide a great soothing effect on the person. This convinces the person's mind that the situation can be handled effectively and he will get a chance to stand on his feet again. If the mind is convinced then it can relax and let the medicine and the healing power do their work. Service has been considered a part of God realization and god's service. Indian culture has been stating since ages that 'Nar sewa is narayan sewa' which means the service to the human is the service to the God. Service is an integral part of many social religions as well. At some temples people are served food, at some places sick and incapacitated people are taken care of, in some religions a part of their income is donated to the needy, while some sections are known for their services during the time of crisis and human tragedies.

Person first takes birth and then constructs his Individuality. Person dies first and his Individuality fades away gradually:

The time frame of a person and the time frame of his individuality are slightly different. Individuality today's birth later and lives for a longer period of time than the individual. It is the person's effect through his work and interpersonal relationships, which keeps sticking there in people's minds, even after the person ceases to exist physically. Individual is about his physical presence, while Individuality is about his presence in other's minds. Some people's work and their effect remains so significant that people keep remembering and recollecting the related memories for a longer period of time. In some of the cases neither the work nor their effect is significant enough so their memory is deleted fast and people don't prefer to mention about them for obvious reasons. Their information are not forwarded to the people of next generation. So their memory is also put in the recycle bin as soon as they disappear. The chain of propagation stops in this case. People have witnessed in the epics like Ramayan and Mahabharat that the protagonist keeps reciting and reminding people the names of his predecessor and their heroics. And how important one considers to carry forward their values and keep taking guidance from their lives and deeds. It is about deciding the values of life and keep holding them in any given circumstance. People still remember mahatma Gandhi for holding his principles higher than his own desires or petty gains. People fondly remember them who sacrifice their lives while trying to save others from violence and oppression. People also remember them who inflicted great damages on humanity for the sake of their own ambitions. They are remembered so that the future generations can be warned of the blood filled and violence infested past. This is done, so that the mistakes of the past should not be repeated in the future and people should learn the lessons from all the atrocities of the past. If the world keep repeating the same mistakes then it will keep gaining the same results. So it is

always desired that the future generations should be better both intellectually and morally.

Mind can't differentiate between an individual and a mind. That's why the individual gets penalized for the wrongdoings committed by the mind:

During the person's lifetime the individual and his Individuality are so interwoven that individual is often respected for his Individuality. As individual is the medium of Individuality, so to come in contact with the individuality, people contact the individual. Individual is a biological machine while Individuality is an effect. Individual is visible while his individuality is an image, which gets imprinted on people's minds. Individual is contained as he has the biological restrictions of carrying a physical body. While Individuality can be propagated faster as it has no physical limitations. So it can be advertised, it can be associated with multiple inventions and products and can be used as a tool of marketing as well. While all this is being done, person can sit on his comfort chair and can witness all these things happening. Individuality is the effect while the cause is jeeva. Once the Jeeva goes through transformation, the cause ceases to exist, which produces the effect called Individuality. Then after person becomes void and a void cannot produce any effect called Individuality. A void is a witness. Witness of truth. If any mistake or wrongdoing is committed by the Individuality, then the individual is taken hold of and is made to go through the trial and serve the sentence. It is considered that the Individuality can be curtailed, if it's medium called individual is confined. Individual is visible so he can be found and controlled. If all the communications of the Individuality is cut from the world then it cannot be a part of new proceedings and thus cannot cast its effect on others. This medium called physical body completely belongs to the nature. As it is made up energy and elements. In the absence of this medium, no action

can be performed. Mind considers this medium as his physical identity. Mind wants to be functional however it cannot be without the help of nature which provides it a biological tool called body. Mind has the biggest craving for the body. So till the time mind is active, it keeps longing for a body. that is why to get rid of the limitations of the body, one has to silence his mind. Nature answers all the cravings. So till the time mind keeps asking, nature keeps providing. As the Nature has the non-degradable potential.

Religion is there to rub off the layer of individuality from the person's being:

That is why it is fruitful & helpful for the one, who is done with his individuality and now wants to move beyond . Religion has to do with the person, not the nation.

Nations who blindly followed the social religion, couldn't help their individualities grow freely. Religion and Individuality guide the person in different directions. Nations who are not based on religion, let their human resource develop with freedom and no bias. Nations are not built for propagating a particular religion. Rather they are there to manage the natural resources effectively, to help develop the human resources more efficiently and provide a top class governance to its people. It's up to the people that in which direction they want to move ahead weather it may be of their individuality or the religion. It is a person's inner call which decides his course of action. Politics should not decide the fate of the people. Ancient Indian way of life has been designed in such a way that person can work on both his individuality and his being in the same life. Individuality is about how much he can achieve and deliver, while being is about how deeply he can merge himself with the eternity.

It is a person's being which propagates the compassion in the society. More accepting and compassionate its people are, more rich its society is.

Every way which takes a person away from dependency upon his identity and individuality, dependency and instability, convolution and complexities, hatred and suspicions is religion. Whatever that could make person's conscience clearer is religion. A way through which the person's dependency upon his mind, desires and intellect becomes thinner is religion. If the person is becoming isochronous then he is following a religion. If the person is getting more interested in self rather than the society then he is on the religious path. Mind and senses have their own religion, which is material pleasure. Any drift, which takes a person away from them is a religion. People need religion to explore own hidden inner faculties. People seek more stable feeling which is not dependent upon anything perishable.

Kali is that aspect of the creation, which makes the person horrified:

She dilutes the person's attachment with his individuality. Thus helps the consciousness in the quest of finding freedom. As kali destroys the attachment, similarly power keeps individuality at a distance. As endearment wants to stay away from kali, similarly Individuality can't find any recognition from the power. Kali is power however she has still to become pure. Her name and color symbolizes the darkness, which dwells within the person. This mixture of darkness and power creates an effect which is quite fearsome and disturbing. There is a brighter side of fear as well. Whenever the person is fearful he drops affinity with his own identity and Individuality. During the moment of fear, person just longs for survival. All that he wants is to be saved. During the moment of fear, person is neither affected with his ego, nor inclined towards his identity. All that he wants is to get rid of the fear. Kali is that aspect of the

power which goes through the transformation. As she becomes free of her darkness and impurities, she gradually starts becoming more compassionate and kind. Now she doesn't ignite fear anymore and becomes more serene. Kali or fear is a phase, which person goes through and comes to know about this amalgamation of two very contrasting aspects of the creation. Fear is that one shade of nature, which person gets to witness, when he starts moving beyond the control of his mind. This darkness start thinning, once the activities of the mind start getting limited. When the person advances on the path of self purification, he goes through some difficult and unpleasant experiences. When the fruit is not ripen completely, it tastes sour. The same fruit when becomes completely ripen, its taste changes dramatically and becomes extremely pleasant. People relish it and share it. Similarly when the darkness of Kali gets converted into light of Gauri, then she becomes full of motherly and divine love. All that one needs to walk continuously and keep working on self. As the movement of the earth on its axis provides the sunlight to both of its halves in the span of 24 hours.

Individuality exists because of the mind. Individuality is not in coordination with the nature. That is why excitement and sufferings are its integral parts:

Every individuality goes through various accelerations and deceleration. Which happens under the influence of mind and karma. The journey which happens under the influence of mind is completely different from the journey, which happens under the influence of person's own nature. Due to the various acts performed by the mind, person is bound to go through the roller coaster ride of feelings and emotions. The interaction of mind and material gains is bound to produce various feelings and effects. The frequency of mind and its effect called

individuality and nature are completely different from each other. It is entirely dependent upon the person that who's frequency it can receive and thus operate his life accordingly. If the mind is the controller of the person , then mental sufferings are bound to be there in its package. As the action produces reaction and not all the interactions are pleasant. The actions which are performed under the influence of mind, may hurt someone's self-esteem. This becomes distasteful for the person and he may react in an unpleasant way. As the mind wants to clear it's way, in this process, it definitely crosses and obstructs other people's way because people live in the society in a condensed form. So someone's gain may be someone's loss. That's why the deal should be fair and acceptable to all. If the person advances according to his mind, then his focus remains on the material gains however person fails to see that how much turbulence and aggravation it is creating. As the mind wants a favorable result at any cost, so it is not much bothered about the repercussions of his actions. Every person has the capability to generate emotions and reactions as well. So when the person deals with a number of people, it is always better to deal with compassion and justice rather than being assertive and authoritarian. Mind just values it's gains and thus it fails to understand other's sentiments and rights. In many cases people get driven by their ego, and end up committing heinous crimes and gross injustice.

Power is not something which should be used against someone else's Individuality:

It is not a tool of revenge. It only works to limit the control of own mind. Once the mind gets curtailed, person's dependence upon his individuality, starts thinning. This way power controls the mind and all of its products. It is something, which is very personal to the person. It's real utilization is to help or

serve others. It is meant to control own negativities and support other's well-being. It is the flame which should be used to burn own impurities. It is the divine gift to every person. So it should always be used to support divinity within the person. Person should refrain from all sorts of unnecessary aggravations, provocations and sensations, when one starts preserving his power. All the provocations and sensations just aggravate the mind. Power is very pious and sacred thing, which should utilized for the sake of experiencing the meditation and compassion purposes. Mind utilizes the mixture of power and energy to construct the Individuality. However in the absence of mind power abides with the person's consciousness. When the person becomes detached, he gets blessed with conscience. The best use of power can only be suggested by the conscience. That is why certain yogic practices are recommended only to the people, who are free from all sorts of emotional attachments. Mind advises what is fruitful and what is not, whereas conscience advises that what is right and what is not. This is the way of functioning of the nature. Through their way of living and practices, ascetics do just one simple thing. They draw a line between their mind and their power. So that there should not be a mixture of the two. They just want their mind to go silent, so that the hidden dormant aspects of the person could become awaken and functional. This marks a great shift in person's approach towards the life. Mind dominated life and conscience dominated life are way different from each other in perspective or vision of life. What mind wants to do, consciousness would never function like that. Because they are two different things from different dimensions.

Lust satisfies the Individuality. Consciousness looks beyond satisfaction:

A person's various material lusts are connected with his Individuality. Acquiring and experiencing the material pleasure provides satisfaction to the person. To experience this satisfaction person travels a lot, as various places have their different flavors. One place cannot have all the shades of one color. So to experience all those shades, person becomes a globetrotter. Various parts of the earth are known for their diversity. Variation does enchant the person. Person remains in search of excitement and exotic places. Like a color also has multiple shades. That is why the person keeps on experiencing the same thing, just for the sake of finding the subtle differences. For example person keeps on tasting same dish at various places, just to find out that where it is cooked best. This improves his experience, which could be shared with others. This is a unique aspect of the experience, which could be shared with others. Whereas when it comes to the saturation, person mostly prefers to stay mum. It's not that, he doesn't want to share however silence becomes so profound that words settle down. This silence is not an experience, which could be uttered. Rather it is something which is beyond the senses. So the person just keeps relishing it. He gradually becomes less inclined towards the multiple pleasures, which could be collected through the various senses. He just aspires for this silence and thus tries to arrange his life in such a way, that he could keep getting the taste of this silence quite often. Whenever the person feels the taste of meditation, it becomes nearly impossible for him to narrate what he felt. Person searches for some words in his dictionary and then come up with words like extraordinary, overwhelming or blissful. That is why consciousness never looks for the material experiences. All that it wants to become still. It requires saturation. It wants to go beyond the mind and collect what is on offer there. That's why lust can't provide anything to the consciousness.

To go beyond the Individuality, person has to develop it first:

There exists a craving in the mind to acquire success and prove oneself before own eyes. To prove that one has the capability within and one is not devoid of it. During the tender age, this is such a big question in every person's mind that will I be able to make space for myself. Why can't I compete with others? Will I be able to show to my family, friends and relatives, that I can prove my salt. As the person faces suspicions from many people about own capabilities and their unwanted suggestions about difficulties of life and how important it is to perform better and do not let down the family and parents. One sees the competition among the classmates and friends for the sake of proving their mettle. All this environment makes the one part of the race willingly or unwillingly. Whether he accepts it or not, he is considered a part of it. People who are not inclined towards education at all, they just divert their path towards their talent or the family business. However they are not spared even there. As even that very field has many competitors. So one likes it or not, he has to face it. As old generation always keeps an eye on the new generation. Whether they ask it or not however their eyes asks questions. Even the one knows that he is under scanner constantly. All these questions and suspicions are laid to rest, only when the news gets confirmed that the one has found his path and one has proceeded towards building a career for himself.

If the person, for some reasons doesn't become successful in finding a career oriented path for oneself, then he keeps living with this grudge, which gets fixed at somewhere in his mind. So it is imperative for the person to taste at least little success, so that other's suspicious minds become normal, and the person himself feels satisfied. At this point person acquires his self respect and becomes comfortable with the family and the society. As he is not at the receiving end anymore however at par with them. Now he owns a successful individuality and

even ready to go beyond it, if he wants so. It is like acquiring, retiring and moving beyond.

A bird catcher lures the bird to trap them in the web & then confines them to the cage. Similarly consciousness gets trapped by the mind in the web of the world and then gets confined to the cage of Individuality :

There is a whole mechanism in place of catching someone and making him confined to a secluded place. As the bird catcher cannot fly, so he has no options but to make such arrangements that the birds themselves come down to the ground in the search for food, so that they could be caught in the net and made captive. Birds are at danger when they are on the ground. There are various hunters on the ground, who are looking for their food. This is a reality that every form of life is a part of food chain. If the birds can collect their food from the trees, then they are much secured as the ground is an insecure place for them. That's why they prefer high rise places. Bird catcher knows this that's why he tempts them with lots of feed. He places his net in such a way that it appears incognito. Birds get seduced with this huge chunk of feed and thus unknowingly they fall in trap.

Same is the case for the consciousness. The right location of it is to stay above the ground. Here the ground means the body. It remains slightly raised from it and that's its own sky. The only way of bringing it down is through the activities of the mind. So here mind works as the consciousness catcher. The activities of mind keeps spending the power of the person. When the paucity of power happens then the consciousness automatically comes down. As only power can raise it up. Once the mind becomes strong enough to get hold of consciousness then it is reduced in the cage of Individuality. Birds like sky not the cage. They are meant to fly. Till the time they remain trapped there, it remains unpleasant experience for them. As the bird is life and the cage is a non living matter. Bird

has wings and cage has too limited space. Bird wants to fly while cage has its confines. They are obligated to live with each other however they are not meant for each other. If the bird gets to move out of the cage, then she can expand her wings. This reminds her of her possibilities. Now she can select a place of her own choice and a life of her own way.

Individuality takes time to develop. It takes multiple years to become functional, after taking the birth :

Before a building becomes functional, it goes through a process of construction. Right from laying the foundation stone, work is done on the foundation and then on erecting the concrete skeleton. When all the external and internal walls are done, finishing and painting gets started. All the furniture and equipments are arranged. Electric work is done. Once it is done completely, it is handed over to the owners to make it functional. Individuality follows the same route. A person has to go through primary, secondary and higher education and multiple training sessions to get certified as a professional and then onwards he can start working or can practice. It takes multiple years and examinations to become competent enough to handle a project. Society then accepts the person as an Individuality. This was just a theoretical part of it. Now onwards the functional or the practical part of Individuality takes over. People go to the field and start interacting with the people. Everyone faces difficulties and challenges & try to solve and find their way out of them. Mistakes are committed and then they are rectified through hardships. This is a time, when person accepts or made to accept new responsibilities. Thus a new chapter of life begins, when a person is considered responsible at the workplace and at the home also. He is supposed to take care of multiple things. This is about dealing with all the practical aspects of life as well as the work field. People are either ready & interested to deal with challenges related with the work and family. Or they are interested in either of

them & don't find oneself much interested in the affairs of the another one. It depends upon their inclination and nature that to whom they consider valuable for oneself. It also depends upon the fact that what kind of response and the reaction they are getting from the professional field and the family. As the person invests his attachment and time at both the places, so definitely he wants to extract some pleasant experiences from them or he may keep doing his assigned work for the sake of fulfilling his duties.

A person remains active in various societies because of his various inclinations:

A person wants his presence to be marked. His various inclinations make him become active in various societies. Inclination make person participate and indulge. Any curious person doesn't want to remain just a meek spectator. He wants to actively participate, experience and if possible leave his impact. Mind wants recognition. It wants to speak and be heard. The thing, which it never wants is to be taken lightly. A person might be simultaneously active at the professional platforms, social, educational, religious & leisure communities. This is how mind divides the focus in multiple prongs and keeps the person active in multiple directions simultaneously. Every aspect of life provides some experiences and the person wants to keep collecting them. Mind seeks indulgence so it keeps generating thoughts related with various fields and the person keeps abiding with the thoughts. Every signal of mind make us advance in a particular direction. Mind seeks stability so it keep producing the signals to work on own and family's stability. Mind becomes little relieved when it becomes assured that a certain level of stability has been achieved. This doesn't means that it becomes still. Now it starts focusing on other fields & the person becomes involved there. On one hand person keeps strengthening his stability and keeps amassing the resources to ward off the future insecurities. On the

other hand he also keeps experiencing through his senses and the mind. For this he makes use of his eyes, tongue, nose, ears and skin and keep indulging in the activities related with them. Not to mention that it is the mind who experiences through them. So this is a typical way of living the life in which mind remains in full control. And an offbeat way of living life is when person starts restricting the activities of his mind through quietness and various yogic and spiritual practices. Some people go through the path of service and some go through the devotion. This is how person tries to break his limitations and boundaries imposed on him by mind.

The possibilities get really limited with the individuality. Construction and maintenance of Individuality consumes a lot of our time:

Possibilities are related with our being. Capabilities and potential are related with our Individuality. when the person keeps working with his capabilities, he keeps expanding. Mind likes the capabilities of the person. So it develops an inclination towards them and keep utilizing them quite often. Mind wants to exploit them to the fullest, so that the maximum gains could be achieved and the plan of expansion could keep furthering. Till the time, the mind is in control, it keeps moving rampantly. In this condition all the possibilities which are hidden within the person, remain dormant and unexplored. Self searching works on utilizing the hidden possibilities within. Mind wants to keep adding the feathers in person's hat of Individuality. As that hat is considered the best who has most precious and colorful feathers. These feathers indicate towards the person's achievements.

Person takes pride in wearing this hat and makes it a symbol of his self-respect. Person wants others to recognize and respect this hat. There are two possibilities present in the life. One is to focus towards the world while another is to focus

towards oneself. When the person takes away his attention from the world and try to limit it up to oneself, then he starts working on his dormant possibilities. When we start watering a plant, then he starts growing at the faster pace. One has to detach mentally from the world, if he wants to work on oneself. He may keep working physically, however the mental connection has to be severed. This way, he can keep being in the society and simultaneously keep working on oneself. In this case, he can sustain oneself financially, at the same time keep utilizing the life for self development. Maintaining a mental distance helps a lot. In this case whenever the person is free he can limit his focus up to oneself., without being bothered about the issues of the world. This is how the person's creativity takes a new shape. Once the person's possibilities expand, it's fruits are bound to become evident.

.....

Freedom from Individuality and the bipolar part of nature is moksha or salvation:

When the person is free from his Individuality, he gets to realize one hidden aspect of his being, which has remained unknown to him before . This marks a major shift in person's approach towards oneself and the life.

Bipolar aspect of nature is like a web for the person. One keeps appearing here in the physical form and keeps adopting new identities every time. Person becomes so adapt to this adopted identity that he keeps carrying it's weight on his shoulder throughout the life. Person borrows his body from the nature and his name from some of the aspect of the life. He keeps considering this borrowed up arrangement as 'mine'. Both of them are provided to him, however both of them are not his integral part. While the person is in his dreams, he considers it the reality. When the person is in reality, he considers it the truth. Both the conditions are temporary, which keeps changing. Truth is same for

everyone however everyone's identity is not the same. That's why dreams are not only images which person sees during his sleep however they exist in reality as well.

As both the images are guided by the mind only. So both of them are not the truth. This is what duality is. Truth is hidden behind the images. When's the person is able to come out of the trap of images, then he finds the presence of truth everywhere.

Salvation is about permanently making an exit from the bipolar part of nature and it's compulsions. Which are body, identity, mind and ego. It's design is such, that the person generates his own compulsions. When the person becomes aware of this particular nature of duality, then he stops generating new compulsions through self correction . When the stocks of compulsions are over, he is no more under any bondage. Why knowing oneself is considered imperative for freedom? because this is that aspect of the person which only survives beyond the bipolar part of nature. Knowing it spontaneously means attaining it. Getting rid of both the Individuality and the body is the end. Just getting rid of own individuality is enlightenment. Moksha means liberation from the axis or duality.

All the objectives also get diminished, once the Individuality disappears.

After that only those works are left, which take shape through the person:

An Individuality always has some goals to achieve. While a realized person has no goals. All the goals and objectives are related with mind only. A free life has no goals however definitely there are some purposes. Purposes are not related with the mind. They are part of the divine design, which takes shape through the person. As body is a biological tool to execute the works. Present has no goals to achieve. Goals are achieved either today or in future. When the person comes

at the same frequency of present, then he becomes still and receptive. He just forwards whatever he gets through the present. Present is the time's divine part, through which the person keeps getting the divine grace. Whatever messages the nature sends to the person are sent through the window of present only. This is that window, which connects the two worlds. Once the Individuality is gone, it's about wisdom and stillness only. A still person cannot make him indulge in any sort of objective or goal. As the objectives are about the frequencies erupting in the mind only. A still mind generates no frequencies. Everyone is capable of doing so, as everyone is blessed with divine force and the mind both. All that he needs is to decelerate gradually at the level of mind and transform oneself from being active to receptive. Mind wants the person to be capable while nature wants the person to be receptive. There are a lot of experiences and emotions attached with a functional mind. Similarly a lot is there to be felt and absorbed through a still mind. Once the mind becomes still, another aspect of the person becomes functional, which during the normal times remains dormant.

Until the person is able to find or awaken this aspect, he largely remains dependent and incomplete. Sense of incompleteness comes from the inner dormant power, which wants to conjugate with its counterpart, which is the Shiva. Till the time this union doesn't take place, this sense of incompleteness doesn't vanish. When this hidden aspect gets awakened, then the person is able to realize oneself.

Individual wants to survive while Individuality wants to keep living:

For an individual, future is important, as it wants to extend longer in the future. Future is about being physically present. Why an individuality remains curious that how it is going to be perceived in the history? As history is the reservoir of

remarkable individualities. Future is about the experience while history is about the person's effect. Future is about remaining active and around. As the mind always wants to remain active, that is why it always looks towards the physical survival. Mind body complex work as a unit. It is like a mirror effect. Mind finds its image in the mirror of the body. Mirror of body assures mind of his own presence. For this mind body complex, durability is important. Mind looks for his own survival in the survival of this complex. For mind, hope is about survival.

Individuality looks towards expansion of his presence in the form of survival of his work. Individuality knows that the individual has his limitations while the Individuality can last longer, as long as it's work survives & keeps involving the person of the future. In the absence of remarkable individualities, history would be just an average database. They make history richer. As the person is driven by activities so he remains keen about the activities of the past. History has seen such an individuals, who himself could not last long however their Individuality was so remarkable that it still keeps surviving. History wants to look at those people, who were extraordinary & the uniqueness they brought along . History remembers both positive and negative characters, as the activities are either constructive or destructive. Historians have been keep noticing and writing about the people, who influenced the contemporary world by their works and acts. History encapsulates all types of genres and their prominent examples as well. Both the individual and individuality wants to go to the future. One physically and another one through his work. Individual wants to keep gaining while an Individuality wants to keep touching people's lives & space in their minds.

Life is a mass dream. Which involves the whole population:

Life is about activity & dream is picture in motion. In the life people are physically active while in the dream, images created by mind become active. Dream is imagination of mind while person is asleep. While life is about the real images. In the dream, images of multiple people are there while in the life real people join each other to create a scene. Dreams are about the individuals. Which means only the people are seen there not their individualities. That's why dreams are very informal. While in the life people are generally seen in their respective roles. Dreams cannot be planned while life can be. What we see in life create emotions in us. These emotions often get converted into images in the dreams. This means dreams get affected by the activities of our daily life. Dreams are neither related with our physical presence or being, it's just a mental activity. When the person wakes up in the morning, he becomes active both physically and mentally. Every person has a functional biological clock in the body. This clock becomes in tune with his schedule. If the person doesn't wake up physically in the morning then this clock makes his mind active. Once the mind becomes active, it starts creating images. These images are known as dreams. Life is about both physical and mental activities, which involves interaction with other people also. During the day a person is seen doing multiple activities. Most of these activities are directed by the mind. Some activities are directed by his nature while some by one's talent. In some cases, the activities are done through his being. In all these cases, body works as a tool. So the qualities of activities are dependent upon the fact that under who's mentorship they are being performed.

life remains just a real dream, if the person is directed by his mind only. In this case person largely remains slept during his life. When the person's activities are guided by his inner motivation and natural inclination, then the person drifts away from the sleep. This is a partial awaken stage as the person is more aware of the people and their pain. In this case person is more focused than the one

who is guided by his mind only, as he is very less focused and maximally attentive. Being attentive is about gains. A person is fully awoken, when his activities are guided by his 'self' only. In this case, person's focus is maximum.

Individualities are relational to the time, that's why they get lost in time. While consciousness are indifferent to the time. That's why their work is timeless. Eg. Veda, Upanishads:

Individualities erupt in the dimension of time and stay within it. Billions of individualities are encapsulated within the fold of the time. In the future individualities will appear as well. They keep leaving their effects on the highway of time. It is highly unlikely that the person is not able to leave his effect on his surroundings. As a stage is set and actors are there so definitely there will be some act and the show goes on. If the mind is there then definitely there will be some act. Every person is born with mind and whole lot of potential. So while his presence on the planet Earth, something will keep happening. Because this is the dimension, where all the acts are performed. The effect created by his actions and the story of his life constructs his Individuality. In the fold of time, individuals keep coming and keep functioning as well. Every life has a story and every story has its ups and downs, it's successes and failures, its accomplishments and incompetence. Every story has some lessons attached with it. People live & learn their lesson and move on. Lessons help the people to conduct themselves effectively in the fold of time. They teach the person to be careful while walking, as life is not all smooth road. So the decisions, which person makes cast their great effect on person's life. Decisions greatly affect the person's quality of life.

On the other hand, the work done by consciousness is said to be timeless. A timeless work is something which has the uniqueness of affecting people equally of all the ages. It remains relevant in all ages. People can take the

guidance from them & even the motivation. They have the capacity to touch a specific aspect of every person. That is why a person, who is not interested in them during the life, may become interested in them after some lifetimes. During different lives, person explores different aspects of life. So something which is not relevant now, may become relevant later for the person. Time changes so do the people. In the material aspect of nature change is constant. This is the nature's gift to the person. If there won't be any change, then sufferings would be endless.

Individuality has lots of rights and controls however it is deprived of the power:

Individual diverts his power towards the mind and mind diverts this power towards the various senses. At this interface interaction between various offerings of the world and senses take place. Through this interaction the person gets to know about the world. Which means person spends his power and in reward he gets to know about the world.

An Individuality diverts his power towards the mind. Mind converts it into attention and that attention utilizes all the person's might and resources, which involves material as well as the intellectual ones to acquire control and rights over the properties and people. A person who wants to keep enhancing his rights, keep utilizing his power to expand own clout on the earth as well as on the people's minds.

Same power which could be diverted towards oneself as it is done in the case of ascetics and truth seekers, is utilized by an individuality to expand own effect. Same power creates different effects, if it is utilized by ego or mind or conscience. Ego always wants to establish its superiority. So in any case, if it feels that it is not being treated especially or at par with others then it becomes disturbed and may create turbulence. As far as its benefits are concerned, mind

wants a smooth ride. It quietly wants to keep working on its motives. It doesn't want to create much ripples like the ego. Unlike the ego, it prefers a smooth functioning.

Power is about peace and stillness. Neither the mind nor ego can experience it. An Individuality keeps wondering about the happiness made available through stillness. Peace is way beyond from an individuality. Peace can only happen, if the person is able to condense his power. As he keeps diluting it for various reasons, one keeps getting drifted away from the peace. Internal achievements are through attainments. Through every smaller attainment, person keeps getting closer to the peace. When the person is able to win over all of his senses, which includes mind, then he becomes able to attain peace.

It is a state of full control over oneself. That's why in Indian culture, word 'swami' is used for the person, which means one who is his own master. He is not under the occupation of his mind and senses.

Individuality establishes bonds while bondage produces tension:

Individuality produces bonds which are meant for attraction. Whenever the attraction happens, coupling follows. People come closer to each other and a new chapter begins. Every story brings experiences and lessons. These bonds are dependent upon the fact that what kind of experiences they are producing. If the experiences are mutually pleasing, then both the parties want to continue them. In case of sour experiences, people try to break the bond and move on. Keeping in mind the old experiences, people establish the new bonds. Every time, they are little more careful. Bad experiences make people skeptical however they don't deter people from establishing new bonds. People do want to move ahead however carefully. Curiosity balances the past bad experiences and provides the courage to the person to move on and mingle. Some bonds are established for the sake of benefits and profit. They are not meant for gaining

experiences. Generally professional bonds fall in this category. Different kinds of bonds produce different experiences and outcomes. Some are driven by emotions, some by endearment, some by advantages and some by material experiences.

Till the bonds are detachable, person remains on the safer side. As they can be quit easily and the person comes out of that experience. Till the time the exit gate remains open, people involved are not under any obligation. In some circumstances bonds become too strong to break. Once the atom becomes fixed in a bond, it cannot move freely and establish new bonds. Now the experiences, being provided through these bonds become of permanent nature. Now the person has to accept whatever experiences are being gained through them. Now it's about adjustment and conditioning self. If the person has been put in jail, then he has no option but to serve the verdict. Even if he is unwilling, he has no option but to stay and abide. These sorts of bonds are bondages. These are the forceful bonds, which make person understand the other side of bonding phenomenon.

Initially an individual is visible, Individuality later on and the nature gets exhibited at the last:

Whenever we see an unknown person, he is just an individual for us. So eyes show us just a person. if we don't come to know about him, then we won't be able to know about his Individuality. When the mind receives information about that person, then it comes to know about his Individuality. People often discuss that he appeared just a humble person, later we came to know that he is a big shot in his field. Physical image is about the individual while the related information about his life & works constitute his Individuality. It is astonishing that people of same height and built, carry such a great variation in their

individualities. Physical and physiological configurations are about an individual while mental & intellectual configuration are about his individuality. When the information regarding the person reaches his new workplace, in that case his individuality arrives before the individual joins. When an Individuality becomes too tall, then one becomes an icon. An icon may become a celebrity, when he gets exposed to a larger chunk of crowd & people from all walks of life start knowing him. There are some traits of an individuality, which people like and start endearing him. Whenever an emotional connect is established between a celebrity and the crowd, then a brand is born. Brand is often used for marketing & political purposes. It also can be used to motivate people for adopting good practices and leave behind the unnecessary and harmful practices.

Celebrities can connect people with a cause and thus help in generating the resources and support for the fulfillment of the cause.

All the philanthropic work and services a person does are related with his nature. It is related with his being. Being is related with self purification. A recluse is free of attachments that's why he is more neutral. It is easier for him to be impartial. An attached person is either pro or against. Nature is not about the interpersonal skills however it is about her evolved vision. It is about how compassionately one looks all around. It is about how respectfully and with regard, he deals with people and all forms of life.

When the anger gets exhibited, it hurts the person's Individuality. When it remains suppressed within, it hurts the individual. It harms in both the conditions:

It is not the shield which helps the person rather it is that fire which burns the person from within. In normal conditions person acknowledges this fact however person becomes so conditioned with anger that he keeps unleashing it

whenever something undesirable happens. Anger is about losing control over oneself. It denotes that the person's patience got depleted & defeated. It's about losing the balance as well. So venting it out publicly always harms the person's image,. People appreciate them, who exercise better control over oneself. Remaining patient and cool is a natural virtue, which helps the person both internally and externally. Even during the dreaded wars, earth remains patient. Jungles remain patient even when they are cut for the personal financial benefits & when the fire engulfs them.

Whenever anger erupts, it always create some problem for the person, so it is always better to avoid it in first place. Problems can be solved without exhibiting anger. During the adverse condition, it is a natural phenomenon to try to frighten the adversary. It is evident in animals and humans both. It is used as a defensive phenomenon to discourage the opponent. Anger is an emotion, humans often mix it with uttered words, to make them more effective and convincing. Animals mix their facial expressions with the vocal sounds, to strengthen their message or warning. Anger has a direct connection with the mind. Subconsciously person uses it for defense while consciously he uses it in undesirable event. when something happens before his eyes, which he dislikes and disapproves.

For all those people who witness the anger, it's a distasteful experience for them. People dislike to be at such an event or place, where anger is publicly vented out. The waves of someone's anger, doesn't affect other people positively. It neither gains respect for the person nor the regard. People try to avoid them, who have anger issues. It works as a repellent. People who are soft spoken and patient win more long-term relationships. As people try to stay away from the one, who is reactive and angry. So it's always better neither to keep it inside & nor to vent it outside. It's better not to let anger erupt within, in the first place.

Individuality is diligent and curious. While self enquiry is the deflection from the Individuality:

People always remain curious about the various prospects of the world while remaining devoted towards their profession and duties. People want to keep knowing and exploring. Gradually people develop their own environment and they try to maintain it. People resist any disturbance in this environment as it is a statement of their individuality. During various times, people come under pressure to maintain this environment. They attentively and patiently try to deal with it. During these times, curiosity takes the backseat, as whole attention stays fixed towards fixing the problem. With passing time person keeps getting busier in his environment, while his curiosity keeps getting minimal. With diminishing curiosity, his worldly activities also keeps getting limited.

Self inquiry is neither related with the environment, which person created nor related to his worldly connections. It is the footsteps of a completely new dimension of person's being. This is neither related with his own world nor the real world. It is related with one's that aspect, which is free of the material qualities and its limitations. It is neither bounded nor it tends to react with anything or anyone. That aspect which cannot be seen by anyone else and it only wants to see the light. It is beyond the limitations of material aspect of nature. Only this aspect knows what the real liberty is. It is that flame which lightens up in the environment, which is free from any air turbulence. A completely still environment. A person moving on the path of self inquiry, doesn't help his Individuality. Because self is compatible with the eternity. One who is moving away from the mind is moving towards the nature. In the absence of mind, they cannot erupt an individuality. Individuals are children while nature is a mother. So self inquiry is the movement away from the children and towards the mother. It is like moving away from the periphery and

towards the center of own being. Which is the movement towards the creation. It is a movement away from the friction and towards self-sufficiency.

Individuality gets success, person's nature gets satisfaction, while the consciousness gets the peace:

If we look at the success, it is related with an initiation. Means there is a starting point and time. It is also related with a task and an effort. As an identity is limited by duration of time and it is governed by mind, that is why acts and tasks remain it's innate constituent. That is why an individuality looks towards the life with the spectacle of success. People also use this spectacle of success while they observe any Individuality. All across the whole nature, the talks of success are limited to the individuals and individualities only. So these talks of success are limited to a very tiny fraction of nature only. This means that mind and ego are limited in a limited part of nature.

When it comes to the person's nature, its functioning is different. She is interested in providing the resources, where the real need is. It wants to leave it's soothing effect. She is interested in creation and the activities affiliated with it. She becomes engrossed in creativity. She wants to fulfill wherever the need is. She can't see people getting deprived of their basic needs. She becomes happy whenever she sees improvements. It wants to reach, wherever its requirement is and she wants to support whosoever wants it. She wants to go beyond own confines, to reach out to them, who are in some sort of problem. She is the representative of eternity in the person and she keeps representing her throughout the person's life.

When it comes to the human consciousness, it is the only element present in the person, which can enter into the formless part of nature. Which means the territory which is beyond the reach of mind, intellect and ego. Consciousness has its reach up to that. Peace is beyond all three of them. It is a confined part of

nature, which can only be reached through self realization. Self realization is the completion of a process of internal transformation. In which one part gets converted into another part, as the process of melting converts the ice into water.

Human body witnesses various physical transformations, when a zygote gets converted into an embryo and embryo into a baby. Gradually a baby becomes an old age person one day. So transformations are an integral part of human being.

To maintain the work done by an Individuality, another capable individuality is needed. While all the work done by a consciousness, is for the truth seekers:

To keep running a facility efficiently, capable people are needed. That is why in any organization or family, capability of successor is important. Because it is the capability, which increases or decreases the person's or organization's efficiency. That is why the head of any organization handpicks his successor. The kind of results person achieves during his career, reflect his capabilities. Any organization or family performs differently, under different heads. It is not about the individual but his capability. If the head of the organization, under the influence of his attachment with a particular person, gives preference to the person than his capabilities, then its effect is seen in the efficiency of the organization. As the activity period of any person is limited, so the change becomes imperative. On the other hand nature and eternity are synonymous. Identities are seen at the periphery of nature, just like the bubbles in the stagnant water and waves in the flowing water. Nature functions without the command of any visible identity. nature keeps performing its functions efficiently, precisely and flawlessly. As there is no identity there, so there is no change in command needed. This means that identities exhibit the nature's traits only. That is why

they get appreciated. People try to compare two individualities and draw similarity and distinction between them. As the people are variably blessed with natural traits and virtues, that is why mind likes to do comparison. On the other hand all the work which is done by our consciousness, is for the truth seekers and for them who show interest in philosophy. Philosophy is about how people look towards the life and the whole creation. People who have inclination towards spirituality, and when a person goes through a difficult phase in life, then he becomes curious about it. He wants to know about the views of prophets, saints, spiritual and realized people. He wants to know that how he can help himself to regain the lost balance in life. He wants a literature, which has the soothing effect and a wide vision of life. From which he remained devoid till date.

Relationships are there, through our Identity and Individuality. Once the person drops his identity, attachment of relationships gets transformed into compassion and regard:

Through relationships person experiences attachment, endearment, affection, romance, care, support etc. This is the reason that one loves to be in relationships and values them. Everyone wants them, especially the individuality. Individuality is formed under the influence of mind however it looks forward to experience all the natural virtues. As Individuality forms a shell of becoming around the person & all the natural virtues are related with being. So it is highly likely that an individuality feels deprived of them. Once the person is able to realize oneself and drops his individuality, he directly comes in contact with nature. So one can experience all the natural virtues within oneself. Initially he was getting them through an indirect way. Which means through a relationship with someone. Person loved to be with those people because they exhibited these virtues. As people like something about

each other that's why they like to mingle. People either connect with each other under the influence of their mind or their nature. Mind likes qualities, traits and material experiences while nature likes all those natural virtues. Post dropping one's identity, the control of mind gets diluted on the person. So the person is not in lookout for all those mental cravings. Consciousness loves the divine virtues of stillness & love. So it wants to stick with them only. One belongs to our cravings while another belongs to our need. All the natural virtues are our need because in their absence our one part always remains dissatisfied. Even if a person is made to sit on a heap of money & no one else is allowed there, then one day he will crawl down to look for love & care to get rid of his internal insecurities.

Regard is related with the person's conduct and integrity of his character, as well as with the supreme being. As he is the formless and purest. Once a person gets rid of his mind, it's about purity all over. That supreme being is far distant from the clutches of mind. Talks of morality, character, integrity arises only in the presence of mind. Beyond the mind there is just pure & flawless being.

Under the influence of the mind, we detach ourselves from the Cosmos and create an illusory existence for ourselves, which is called the Individuality:

Getting detached from the existence is the reason of embracing an identity and developing an individuality. This is how the whole existence is on one side, while mind and its activities are on another side. Till the time the person is under the influence of his mind, he feels lonely. To ward off this loneliness he constructs a wide social network and makes few commitments in life and embraces new responsibilities. To fight with loneliness, engagement is necessary. This means that being lonely is too taxing, in the form of time, attention and resources. Mind is a great representative of duality. So it always

looks for the company and prefers to function in tandem. So during our lifetime either our attention is towards our looks or towards the people around us. We heavily invest our time in relationships. This dependency becomes so binding for us that many a times, people just want to live for these relationships. As the machine crushes the sugarcane stick and extracts the juice out of it, similarly mind wants to extract every drop of juice that could come out of the relationship. So individuality does values social and family relationships. Relationships are about own engagements. Relationships are of two types, acquired and inherited. Acquired relationships are established by the person while the inherited ones are passed to him by the previous generation. Person sustains the inherited relationships while he nourishes the acquired ones. These relationships are the stations of person's own world. Which means he often remains active at these stations. As every person has his own mental world, thus in this one world, there exists multiple Individual worlds. As the blueprint of this mental world exists in person's mind, so this world is completely different from that world which actually exists. Individuality owns the mental world while the real world belongs to the existence. In his own world, the individuality remains supreme as many other people remain dependent upon him for sustaining own expenses. So the person remains burdened by many responsibilities of management and arrangements.

On the other hand nature is that dedicated force of existence, which operates all the responsibilities of operations and functioning.

The definition of morality is different in different societies. Different societies have their different rules and controls:

Rules of the society are largely dependent upon the geographical location, culture, religious influence, history, economical and political conditions etc. On the globe various contrasting societies exist, which follow completely different

set of rules from each other. The threshold of acceptability and tolerance are different in different societies. Some are male dominant, some are female dominant while some are equal societies.

However at the level of the individual, the definition of morality is just one. Anything which is done without damaging anyone's identity and individuality is moral. It's like walking on own path without trespassing anyone else's territory. On one hand person is dominated by his mind which keeps instigating him for experiments and keeps encouraging the person for the action. As the mind wants to tap every possible opportunity. It wants to convert every impossible thing into possible one. People keep referring to the phrases like, the work should be done at any cost or the word 'impossible' is not there in my dictionary or I don't understand 'no' or beg, borrow, steal or manufacture, just get the work done.

On the other hand there is a person's character, which is firm on many points. Under its influence, person doesn't explore some of the available opportunities. This becomes a shield of person's own soul. As the person doesn't want to harbor any guilt feeling, which keeps obstructing him from reaching out to his own soul, that's why person refuses many shortcuts and presented opportunities. Any guilt feeling is the hindrance in person's internal peace. There are some points in the life, where person formally says 'no'. This no is just to save own soul. At those points, person clearly knows that this is not for me, so thanks but no thanks. People who live their life on a high moral ground, command the regard from the society. People want to take their blessings and seek their guidance in the life as living a controlled life is not an easy task, when the world is full of opportunities and attractions while mind is full of activities. Both mind and the world attract each other like a magnet. So one should have the power to neutralize this magnetic force.

Individuality wants to fulfill all of its dreams and tries to retain them:

As mind has imaginations and individuality has dreams, so it wants a ground, where they can be realized. Life is a beautiful opportunity to convert the dreams into reality. Here people are also there to praise the achievements and show respect. Dreams, fantasies and imagination all of them can be fulfilled in the life. Mind has a lot of potential and life has a lot of opportunities. Here people can be hired to work on those dreams. Their intellect and support can be utilized to complete the projects. Next generation can be roped in and designated the task. There is even the possibility to work together to achieve the common goals. There is no dearth of talent and hands. So being seated in the reality, we continue to work on our dreams. Their one eye remains focused towards the dreams while another one remains trained towards the reality. People try to balance their dreams with reality. The reality cannot be changed however the efforts can be done to fulfill the dreams. So looking towards the ground reality, person can either take the conventional or improvised way.

Dreams enchant us, reality bends us towards contemplating whereas present allow us to just be without being affected by any emotions.

Truth gets revealed in present. Present is truth and truth remains present. Eyes show us the reality. Either we like that reality or not. If we like that then we try to maintain it. If we don't like it then we try to change it. After having changed it according to us, we try to maintain and control it. Which requires attention. Attention means focusing the energies in a particular direction. Environment around us is our reality. Like childhood and adulthood, old age is also a reality. Science tries to have a certain control over the reality. If it cannot change the reality then it tries to improve the picture. For example anti-aging treatments and longevity related experiments. Science can expand the reality like elastic and even compress it however It cannot change the reality. Reality either produces excitement or sadness.

Humans are like that leaf, which has been detached from the tree. It is dependent upon the nature however not connected with it:

Leaf gets dried up one day and the human becomes old one day. To know the nature In-&-Out, the Individuality has to be dissolved, during life. This is how the person gets liberation from the material aspect of nature and comes to know about the divine aspect of the nature.

Every form of life is completely dependent upon nature for its food, Oxygen and water supply. This means that the game of life is played on the grounds of nature only. We get so taken over by the game that we completely forget about the ground, on which it is being played. No doubt that the ground has been provided to us. That is why, we keep taking it for granted and remain involved in those things, which has to be acquired and purchased. As the time period of life is limited, so we often remain busy throughout. That is why we often miss this open secret of the nature, that she is the only one, who is the mother of all forms of life. She makes life possible and all forms of emotions and virtues are encapsulated in her domain only. She offers both lust and love. She is both visible and invisible, darkness and light. She offers both knowledge and wisdom, heights of ambitions and heights of consciousness as well. One of its part is reckless while another one is static. If there is punishment then there is consolation as well. It covers both the destruction and the creation. However the destruction is related with the material part only. Conscious part is beyond destruction. Life is the amalgamation of conscious, divine and the material part. One aspect of nature is uncertain while another one is eternal. Outlines decay, structures get destroyed however energy never gets destroyed. If there is destruction then there is transformation as well. If there is containment then there is vertical growth as well. So we humans have a lot to know about the producer, director and sponsor of life. We have to know about oneself that are

we the audience or an actor or something else? If there is dance of duality then there is a song of existence as well. Life is not just about the visibility however vision as well.

When we demand something from the divine, we create distance between him and us:

There is always a gap between the provider and the receiver. There is always a gap between the bank and the customer, lender and the loanee, land owner and tenant farmer. Securing loan can assist our Individuality. This individuality and related infrastructure becomes a stumbling block in self realization. One who is indebted, constructs a wall of individuality around himself and the nature. Whenever we do this transaction with the divine, in the hindsight we keep strengthening this wall between us. The distance which has been created between the divine and our self is because of us only. When you don't demand anything, you get closer to the existence. We demand just to construct or sustain our world. This created distance is of three types.

1. We are at the maximum distance from him, when we ask something to fulfill our ambitions.
 2. In the middle, if we demand to fulfill our desires.
 3. We are closer than others, when we ask him to fulfill our basic needs.
- As our demand varies, so do this distance between us. Asking something is unnatural as many a times it is done under the influence of our mind, however being a devotee is very natural. Devotee has the love for divine and through his devotion, he just wants to reduce the distance between the devotee and the divine. Devotee is in a process of transforming his love from material to divine. Devotion consolidates the person's internal power. So much so that instead of flowing towards the lust, it starts flowing towards the divine. Through transforming the person's power,

devotion transforms the person ultimately. A devotee has love in his heart, so he is already rich. He just keeps surrendering this power to the almighty.

As the devotee moves ahead from the material lust, so he has a better understanding about oneself than pure materialistic person. He deals in the currency of love with the divine. Through devotion he generates love and this love keeps cleaning his vision. Thus he gradually becomes able to see this whole creation in totality. All that he desires from the divine is his love. It's like, please take my love and give me love. Thus devotion is a very private relationship between the devotee and the divine.

Religion is the journey beyond the individuality and spirituality is the description of that journey:

Person's nature takes him to his religion & self realization takes him to the spirituality. Surrender converts the individual into self & following own acquired religion, converts the self into soul.

Life is not just a journey of building own individuality. Individuality is just a phase in person's long journey. Till the time person remains in this phase, his values are decided by his mind. This is definitely a long phase, during which the person's vision remains captured by his mind. Person feels that he is the master of his own life however in reality he remains under the captivity of his mind. That's why his mind keeps his focus fixed on own and other's individuality. Person keeps living in his own limitations, without even knowing about it. Physically he is a member of the world community and a free person however mentally his own decisions are made by his own mind. Actually decisions are related with mind only. Beyond the mind there are no decisions however just

the flow of nature. Building an individuality is just one part of it while another part is sustaining it. Sustaining is about depositing the monthly bills and EMIs. Regularly keep depositing them is the responsibility of the owner. Becoming and remaining an owner demands continuous taxing. Visibly the person remains in this world however mind creates a World of its own in the form of individuality. Individuality is just a phase because everything which is controlled by mind is just a phase only. Although they are too long and in most of the persons lives, this phase lasts for the entire life.

Coming out of this mental cobweb is an uphill task. No wonder Himalayas have been associated with self-realization and spirituality. As the people have been leaving behind their individuality and walking up to the heights of Himalayas, to spend time in natural environment, while following various spiritual practices to realize the truth. So that they could get liberty from this compulsion of remaining occupied in the world of Individuality. It is about exploring the world beyond individuality.

Only the person's decisions shape his individuality:

So If the one is certain, then he should take his decisions, as only the person knows that in what direction he wants to move ahead. What comes natural to him and what doesn't. What interests the person and what makes him frightened. What is easy to him and what is difficult. In which way he would never like his life to proceed. Whether he is a team person or prefers to work alone. Whether he prefers some skill related work or some business. Whether technical subjects attract him or non technical. Whether he prefers studies or business. Whether he is an outgoing person or reserve. In which direction he feels motivated. In which field he can give his 100% and where he will just cut the corner. In what kind of environment, he would prefer to work.

All these things provide the person work satisfaction, which is very much required, when it comes to the career selection. As the person has to work for the long hours, to do that effectively, person needs to be satisfied with his work. So it is not a good idea to inject him in such a field, which doesn't interest him. A person knows oneself, better than others.

If one accepts someone else's decisions, then it is the expansion of that someone's individuality. In adverse circumstances and sometimes because of being submissive, person may have to toe other's line. In this case it becomes difficult for the person to attain pace and letter keep the momentum going. As the person is not self motivated in that very field. So there is high probability that either the person won't be able to give his optimum or he will not be able to extract the satisfaction out of that work. To work optimally, person wants to have a free hand and minimal external interference.

Taking own decisions and becoming successful in the endeavor, brings much desired satisfaction along with the success. All that the person wants is to prove oneself, before his own mind only. So that this question of attaining success could be laid to rest. Both of these ingredients of success and satisfaction are very much important for an Individuality.

Individuality looks towards a second inning, while seeker wants a second birth:

Whatever an individuality achieves in life, it wants to replicated with its children. This means that in a lifetime of a person, the work on individuality is not done only once but twice. Whatever success a person achieves in life, he expects that his children should be able to achieve at least that much, if not beyond. For this, he helps the children with resources. If the person could not achieve the desired success in life, then he expects from the children that they should be able to achieve, what he couldn't. First the person takes his own

responsibility. In the second half he tries to take the responsibility of building their individuality also. As individualities are respected in the society. This is how a person works on the individuality, two times in a life.

Individualities are built. People work upon them. This is how they become recognized and become successful in building an image for oneself. So one half of the life is devoted towards own individuality while another half is devoted towards the children's Individuality.

Individuality wants to correct the shortcomings of first innings in the second one. The process of building something is cumbersome, which demands dedicated attention.

On the other hand a seeker wants to get rid of his individuality and even his identity. So whenever he gets initiated, he leaves his name and accepts a new name. This is a ritual. Which means this is done ceremoniously. However when a seeker becomes a realized one, the change of Identity happens at the level of consciousness. This is about leaving the adopted identities, which are the name, other socio- religious identities and considering oneself a living matter. Now onwards the name or the physical presence is not important anymore. Only thing which holds importance then onwards is the answer of 'who am I'. When the person knows this, then he also knows that 'who you are'. When the person comes to know about both, then it's not about the introduction and relations anymore, now it's about love, compassion & growing together.

People's decisions and efforts shape their Individuality:

Any individuality has two aspects. One remains visible while another one is often invisible. The effect of the Individuality is quite visible. As a society takes notice of every visible thing. Those things are specially noted which look ostentatious, attractive and remarkable. This is the visible side of any

Individuality. However the efforts and the dedication which were put earlier in the process of building the individuality, often remains less noticed as they were done in solitude and during that time person belonged to the group of competitors or strugglers. So few people get to witness those efforts while many people gets to witness its effect and avail the services of that effect. In this case the first part is quite different from the second part. Friendships are developed in the first part, when the person is ordinary, that's why a natural cohesiveness happens. These friendship survive in the second part too, as the friends treat the friends for what they are, not for what they have become. That is why it is not a superficial relationship.

Upon becoming something, the person meets with many people in relation of his commercial activities. These people get to see a completely developed individuality and they get to see its effect as well.

While when it comes to an ascetic, people remember how they lived and what they said. People want to notice the difference between them and regular humans. Their approach towards the life, their values & what was their message. People know Kabir through his words. As a human being kabir is just about simplicity. The abstract of Kabir is there in his words. People are still connected with the Kabir and other saints through their messages. Saints delivered their message in the form of prose and poetry both. They are often recited during the normal conversation between the people for explaining and reminding purposes. As their messages are full of wisdom, so they prove helpful in every array of life. Sometimes they are soothing as a balm and sometimes they are encouraging and motivating .They become part of the culture of the land. People adore them and seek guidance from their life and the divine messages.

Ideologies exists because of individualities. Individualities fight the war of ideologies:

Ideologies are produced by intellectuals. People who have bright intellect are called intellectuals. Talent, qualities and intellect can coexist, in a person. A person who is known for his talent in the any field of science or arts, can be too capable as far as his intellect is concerned. People want to know about the ideologies of the successful individualities. As their talent affects millions of people, similarly their ideology can also affect millions of people. As people value success and want to hear from those who are successful, so their any statement which is related with any ideological issue, is taken very seriously. Many a times individualities are known and remembered for their particular ideology. Floating an ideology and making people accept and embrace that, that's what makes you a leader. At any given topic, there might exist multiple ideologies. On the basis of people's affection with anyone of them, the crowd gets segregated into multiple fractions. For example, nearly all social religions are unanimous on this point that supreme being is one. However still a lot of differentiation is there, when it comes to the practices, symbols & the culture is concerned. As multiple related ideologies are present with each one of them. That's why on the land of humans, god is one of the contentious issue. Reason behind this is that there are multiple individualities exist on the land and everyone is blessed with intellect. As with the number of individualities, related ideologies also vary. Variation gets changed into differentiation. Differentiation exists in nearly all the fields, which are affected by intellect. That's why from house to workplace differentiation is everywhere as intellect is everywhere. When individualities start seeking God, they develop dissent there too. That's why wise people advise that before you start seeking, surrender first. Surrender your individuality and intellect, embrace kindness and move on.

For the mind, Individuality is valuable while for the consciousness, existence is valuable:

The only development which happens before the eyes of the mind is person's own individuality. As during the development of the child in mother's womb, mind is absent or very nascent. So it is not the witness of this great creation of nature called baby. Mind remains witness of the development of the physique and the Individuality. It remains a witness of the struggle one goes through. It is also the witness of the difficult phases of life. It remembers the sacrifices and the shortfalls of the life. It has been there and seen the thick and thin of the time. It remembers the difficult decisions, which were made & the stands, which were taken. It also remembers the support which people provided, when they were needed most. It remembers the rejections, refusals and getting ridiculed. It remembers the suspicion which people expressed in own ability. It also remembers the good performance and the appreciation which was received from the teachers and mentors. It remembers moving ahead step by step. It remembers the jubilation and the satisfaction which was gained in the process and the success as well. So mind surely develops an attachment with the own individuality. Not only own however it respects other's individuality also. As it knows that it is a hard earned reward.

On the contrary, consciousness doesn't look towards the past. Rather it wants to remain seated in present without being disturbed or dislodged. It doesn't hold past valuable. As the existence becomes the sole cause of happiness and love received by the consciousness. So it wants to remain uni-directional and continuously wants to grow towards the existence. Consciousness knows that the growth happens through the power not the efforts. So it wants to remain spontaneous thus a realized person prefers to lead a simple life. It's not just about the simple life only but no thinking as well. When the person is dependent

upon nature for his food supply and upon the existence for all that it seeks, then existence automatically becomes the most precious thing for the one. World is about living while existence is about being.

Individuality gets immersed in memory, body in nature and soul gets immersed in the absolute:

Nature is the interface between the truth and the illusion. Nature is dual layered. One belongs to material and another belongs to the power. All the changes happen in the material side of the nature. Material side of nature is the place, where all the activities related with the illusion keep on happening. Power part of nature is the real interface. Mind cannot enter in this aspect. The virtue of love belongs to this part of nature only. On the material side of nature attraction, attachment and lust prevail. On the material side of nature, mind keeps diluting the person's focus. On the power side of nature, the focus gets consolidated. For consolidation of his power, person has to use the power at his disposal judiciously. This is what makes difference between confusion and clarity. Diluted focus is confusion while consolidated focus is clarity.

All starts and ends belong to material side of power only. While all the initiation and completion belongs to power side of nature. While on the other side, truth remains at the axis of whole creation. The material side of nature has both the physical presence and the individuality. All the physical presence are possible because of the presence of truth in them. The truth gets exhibited in the physical form and is known as the person. What the person does during his lifetime becomes his individuality. This individuality leaves its effect on person's mind and is remains stored in the their brains. So individuality lives till the time memory lives. Physical formations keep taking shapes and defragmenting. This creation is done through the nature. In any person both the truth and the power side of nature exist. Through them only the physical presence takes shape. The

representative of truth in the physical body is called soul. The truth is the real sun and the source of our light. It is our only source and ultimate destination as well. In reality every human being and every form of life is the representative of that ultimate source only. Only that gets exhibited in every form. Every form of life is the ray of that very sun.

Individuality exists because of consciousness:

Individual gets manifested and individuality is built up because of the consciousness exist within the person. Person spends his entire life, juggling between his identity and Individuality and keeps missing the source of his identity and Individuality. This source is the link between his identity and the existence. This is the only link through which the person finds himself and his connection with the eternity. As the Christ said that he is the son and god is the father. Only that person will be able to find out his connection with the almighty, who will attain this link.

Till the time person remains distant from this link, his identity and individuality keep him engaged.

Once the person finds this link, the flow of his life gets changed. As the life doesn't remain one's identity or Individuality centric, from this moment onwards.

Once the person attains this missing link, then only he comes to realize about his seed. Once the person comes to know about his seed or cause, then only he gets to know about the purpose of his life. Acquiring the purpose of life is a divine gift to the person. Purpose of life is beyond individuality.

This is a reality that every human being has a body as every human being exists in a form of physical body. Whatever that could be certified through science and senses, is a reality. However I am a body this is a belief. As the word is unpredictable and future is uncertain. That's why person keeps his focus fixed

on the world and the future. He doesn't gets a chance to take his eyes away from them, as both of them are like magnet. Once the person gets hooked with them, it becomes too tough to divert own attention away. When the person feels secured and prepared enough, & doesn't get carried away by ambitions, then only he is able to start drifting his focus away from the world and the future. That's why no wonders, that he keeps considering himself a physical body, as he has been performing all the functions through this only & all the mirrors reflect body's image only. Mirrors don't tell lie this doesn't means that they show the truth. Mirrors show only the reality, not the truth. So the truth has to be searched somewhere else. Reality is changeable while truth is not.

A person works on his Individuality & an ascetic works on his consciousness:

An individual can be seen frequenting between his workplace and home. At the workplace if he is not physically functional then he remains mentally functional all the time. He has to remain active, meet and greet people. He has to be considerate about the supply of logistics and their proper utilization. He has to think about his seniors and subordinates and the ways of engaging them. He has to think about increasing the cash flow and reserves & plugging the holes, that are making losses. One has to think about the wellbeing of spouse, parents and children. One has to take out the time for entertainment purposes and maintaining the health. An Individuality has multiple facets & one has to distribute his time among all of them.

While an ascetic can be seen sitting still, having eyes closed. Completely containing his focus inwards. Looking completely uninterested and detached from the world outside and around him. Looking fully contained within oneself. Without wearing any emotions on the face. Living on bare minimal resources. Following the eco friendly practices. Uninterested in the objects and articles of

lifestyle. Showing inertness in cultivating the normal human relationships. Having inclination towards solitude, silence & wisdom. Willing to share their wisdom with others, upon being inquired. Compassionately treating with others. Ascetic is also interested in the world however in the inner world. He is not much dependent upon his senses, as they want to use them when need arises, nor they are interested in being guided by their own mind and being comfortable in its captivity. They want to experience the state, which is free of mind. That means a no mind state. No mind state is a state of peace and happiness. The chances of sufferings which are related with mind also becomes too less in this state. At the height of this is a state, an absolute no mind state is there, which is completely free from the mind and its sufferings. So the person who is attached with the outside world wants to achieve the heights of his individuality. While an ascetic wants to achieve the height of his consciousness.

One can get influenced by someone's Individuality. However one can get immersed in his own soul only:

This means that there are multiple stops outside, which influence the person and leave their impact on him however the ultimate destination is within. Any Individuality is the effect of its soul. So they do affect and motivate us. However only the soul has this capacity to immerse anyone in joy and peace. Outside world has its diversity and variations, however it has its own limitations as well, as far as the person's quest is concerned. the world cannot give the person Joy, peace and bliss. As far as the happiness is concerned, person has to earn it, as no supermarket sells it. So whatever the mind and matter cannot provide to the person, that has to be searched in person's internal configuration only. The real happiness is about stilling the mind. So mind cannot provide this very thing as it has to dissolve itself , for providing this experience of happiness

to the person. So the person has no other chance but to go beyond the mind, to complete his quest.

An uncontrolled mind is instrumental in wasting person's time. The secret of happiness lies in fruitful utilization of time. If the person is able to extract happiness from the moments of time, then it is not less than a divine experience. Individuality needs maintenance, which needs efforts while self just needs to be sustained, which requires being effortless. Being immersed in own soul is about finding the infinite within. This means that the way to infinity goes from within only. Infinity is about boundless and periphery less. Boundaries and peripheries are related with matter only. So the infinity is not about the matter. Getting immersed in own soul is about being immersed in infinity. Person has to find that element within which belongs to infinity. That element is soul. Soul is about the love and light both. Love is that virtue, in which everyone wants to dive willingly to get oneself immersed forever. And when the person finds love around and light within, then this is the state of bliss. This is about the clarity and comfort in divine sense. Physical comfort can soothe the mind however not the consciousness. What consciousness wants, soul has its reserves.

'Tattva masi' or 'you are that' :

These are the words of those sages, who have realized themselves and the God. This means sages are provided with those eyes, which can see the unimaginable and invisible. A realized person can neither see the segregation, on whatever basis that may be nor the external variety. They are neither interested in physical variation nor mental differentiation. They get to see the light, which is there in every person. So they know that none of the person can exist without his presence in them. As the light cannot be segregated from matter and energy. Similarly without the presence of the absolute, no one can exist. Visible part of

nature has the capacity to produce numerous different shades of just one color. It can produce billions of faces with distinct characteristics. Similarly mind has the capacity to differentiate among those shades and characteristics. This means that the diversity and its appraiser both are there. There is mind which can establish the distinction on the basis of these physical and mental characteristics. This is the reason that every person carries a separate name and considers oneself a unique and isolated creation. He operates whole of his life around his identity and ideology. This means that something which a realized person can see, he remains devoid of it. As the person acts according to what he feels, believes and knows. So till the time one keeps believing and knowing the same, he keeps behaving in the similar way.

Although sages and realized people start acting differently as their perspective and vision gets changed about the life and the people. So they are the people, who don't ask for your identity rather than tell you your eternal identity. As a realized one is not a believer. so his actions are not dependent upon their beliefs rather on that vision which they have managed to achieve. Seeing the visible is the capacity while seeing the invisible is attainment.

What the sages told to the society, had never been told before. This definitely inspires the people to become self-reliant and probe their inner possibilities. At the same time, this propagates the compassion and love also. Sages informed to the society that what could be achieved through austerity and solitude.

All the conflicts, debates, conversation and disagreements are related with either the identity or ideology:

These are the perils of the identity and ideology. When we wear or embrace them, then we have to maintain and protect them as well. There are certain physical qualities related with every individual. There are views, which are

associated with every physical quality. These views certainly vary from person to person. Whenever these views are expressed, people may get pleased or upset, depending upon the fact that whether they agree or disagree with those views.

Same is the case with the ideology. Every mind is a fertile ground for ideas and thoughts. Whenever a person becomes acquaint with any thought or idea, and incorporates them in daily life, then it becomes an ideology. As ideas are variable from person to person, so do the ideology. People get emotionally attached with their ideas and try to uphold those ideas in every situation. The association becomes so strong that the person's identity gets attached with his ideology.

As one respects his ideology, he expects that people will respect his ideology and won't overrule it.

As the people are different so do their ideologies are. So it's not uncommon that every now and then one ideology gets pitted against the another ideology. People's attachment with their ideology, often puts them against each other. For the sake of defending and saving their ideology, they don't shy away from opposing and degrading each other.

Talks of solidarity emerge when it gets established that differentiation and segregation is there. When diversity becomes a fact, then the talks of togetherness arises.

Diversity is about physical and geographical aspects while differentiation is related with the mental aspect. Above all the diversity and differentiation, which are about physical and mental aspects, lies the culture. Culture is about wisdom, which values oneness. In any society one can see both of these parts functional. If there is diversity and differentiation then there is solidarity and oneness also. If there is conflict then there is service also. If there is disliking, then there is mutual admiration also, if there is hatred then definitely there is love as well. It's up to the person that in which side he finds himself.

Wisdom has the capacity to brush aside all the diversity and the differentiation. As our mind can see the diversity, our intellect can field its ideology however the eyes of wisdom can see that, which is beyond the capacity of mind and intellect.

Beyond identity and ideology, there is no conflict, debate, conversation or disagreement.

Only visible thing that is present in the visible world is nature. We remember some of them as individual and some of them as individualities:

Whom we refer as an individual, they are controlled by their mind however they are nature as they are made up of the elements of nature only. Every living being is made up of energy, which belongs to the nature. Every living being covers some space, which belongs to nature. All other elements like fire, water, earth, air also belong to nature only. This means all the identities are produced, nourished and maintained by nature only. Whom we consider as that particular individual, is nature only in reality. This means individuals exist within the nature. It is the nature which looks divided amongst different individuals. People get attached and endear with each other, considering that they have found someone of their choice, someone who is meant for them, someone who looks perfect with them, someone whom they can live for, can live with, someone who has brought love along, someone without whom life is unimaginable. In reality that someone is made up of nature only. Actually the person looks for the virtue of divine love in each other. Divine love is absolute and unconditional . Under the influence of mind, person becomes lustful while under the influence of his own inner call, he looks all over around to find love. As love is about full surrender and lust is about full control, so both of them cannot be found at a same place. One of them is the

food for mind while another is the food for soul. It is the person's internal conflict, which keeps driving the person towards them alternatively. This way a person keeps walking towards attachment and keep looking towards detachment. When we see the virtues of nature in some person, we regard and admire them. Visibly it appears that the admiration is towards that person, however it is about those virtues which exhibit through that very person. Person is just a medium of exhibiting those virtues. Enlightenment is by nature, through nature and for nature. This person wants to remain devoted towards the nature which exhibits itself through him.

Under the influence of mind, person neither believes that his physical body is granted by nature nor he acts in-tune with nature. This discrepancy takes a person away from the virtues of nature which are love, peace and happiness related with contentment which creates a problem for the person as they provide the calming effect or soothing effect. In their absence person becomes devoid of them, which creates an imbalance at the mind-body-soul level.

In reality 'Jeeva' gets exhibited on earth. Jeeva gets visible in form of individual and individuality:

'Jeeva' travels in different bodies and gets represented in the form of individuals. Whatever we desire, we get that. Along that we inherit all the related aspects of duality as well. Individuality is formed by desires and their related experiences. Every identity is because of life, which is jivan. And every life is because of the 'jeeva' which is the seed of the life. Soul is the core of Jeeva. Jeeva is that seed , which is imperative for life. Upon getting favorable conditions and a womb, physical body which is made up of five elements is formed around the 'jeeva'. So 'jeeva' and nature both produce a physical body. As fertility pertains to nature so it is the nature which forms a physical body. Jivan which is life, ultimately gets recognized as an individual. And the life is that substrate and

mind is that catalyst which starts developing an individual into an Individuality. At the biological level the seed of life is a zygote. While at the spiritual level the seed of life is 'Jeeva'. This means that the visible side of any person is life or 'jeevan' while invisible side is 'jeeva'. Jeeva is the cause and life is its effect while Soul is the root cause and the whole existence is its effect. Jeeva is a derivative of soul. In the physical body soul lives as a jeeva. While in the existence, it is present as a the God or light. Jeevan or life is the functional part. Every life has some motives to achieve. They can be achieved during the lifetime only, as the functionality is related with the physical body. With every motive achieved, every experience done and every lesson learnt, Jeeva keeps getting matured. Journey with mind starts with 'Tamsik' or dark qualities advances with 'Rajasic' or authoritative qualities & and finally matures with 'Satvik' or pious qualities. At every step person does related experiments and try to execute own desires. These experiments and desires come with related Karma fruits. Willingly or unwillingly person has to experience and taste them too. And thus the passion related with that particular desire starts getting diluted and the person advances towards the next level. People who are prevalent with 'satvik' qualities, after a certain stage start exhibiting the divine qualities of love, compassion ,wisdom, contentment and generosity.

Individuality is the resultant of the work done in the past. Memory has all the data related with individuality:

Memory is like the server of individuality. Server down, system down. Memory down, individuality down.

Brain is the CPU (central processing unit) of individuality. Brain processes the commands of the mind and it keeps in store, all the data related with the activity of the mind. Brain is that imperative organ, which keeps the Individuality functional. Stefan Hawkins is considered one of the best scientist in the modern

world. He achieved this feat, even after he was rendered physically dysfunctional by a disease. All the charismatic work he did in the field of science, was done through his brain only.

All the work that person does, keeps adding to his individuality. In the curriculum vitae people like to mention about their educational, personal, research, work experience, social, extracurricular activities in detail, so that the concerned person should get the full information related with the person's individuality. The concerned person comes to know that what kind of knowledge, skills, experience and values person is bringing along. All these information create an image in the person's mind, which is called individuality. This image plays a greater a role in convincing others and acquiring their faith. This is how the individual gets trusted & hired on the basis of his Individuality. Brain plays such a great role in keeping the individuality thrive. As the execution is done through the body however the processing of information is done through the brain only. Eyes take print of the image while brain reads that image.

Ears catch the sound while brain listens them. A larger part of skills is related with memory. Information related with own identity are stored in memory. As well as all the information related with the person's past is there in memory only. All of his relations are through his memory. Dementia is a problem that is related with the memory. In this state, person starts losing the information which are there in memory. This is a frustrating situation as the person's today is largely dependent upon his past. All the people whom person sees today, are accompanying him from the past. In this case one can see the people however cannot connect with them. This is a very peculiar condition when the person is not able to recognize whom he sees nor he is able to recognize own identity. It is still okay, If the person remains patient and accepts this situation and the information provided by others. However it becomes very disturbing, if one

tries hard to remember, however not able to do so. In some cases, he starts suspecting & even refuses to co-operate with people around him.

Difference between individuality and personality :

Individuality is related with mind whereas personality is related with the person and his appearance.

Personality is related with the vision. Which means how the person looks like. It is related with the person's built, physical and facial features, body mass and muscles. Person is said to be of good personality if the person's height, body mass is ok, and muscles are in proper proportions. Good personality does leave its impact on other's mind. Good personality is preferred in some of the job opportunities. So it becomes an advantage, as far as the employment in defense and security sector is concerned. Although to maintain the personality, person has to take the diet accordingly. A person with good personality stands out in the crowd. This trait is an advantage, if the person wants to attract attention. On the other hand if the person wants to avoid the unnecessary attention, then it becomes a difficult task for a person with good personality to get merged in the crowd. Sometimes it becomes difficult for them to fit in the arrangements, which are done for a normal built person. As far as the chameleon effect is concerned, people with average personality remain at the advantage. Below average personality is generally considered a demerit as many physical capabilities get compromised & person attracts undesired attention as well. Person's genes carry the blueprint of person's personality. So it is a gift of nature to the person. Although the person can work on some features of his personality to enhance them. Work on the personality can be done through exercising, surgery and prosthesis.

As far as the Individuality is concerned, to the best of the person's capabilities, he can keep working on it and keep trying to make it larger and taller. Although the blueprint of individuality is also there in the genes, however it is the person's efforts and conviction, which ultimately gives the shape to the individuality. So in the language of computer science, personality is about hardware while individuality is about the software.

In other words, Individuality is about skills, knowledge and aura while personality is about the tools.

It is the love of nature that she always provides a new chance by providing us a new identity, after erasing the older identity and related memories:

That's what love is all about. Keep providing chances, support, care and resources without looking towards the merits or demerits. As there is already a system in place of justice, which is based on the karma. Justice is provided in the form of future. Once the person gets rid of the compulsion of past and future, then one can feel the love flowing within. Love is that virtue which exists at the core of the existence.

In the form of new life, she provides the person a new chance. A whole new start with innocence. Just like when a baby loses his toy, his parents get him a new toy.

Identity not only provides the material experiences however it is an opportunity to reclaim the love. As the life provides the person both the options, which are lust and love. It's up to the person that in which direction he wants to move ahead. Person can either spend the power to experience lust or can consolidate the same power to produce love. The journey of life is either utilized in making new identities and strengthening them or to recognize and produce love. Love doesn't discriminate as it treats everyone as complete within oneself. As it knows that people are complimentary to each other from outside however from

within, they are a full unit. Completeness deserves only love. As a tree is complete within oneself, that's why out of love, tree becomes productive. An older person has both the good and the bad memories however a new identity has only hope. Whenever love erupts within the person, he spontaneously comes closer to nature. As the person starts coming at the same frequency of nature. It is not like a meeting however a merger. In a merger, one entity starts getting dissolved in another. Mother nature has the ability to produce as well as assimilate. It gives the freedom of going away from Love. As well as it provides the liberty to come back to the realm of love as well. Every new identity is a chance to see the visible and realize the invisible as well. As every opportunity of life, gives the person the freedom to command oneself, so one can streamline the preferences of his life. If one is able to do so, then one can definitely witness the transition of power happening.

The reason of confusion, suspicion and hatred among different communities is not being able to identify with their identity:

One become so comfortable with the symbols of our identity that whenever one sees symbols of some different identity, he starts feeling suspicious about them. This is because of our liking with a particular set of symbols. Whenever there is attachment, there is insecurity as well. Identities develop symbols which pertain to them only. These symbols are visible, audible and even olfactory. Whenever person sees symbols of other's identity, he becomes alert. As the person becomes accustomed with own identity and its symbols then that person fails to correlate with other's identity and their symbols. Every identity wants to hold its ground and wants to expand if possible. As people want to buy new houses, new cars, new offices, so that they can keep expanding. So is the case with different communities as well.

As the person remains familiar with the traditions and way of life of own community, so he feels a sense of comfort with that. Person may not feel that comfort with different community as there are variations in values, culture and dietary habits among different groups. In different communities, types of food are related with their belief system as well. That's why people try to adhere with their food habits.

Rigidity means belief without conscience. Many people who are rigid about their beliefs, may not be able to accept people of other beliefs comfortably. In this case their mind generates the feelings of hatred. Conscience provides the person flexibility. Conscience provides this opportunity of valuing the person, not his identity as conscience values the person while mind values identity. People who are flexible and open and are not stringent with their food habits, culture and value system remain curious about different communities. They explore every possibility as they join the activities of different communities and try to know them better.

People who are restrictive in their approach and have little knowledge about different communities, tend to follow the set stereotypes about them, thus they remain suspicious about other communities and their practices. Till the time, person keep taking the identities and related symbols too seriously, his outlook remains restricted. On the other hand, person wearing a particular identity, might be very flexible in his approach. As he just wears his identity however follows his conscience, which gives him the freedom of being flexible.

Identity is only required when one doesn't get love. In presence of absolute love, all identities get dropped:

Identity is that armor, behind which we remain hidden, when we devoid ourselves from love. As mind complements matter only so till the time, person remains commanded by mind, one remains distant from love. As identity brings in support, security and affection, so mind wants to keep his identity along. In some cases, identity becomes a cause of hatred also however this strengthens the person's belief in identity also. As the person goes back to his own group, which harbors liking and affection with that identity. He starts believing that if his identity is the cause of hatred he received, then this identity brings in the affection and support from likeminded people. Attachment and affection is partial and sectional as the person receives them from some people. However even if this bit is not received by person, then he starts finding the affection and attachment passionately. Whenever the person looks for affection in others, then he creates some sort of dependency upon them as well. As those people are the supply line of the attachment and affection, so they become the centre point of person's life. In short, affection and attachment bind the person with an invisible thread of physical togetherness. Person wants to keep those people safe and secure, who are part of his supply line of affection and care. On the other hand, love is not sectional, partial or specific. Love is the envelope of soul, which lies within. It is absolute phenomenon. That means, whenever it appears, it appears in totality. It doesn't create dependency upon others as it appears from within. Love is an internal phenomenon and it makes person self-sufficient. Upon the appearance of love, person is no more dependent upon others for the sake of affection and liking. Now he is ready to distribute love among all as he becomes like a fall, whosoever passes through his flow, feels drenched in love. Whosoever passes from nearby do feels the cold breeze of love.

When the person gets devoid of love, he doesn't have any other option, but to

embrace his identity strongly. As the love is our envelope. In its absence, person feels very vulnerable. So he wants to hide oneself with anything available. As soon as love disappears, mind appears & the first thing, which mind supplies is the identity. So the person takes up the identity and drapes oneself with it. So identity becomes like a protective gear for us. As the mind can't remain static, so it takes us on a journey along of 'apara' part of the nature & we have no option but to join him, as we are already equipped with his cloth of identity. This is how we get detached from nature, whose 'para' part is full of love.

Leaf doesn't know about his roots. For her that thin stalk connecting it with the branch is his root:

That's what all the leaves of the tree believe. In reality many sub branches constitute a branch. Many branches constitute a trunk. Many trunks constitute one main trunk. This main trunk is connected with roots underneath the ground. That's where the real root is. So, the root of every single leaf of the tree is present deep down within the ground. Leaves can differentiate among themselves on the basis of location, size, age etc. However, in reality they have just one single identity and that is, they are leaves. Same is the case with humans.

Our connection with our family, makes us believe that our roots are somewhere there within the family. As the roots of every single leaf is same. Similarly the cause and seed of every single human being is just one. That one is the cause of every single being. As the tree looks divided into branches, sub branches, stalks, sub stalks. Similarly humans look divided into different ethnic, geographical, color, race, religious, cultural, social, political and other multiple groups. However the seed of every human being is same. One part of nature is the cause of various divisions, development and expansion. The quality imbibed in every DNA, gets manifested differently. That is why physically everyone gets a

distinct look. At the same time, every person brings in his different mental configuration as well. Which defines his activities and approach towards the life. So when the physical and mental traits are put together, he appears completely different from others and very unique as well. Our mind and senses can single out these differences easily and thus the difference becomes a fact. It is a reality that at physical and mental levels, difference does exist. However when we go deeper than these levels and reach up to the next deeper level, which is of consciousness. Then we come to know that the thing or people, who look quite different from outside, are actually not different from within and they are not even similar, however they are just one. If we are able to reach even deeper, then we get to find the source of everyone, which is the light. Identity is for mind and senses however for the person, his 'self' is the most important. This self is same in every person. That is why, Krishna says in Geeta that he is present in every individual, whether that is plant, animal or human. He says that every individuality exists because of him. This means that, that very element, which is beyond mind, is the sole reason of every form of life.

Baby is not just a body. It's a project. Project of working on an individuality:

As the onus of taking the family's legacy forward is transferred to the incoming generation. So it becomes a responsibility of existing generation to remain dedicated towards the overall growth and development of new generation. Parents guide the children on the path of their development. When it comes to the choice of the career, they often try to navigate them with their knowledge, convince them with their points and help them with resources. There emerge two scenarios. Either the child becomes a self-made person and remains least dependent upon parents, as far as their resources and attention is

concerned. It saves lots of time and energy of the parents and children's achievements do fill the parents with pride. In this case, the project of helping to develop the child's Individuality gets over early, as the child is self driven. In this case the focus shifts on other children, if there are any. If not then it depends upon the person that whether he is able to take his focus back on oneself and utilize it in inner development or will keep his focus attached with the next generations.

In second scenario, child and the parents, both need to put in much efforts to achieve the optimal results. As every child is different and born with different capabilities, so it is unlikely that all of them will be able to achieve the same results in any given field.

Some abilities yield high financial returns while some don't. Some fields need less investment, while some need high financial investments. some start yielding results early, while some fields provide return once the person remains invested in them, for a longer period of time. In some of the fields, investments are less while returns are high, while in some the scenario is not the same. Every generation expects that new generation should be able to take the family's stature to a new height.

That is why every generation remains connected with the efforts of the new generation. that is why they keep observing and keep providing their inputs and support whenever required.

This project starts, as soon as the child is born and keeps gathering momentum as the they grow up.

No one knows how much time will it take and whether one be able to emotionally detach oneself from the project and person upon its completion or the one will be more physically, financially and emotionally dependent upon the new generations.

Rishi and muni means the person with purified intellect and dissolved Individuality:

Intellect still remains after dissolution of the individuality. However now it is related with various ingredients, which constitute the life. As it is related with various elements and aspects, which remain hidden in the normal course of life and which are beyond the purview of normal intellect. A fishnet cannot catch the minor particles as it is meant to catch the fishes only. Purification transforms the intellect also. Purified intellect is related with various minute and invisible elements, whose effect can be seen on the life however they themselves remain invisible. For example mind, intellect, ego, nature, consciousness, present etc. Muni are those people who have reached to such a level that they can remain still for longer duration without having any positive or negative thought or the emerging picture within the mind. Munis are free from those irrelevant thoughts which only consumes the time unnecessarily. During those times the person is neither constructive nor productive. In the absence of thoughts, whenever they speak, it is always about wisdom.

Rishis are those people who provide the richa, sutras, shloka or verses which are related with the various facets of life. Absence of individuality takes them to an egoless state. Ego less state is that state which is free from Individuality. In this state truth gets revealed. In this state person feels the absence of fear and abundance of love. In such a state, verses start flowing through the person. Person keeps collecting and delivering them in the form of writings and discourses. This is the state of the Rishi. Silence of mind is a state, when a person remains in contact with the present. As present is related with wisdom so these people are wise men. In this state life becomes productive and thus fruitful. As only productive things can be fruitful. Productivity can only happen when there is internal stillness as a still ground supports the plants and trees. A still ground can provide the nourishment, power and support to the plants. With the growth of the plants, the chances of fruiting increases.

A fruitful life is much better than a successful life. Because others too can enjoy the fruits reaped by you however your success is only yours. It makes you satisfied.

However if the person decides to follow the path of success and precision only, then he may isolate oneself. As success mongering suppress the person's natural behavior. Because it fuels your individuality. In this case person can only meet people however won't be able to recognize their true self.

Individuality is like the wave and nature is like the sea:

Waves appear because of the presence of air and water. Water is the cause while wave is its effect. Similarly, individualities exist because of the nature. Nature does not exist because of individualities.

Civilizations exist because of individualities. Nature keeps producing the lives and individuals. While mind and talent keep developing the individuals into individualities. Waves are like the flash at the surface of water. They keep forming and disappearing. New waves keep emerging. Sea remains static while waves keep appearing and disappearing. Waves are multiple while the sea is one. This means mother is one while children are numerous. As the waves remain present at the surface that's why they don't know about the sea. For their entire duration of presence, they keep moving. When it sees forward and backwards, at both the places it gets to see another wave. So for one wave, another wave is a reality. And this reality is dynamic in nature. Because of being dynamic in nature, it is set to miss the truth which is static. Moving object sees the surrounding moving in the opposite direction. So its vision cannot remain static and the picture it sees, keeps on changing. Being a wave is like continuously being dynamic on a static ground. Same is the case with identity and individualities. They are dynamic in nature while truth is static.

Being dynamic, they cannot see the cycle of the nature which is very constant. Earth is in a constant motion. around its axis and around the sun also. However it is not going somewhere else. It is moving just to reach at the same point from where it passed. It is moving on a fixed path and at a fixed speed. This ensures timely arrival of different weathers and day and night. On the other hand, the moment of mind is erratic. It keeps forming the thoughts and thus keeps the person engaged. It keeps informing the negative thoughts and keeps the person afraid. It keeps on forming the lucrative thoughts, thus keeps the person running. Whenever wave becomes static, it becomes sea. A peaceful sea. Similarly whenever an Individuality gets dissolved, it becomes a part of nature. Under the influence of mind it has been producing individuals and will keep doing so.

Present puts a whole game of ' identity dependency' & 'Identity Crisis' to an end:

A person is said to be identity dependent, when his identity comes in between two people or two different forms of life, then an identity functions to divide people and segregate them. The eternal identity or truth unifies not only people however all forms of life.

The eternal identity liberates people, who are already facing illusion because of their various physical and mental identities. Present reveals self. Self-destroys the webbing of identity. Like the light destroys darkness. Like the skin is permanent and clothing is temporary. Similarly self is permanent, various identities are temporary. All the other identities, which we don, are either provided to us by past & today. As the person takes up new roles, future also provides us some identities. Whatever identity we carry today, were given to us in the past. Till the time, one keeps wearing old clothes, it remains a part of his identity for others & the person keeps considering them a part of his identity.

The unique thing about present is that it is made available to us in the form of present only however due to the influence of our mind, we keep treating it as today. Past and future are the extensions and a form of today only. In fact this division of time is given by mind only. If we take the mind out of this whole game, then we start receiving present as present . Present has everyone's eternal identity. That is why present is about clarity. It clears internal fogging and external air both. With the advent of clarity of vision, confusion elopes. With confusion, the dependency upon all forms of external identities also get dissolved.

People who are sure about their family history and the people who are unsure about it, both of them get clarity about their precise identity in present. Family trees are about dynasties while present is about that very element, from which all the dynasties of the world, got originated. This element is the source of all the trees, family trees and their branches as well. This is like searching the father of the forefathers.

Society is the biggest aggregation of individualities and thus biggest confusion around us too, as it recognizes and propels individualities:

Everything that is beyond the world of individuality, society glances at them with suspicion and curiosity.

Earlier form of societies were meant to help and support individuals. Society was like a group which was meant to internally support and externally protect its inhabitants as life was challenging. Food security and security from external aggregation, both were needed. Weather, wild animals, pests, other human societies were the problems. So to protect oneself from external aggression was a constant concern. As any external challenge can be more efficiently countered in a group. So to protect oneself and sustain the life, family and society was the need of the hour. Another point is that search for food needed hunting and

searching. To protect own fruit trees and crops was also a great challenge. Due to food scarcity, challenge were from both animals and humans. So this form of society was based on protecting the individual and fulfilling his needs. As the society increased its protection by increasing the number of members and better techniques & tools to procure food and protect oneself, individuals gradually moved towards developing an Individuality. So with food safety and physical security came this transformation. Till now society has given birth to tall and great individualities, who has hailed from different walks of life. There are many societies all around the globe, who consider their great individualities, as the pillar of their society. Their idols are established in the cities, their stories are there in the history books, their quotes are there on the walls, so that every living human being keeps knowing about them. This is how people are encouraged to take their own Individuality to a higher level. Individuality is about maximally utilizing own potential. However apart from the potential, humans have possibilities too. Exploring those possibilities are beyond the limits of individuality. People have been practicing solitude and various other ways of exploring own inner possibilities. This is how they become able to go beyond the limits of their own individuality.

Individuality wants to treat people according to its own judgment about them:

Which means it treats different people differently. According to it, the world is divided into two parts, which is good and bad. It treats them according to the fact that from which category they belong to. It believes in categorization, which leads to stereotyping people. If not publically, then privately. People do have kindness and humility however it's a trait of nature. It's a fact that Individuality doesn't consider itself a part of nature. It considers itself a full unit, which got birth from its parents. It utilizes and exploits nature, however it

doesn't considers itself a part of nature. To keep oneself and others aware of its roots, person keeps adding his surname or family name, along with his name. Person keeps believing that his roots are somewhere there in his family tree.

Thus family name and ancestors become a sense of pride. This way the person goes back to the past in the search for his identity. He believes past holds the key. After going few generations back, person loses the track. Past serves him generation wise names. The person can't develop the same affection with someone else's family tree as he is not the part of that tree.

People who are not part of his family tree are considered others. While who belong to it are considered own. As soon as 'own' comes, 'others' automatically appears. Person needs to take help of others, to go back to his family history. Means this search is assisted by others.

Past shows some roots of the family. Today shows identity and Individuality. Future belongs to extension of his individuality and the family tree, in the form of next generation. So the self belongs to which dimension? Self belongs to present. No middle links can take the individuality to the present. So the person tilts towards the past or future as others and own one's help can be taken there. Present is only self achievable. Thus segmentation gets started with own and others. This sows the seeds of person being judgment oriented. Individuality takes guidance from its ability to judge people.

Intellect and individuality complement each other. Their main focus is gain, profit, development:

Nations want to build human resources. Intellect drives the knowledge based economy and various grades of services sector. Intellect develops technology and thus pushes the national development forward. Education and intellect, they both demand each other. Education nurtures intellect while intellect supports education. An intellectual person's life is majorly driven by the knowledge

related work. Some of these people are so focused on their work that they keep working throughout their lives. Intellect wants to expand the knowledge through research and development.

Findings of the research is developed and ultimately converted into a finished product. Finding becomes the blueprint for the product. Some of these products prove so useful that they go for mass scale development. Thus become a source of income for the person, company and the nation.

This is how person develops his individuality. His efforts and work become an example for budding intellects. He becomes a role model. His Individuality keeps on encouraging the future generations.

Individualities from various fields are an asset for any nation. Nation wants to retain their best brains. Brain drain is considered a problem for any nation. There is a good possibility that because of focusing on certain aspects of the life, few other aspects may remain neglected. Some of the habits do cast their negative effects on the person's overall health. Many a times, they neglect the need of the physical activities at the cost of indulging into mental activities. As mental activities can't make up for physical activities, so in this case health may get compromised. Lifestyle related health issues originate when the person ignores basic health regimes for the want of comfort and luxury. Many a times health gets cornered just for the sake of continuous involvement in individuality related activities.

They love to discuss about health when need arises. however health related activities may or may not be on their priority list. So they generally rely on that part of health care which is called treatment.

Our physical identity is given by nature. We get detached from bondage of identity once Shakti (power) meets Shiva (pious):

Meeting of both of them signifies both the end and the start. End of journey, end of being distant, end of incompleteness. It also signifies leaving the old dimension behind and ushering into the new dimension. This is also the association of mother, father and child. Mother is nature, father is brahm and child is self.

Shakti and Shiva are those two poles, which create an Axis between them. Around this invisible axis, life exists in physical and visible form. The visible axis of our physical identity called body is spine. Whereas the life gets its support from the axis, which is present between Shiva and Shakti. Shiva is the north pole while Shakti is the South Pole of the body. The real journey of the person is from South to North Pole. Shakti covers this distance up to the Shiva.

Till the time Shakti and Shiva are at a distance from each other, person's mental identity remains intact. The dissolution of person's individuality is only possible when both of these poles meet with each other. This is the association of purity and power. At the time of this association, clarity comes and confusion evaporates. Mythology says that when Shakti or Parvati ultimately finds Shiva then she gives birth to Ganesha. Ganesha is the God of wisdom and beginning. So this association provides the person a new beginning with a new identity. Through this association, person finds oneself. This internal and irreversible association, makes the person realize, who he is. Baby gets his own identity, once mother delivers him. As destination Earth provides the baby a human identity. So once the internal baby is released in his own dimension then he realizes about oneself.

Birth is the beginning of Identity while journey is the consolidation and maturation of that identity.

This is how one gets freedom from mental identity. Now one gets to know the absolute and the self.

People are provided with skills by nature:

You have been given skills. Either mind will use them in such a way that our life gets pivoted around them & we keep milking those skills for constructing an Individuality for us throughout the life. Either mind can use them for monetary benefits or we can use them to fulfill our objectives of life. Those skills can be used either to benefit our individuality or to benefit a larger section of the society.

Service is about utilizing own skills to benefit others. These services are provided to the underprivileged people at a nominal or no cost. There is a second way also. Which is that, either we keep amassing the fruits of our Individuality and ultimately they are transferred to near & dear ones. Or there is an option to share the fruits earned through those skills with the weaker sections of the society.

In this way person earns satisfaction and further advances towards saturation. Whatever thing that proves beneficial to the person, it is a tendency that person harbors attachment with that. Upon becoming saturated, person leaves behind the attachment with those skills and associated benefits. This is how person comes out of the effect of emotions as well and becomes more balanced. Now he doesn't become too happy or too sad, too attached or too against. He doesn't go to the extremes in either of the direction. In younger days, person goes through emotional ups and downs, as hormones play their role and person feels attracted towards others. One meets multiple people and harbors few relationships. This is a period when emotional activities are predominant. Emotionally charged people are set to experience severe emotional turmoil. While balanced people get less affected by this turmoil and this is how they are

able to keep their focus centered in single direction. Balanced people are less choosy and more accepting.

So if we use those skills and their fruits for our own benefits only then we keep building our individuality at the expense of our compassionate side. This is how our Individuality & it's subsidiaries like family and business become stronger however Our divine and spiritual side keeps getting cornered.

Content person is the one, who has limited oneself up to his needs:

This means he is not much interested in building up his individuality. This person is no more interested in investing his time, just to earn money. Rather he wants to save his time, to invest at such an avenue, which could provide him more satisfaction or fulfill the objective of his life. He believes that there is much more to do with time, than just earning money and fetching other rewards. For a social person it is difficult to become contained, as he believes that all types of his earnings can only come from the society and family. So it's too difficult for him to restrict oneself. A contained person knows that his rewards come from his work. So he keeps himself busy with that very work, which comes natural to him. It needs a massive transformation for a socially addicted person to become recluse. A social person has either ambitions or over ambitions. While the person who is more balanced towards his connections with the family and society, has objectives. Which he wants to fulfill by investing time in it. The fulfillment of his objectives take him towards being more neutral. As the person becomes more neutral, his longings with the world changes. Now he doesn't look towards the world with greedy eyes. He becomes more clear about this fact that world has a limited role to play as far as his own happiness is concerned. He may not be clear that in which direction he has to move on, however he is clear about the fact that happiness is not about the regular

offerings of the society. He also comes to know that his lust has a limited role to play as far as his happiness is concerned.

On the other hand ambitious is the one, who has fulfilled some of his desires & is working on the others . Over ambitious is the one who after fulfilling his desires, starts working on strengthening & marketing his individuality. Now his whole being becomes individuality driven and his energy and resources are used to spread the clout of his individuality. Winning a piece of land is about ambition while making others follow own individuality is over ambition. Making others to surrender before oneself and making them obey is over ambition. In this case person starts believing that he can make or break other's future as he considers others inferior and oneself far more superior and capable.

One who has attachment, sees individualities and identities doing the karma:

An attached and a detached person, gets to see this word differently. This means the attachment has the capacity of making alterations in the person's vision. The scene that we see, has the ability to affect our emotions & actions. This means that the activities of an attached person and a self sufficient person will differ from each other. Both of them, use their stock of power differently as well. The society we live in, is driven by karma. Here everyone is encouraged to do bigger and better. Every karma is associated with an identity, which claims that the work has been done by him. Individualities reap the benefits of their karma. When work is done well, people praise the one who has done it. Whenever there is a problem related with the work done, that identity or person is held responsible, who has done it. For a social person, the world is about society and civilization. He is predominantly enchanted by living beings. Social person is devoted towards the concept of making the family. He wants to work for family

and it expects that family should work for him also. This person loves to make houses and wants to share it with his family. Apart from house, his commercial venture is his another creation. He sees other people doing the same. So he wants to do his work better, as this is the only thing which is being done around him. He likes to evaluate his work with other social people. A social person keeps an eye on what other people are doing and keeps calibrating his work with them.

On the other hand the scenario with a recluse is different. He is not much interested in what is being done in the society.

Till the time one is involved with the world, he gains experience & related information and can share only that. One who is present without the attachment, can get the explanations of the picture called life. You need to be present in the moment to get the wisdom. His views would be devoid of identities. That's why he would be able to see the nature and its ingredients (qualities, mind, ego, matter etc) performing the act. All these ingredients remain hidden under the packaging of individuality.

Love :

Love is the most sacred, purest and natural thing, which can be provided to anyone as it is produced inside. Rest of the things, we avail from outside. Love is that virtue that cannot be found in any shop or supermarket. So, giving away the material resources is like providing them to others. Love is purely your produce. Nature is pure giver. Love is the effect of person's internal nature. Individuality is just deflector, which deflects the produce & products towards others as it first acquires them. When individuality gives, it is pure investment because giver in the form of mind is present. When mind is in charge of this process of giving, then he wants to know that what he is going to get in return.

If not in the form of materials then in the form of good Karma fruits. Mind knows that there are the fruits of bad deeds so he believes that there are the fruits of good Karma as well. Mind doesn't mind in tasting the fruits of good deeds also. Many a times good deeds are done and advertised, just to enhance own image and generate faith in others. As faith can bring in more business and rewards.

My way is about my satisfaction, whereas my nature's way is about my happiness.

When individuality gets suppressed by own nature, it becomes pure love. Individuality can produce affection and attachment however love is out of bound of individuality. Individuality keeps considering the affection and attachment as love and that is why it remains devoted and committed to it. Every individual is that farmer, whose greatest produce is love. However the ingredients which are provided to us from our mind, obstruct this produce of love. Mind is not devoted towards love. It remains concentrated towards the world. So it cannot achieve that thing, towards which, it is not aiming at. Love is the produce of nature, so mind has to step out of the way to let nature produce love. To acquire love, mind has to sacrifice its product called Individuality. As individuality is like a box and love is like a plant. to let the plant grow, one has to take the plant out of the box.

All the objectives, ambitions are fulfilled through individuality and the moment you get the purpose of life, individuality vanishes:

Individuality is our that invisible fort, which we construct for ourselves in this world. We keep on living in the fort and strengthening it. When need arises, we defend it and when an opportunity is provided, we expand it. We strengthen it, through our earnings. We keep reinforcing it through the acquired knowledge and recent experiences of life.

A lot of our time, gets consumed by the thoughts about what we have to do. What changes and improvisations are needed according to the changing scenario of our world. What others are doing and how to tackle the emerging challenges.

After seeing their performance, we need to change our plan. Are others taking over and are we not moving ahead with required pace? These thoughts puzzle us and bring down our productivity.

A lot of our time goes to drain while being confused & puzzled. Individuality wants to improve and improvise oneself with passing time while self wants to consolidate oneself with passing time. Individuality can't move ahead with earlier pace without updating oneself. While for the fulfillment of the purpose of life, person has to continuously consolidate one self. Consolidation means continuous filtration and purification.

The purpose of life is not related with own individuality. Rather purpose is the plant of person's internal nature, which continuously grows up and surpasses the limitations of individuality. Individuality is left back and so are its fruits. The fruits which develop on the plant of the purpose are filled with juicy pulp. These fruits are not just for self however they are available for anyone who has spiritual hunger and thirst. One who works on the purpose of life is provided with the blessings of internal stillness, which in other words is called meditation. While he is internally still, he can sit with them, who are on their spiritual path. This way the vibes of stillness can be shared. If one person is exhibiting his anger, then people surrounding him can feel it. Same is the case with stillness also. Fruits of individuality can provide stability however only the fruits of the purpose can provide stillness.

Three stages of physical identity :

Stages are related with body while state is related with mind.

(i) Childhood :

This is the stage of physical growth. Child's understanding starts developing. No decisions needed. No opinions formed. No ideologies exists. There is openness and acceptance. During this primary duality state, it's easy to embrace others. No desires attached. Carefree stage. Any pre-existing mould or wall of individuality is not present around one's being. Child is free from ego issues. It is the stage of innocence. Child is innocent because his mind has not been activated yet. This means innocence is inversely proportional to mind's activity. People who are able to exercise better control over their mind, acquire the state of spontaneity. The hallmark of childhood is cuteness and innocence. Along with the hope for parents, child brings them along as well.

(ii) Young days :

Understanding develops to a certain level. Stage of making the decisions. Struggle to get selected and select. Openness shrinks.

Mind expands while innocence shrinks. Opinions start forming. Individuality starts developing. Carefulness grows & carelessness starts converting in cautions.

Mind becomes ready to explore the world. Mind starts developing, so as the feelings. Hormones start becoming active and start affecting the person in multiple ways. It is the stage of development. Person starts getting affected from its surroundings. He starts learning and observing. This observation helps in developing the person's understanding. It starts becoming evident that person is neither introvert or extrovert. Whether he is shy or outgoing. Person starts becoming aware of his looks and its effects. Person believes that everything is doable. The cause of this belief is person's mind. Person has high belief about himself as the experience part is absent. So the mind is driven by emotions and imaginations. Imaginations are magical as they don't have logic.

(iii) Later stage :

The effects and bearings of decisions taken in the middle phase start reaping its effects. These effects start making the person affected. This is a stage of experiences as the person is connected personally, socially and professionally. So he is bound to go through multiple experiences. Some are pleasant and some are not. Innocence and imaginations take the backseat while the reality of life takes control of the front seat. Person is obligated and bound to perform some actions which he wants to avoid. Many things he does out of the sense of duty. He gets to witness the flipside of affection and emotional dependency. Circumstances challenge his internal stability.

Tensions and anxiety start gripping. Carelessness elopes. Carefulness start appearing.

.....
As soon as consciousness becomes extroverted, mind gets activated and it starts looking for its worldly identity. While as soon as person becomes inert with the world, the ability to enter into internal world starts coming back to him:

As soon as one crosses over the barrier of the internal world, one finds his eternal identity. While as soon as person gets extroverted, he finds his real identity, which is his physical presence. Whole game that mind plays outside is pivoted around its identity. Cultivate the desire and person becomes extroverted. Or just curtail the desires and person starts becoming contained.

This means that to experience the material world, one has to undergo the internal transformation. This transformation produces mind. While to experience the internal world, one has to undergo the internal transformation. This transformation produces self.

This is how the world doesn't provide the person his eternal identity, while the person cannot find his real identity, when he is situated in his inner world. Our worldly identity becomes the destination of all the calls and messages which come to us from around us. So this presence, which answers all the calls and messages is our worldly identity. The world is that classroom, which let's only those students enter, who have a physical identity. The sensors of material world are senses, which identify only identifiable objects. To identify others, every person is dependent upon his senses. The irony is that mind doesn't know about self as mind gets its feed from senses. Although mind cannot exist without the presence of consciousness.

All the actions of mind are uni-directional and extroverted that is why it remains unaware of the internal ecosystem. Identity is the key to all the secrets of that world. That's why the secrets of this world can only be unlocked through our physical identity. So while being in the world people only value their physical identity not the self. As self is the key of those secrets, which doesn't belong to material world. As mind has its affection with this world and he has invested heavily here. So he is only interested in the activities of material world.

Marriage means engagement and coupling:

As two identities cannot dissolve or merge in each other, so the middle path is taken, which is to couple them. Like the north and south poles of two magnets, male and female engage each other. Earlier they were live wires. Ready to transfer charges, which can either excite or hurt others. Which depends upon individual's nature and will power that, in what way he uses his charges. Post coupling people become life partners. This is the association of positive and negative with earthing, which are kids. Those live wires which were inclined to lighten/hurt others, after marriage they help/hurt each other. So, if one of them is live wire and another is self-restraint, it is for sure that latter's

individuality will face completely unknown challenges. Which will either strengthen or melt his ego. If ego gets strengthened, then the person will take the path of confrontation. He will try to take control of the situation and will try to solve it according to his own free will.

If the person opts for the second way, then he will consider this unfavorable situation as a part of a grand design. In this case the person realizes that to save oneself from disrespect, he has to put his ego forward. This Ego and anger very stringently tests his own patience and internal balance. Person comes to realize that more than anyone else, his own anger hurts him severely. Then he realizes that disrespect cannot be answered by anger. Because it is too costly a deal. Then he decides that anger cannot be my defense. Anger is like switching on the afterburners of the jet engine. This action starts guzzling the fuel called power. Heat rises up and it becomes difficult to control oneself.

So he restricts his emotional dependency upon others and starts exercising patience.

Upon becoming emotionally neutral his capacity to forget the unpleasant memories increases. Now he is not in search of emotional happiness anymore and becomes more emotionally stable.

In this way, there would be a chance for the consciousness to break the shackles of individuality. In this case bondage becomes the tool of liberation. Now the person doesn't look for the freedom from the relationship. Because he gets to know what real liberation is. Thus acceptance and surrender becomes the tool of liberation from individuality.

Difference between individual and individuality :

Individual always remains connected with its support. The moment it gets disconnect from its source, life ceases to exist.

Nature is the source of individual while individual is the tool of individuality. Individual is a physical identity while Individuality is the person's mental identity. Individuality is the craft work of mind. Which means it involves both the qualities and the mind. However, the source of individual and individuality is same, which is the soul. Both can't flourish without the support of its source, just like a plant can't exist without the support of earth and water. Being an individual is the person's primary identity while Individuality is the person's secondary identity.

The primary identity is the nature's gift while the secondary identity is the creation of mind. Individual is the produce of nature while individuality is the work done by mind. Till the time mind is active, it is not possible for the person to not to do anything. Mind's activity is the source of karma. Individuality is the resultant work done by mind. 'Doing' is related with mind. Doing is like the transaction done with the bank. While account balance is the Individuality. Doing is related with multiple fields like social, intellectual, financial, natural, religious, desires, ambition, business physical work etc. So the person does transactions in all these fields. Individuality is that canopy, which encapsulates all these aspects.

Physical identity which is the body goes through the fixed process of growth, development, maturation, decline. Everyone looks different from each other. While mental identity, which is the individuality is more dynamic. As it is the amalgamation of so many aspects of the person, so it is unique in case of every individual. Until recently it was not possible to do physical alterations in person's body. As the science has evolved, now it has given new ways of doing alterations in person's looks and physique. So the individuality wants to enhance its looks also, so that the best foot can be put forward, in an effort of building an individuality for oneself.

Mother's may keep considering their kids as an individual, even after they are grown up:

They view them as an individual.

No matter how successful the child becomes, mothers view them as their child first and an individuality later. Mothers are particularly concerned about their child's needs. So they remain concerned about their food and nutrition, their well being, their safety and security and their other essential needs. Mothers are driven by nature so they understand the needs better. As far as their children are concerned, mothers don't go through any big change in their viewpoint. That's why they feel that children always remain children. Once a mother, always a mother. They don't get promoted, nor they want to. They just want to remain mother for their child.

The day mother meets with the dark aspects of her child's Individuality, it becomes tough for them to accept the reality. They feel that as their viewpoint about the child doesn't change, similarly their child also remains same. Mother becomes child's advocate and comes to their defense. Person considers themselves as an individuality while mother keeps considering them just as a child or a human being. The way a mother looks towards the child and the way person looks towards oneself are vastly different. If one wants to know more about mother nature then he has to look towards her mother. Because mother is the visible representatives of mother nature. Fathers are more capable to spot the changes that comes in a child with growth and development. This includes physical as well as the mental changes. Fathers can see the child getting transformed into an individuality. Mother's perspective towards her children is more stable. Motherhood is about stability. Mother's feel that the world can be at fault however not his child. As the child is innocent and the world is cunning. It's not that mothers don't want their child to develop their Individuality. They do want it and wholeheartedly supports the child. Although they keep looking at them as their child first and an individuality later.

Individuality wants to give birth to another individuality, because it is not satisfied with just an individual:

That's what the legacy is all about. Person expects from his children and grandchildren that they will take forward the legacy of the forefathers and will make him & whole clan proud.

Individuality considers itself as a link in the chain of his clan & wants to add further links in this chain.

Person looks towards their child as future flag bearers of the family. This means they have to prove their salt. Mother produces the baby and father sees his successor in that baby. That's why he takes interest in the process of their shaping up. Father wants to keep a close eye on children and keenly wants to know that in which direction they are moving on. Children are the extension of parent's individuality and part of their ambitions.

That is why parents don't accept children to remain baby forever like plants, harmless animals and underdeveloped kids. Until and unless an Individuality give birth to another individuality, it won't get satisfied. An individual gets delivered at the time of birth. After that parents start working on the construction of their individuality. Nature produces individuals, mind converts them into individualities. All the parents feel affectionate with the child's innocence and enjoy spending time with them. Reason is own attachment and their innocence. Parents want to nurture them and protect them as children can't take care of themselves. Mother is driven by her natural instincts while father is driven by the sense of responsibility. Till the time child can't help himself physically and mentally, parents treat them differently. As the child grows up, parents keep altering their role in such a way that it should help in the overall development of their children. Individuality sees the challenges of the world and their offerings. That's why it wants to prepare his children to face those

challenges and become financially competent enough to experience those offerings. When the parents see their children becoming physically capable and financially competent, they heave a sigh of relief. If the children are able to do something exceptional in their fields, then it becomes an icing on the cake for parents.

Individuality is an incident happened with an individual:

Yes, it is that mandatory incident which every person goes through. Very moment at our early age, when we consider ourselves an individual, mind starts working on our individuality.

Which means it is one of our reality however it is not our truth.

It is our essential part however it is not our internal part. If mind is there then individuality has to be there. Individuality is the result of all the activities decided, encouraged and promoted by mind. Person has many natural traits and mind utilizes all of them to build an Individuality. Either we can keep carrying our individuality throughout our life or we can try to gradually come out of it. Earlier Indians formed the 4 ashrams of life, just to let person have the taste of both individuality and self.

Individuality is a packaging while self is the gift, which is hidden within it. To take the gift out of it, one has to unwrap the packaging. Vanprastha ashram was meant to unwrap that packaging. Once the packaging is undone and gift comes out the phase of sanyas starts. During the sanyas, person keeps distributing the gifts of nature to the society. The first ashram is brahmacharya, which belongs to knowledge. while the fourth aashram is sanyas, which belongs to wisdom. This way the first ashram is devoted to the world while the fourth ashram is devoted to the self. Second ashram which is grihastha, belongs to development of individuality and family, while the third aashram which is vanprastha

belongs to peeling off the external surfaces of individuality and leaving the habits and addictions behind. Thus the second ashram is devoted to experiences while the third aashram is devoted to realization.

This way first two aashrams are devoted to the external world while third and fourth aashrams are devoted to the internal world.

Their motive was to let the person experience the activity of mind and the stillness of consciousness both & take the person out of his individuality and make him one with the existence.

Attending an event is nice however if the person sticks there then his focus won't be drawn towards himself. He will keep considering that event his life and whole world.

Individuality shadows other weaker individualities, like the king shadows smaller landlords and a conqueror shadows smaller war lords:

One very successful entrepreneur has once said that either dream big and employ people to achieve that dream or be prepared to work for someone else's dream.

Individuality is about becoming taller, larger, bigger, mightier & unchallengeable. while individual is just about holding an identity.

People want employment, which can engage them and provide them remuneration. At the early stage of the career people want break. A taller individuality has the capacity and infrastructure to provide employment. At the same time he needs workforce also, so that his companies and organizations can work smoothly. To bridge the demand-supply gap, he needs skilled workforce. So he can provide the opportunities to the people to develop their own individuality. As the word economy is becoming skilled and knowledge based, so the people are getting more chances to expand and explore. This helps them

to develop their Individuality in a better way. This is how taller individuality helps the budding individualities, to reach to a certain level. After attaining a certain height, it becomes difficult for them to rise even further in that organization. As under a huge tree, other trees don't get enough light and space to expand. So if they are ambitious enough then they have to break away and find a new ground to develop.

A person's experience increases with time. His experience make him more capable to deal with the challenges of known origin. However if he keeps reinventing and updating oneself with time, then he becomes ready to take up new challenges as well. This ultimately helps the organization to start newer operations. The organization provides the resources while he brings in the skills. This becomes a Win-Win situation for both the organization and the individuality. If the Individuality decides to become an entrepreneur then he has to arrange for the resources and the finance. However accepting this challenge and amassing this courage adds a new feather in his cap. Thus he takes his individuality to all together a new level. This makes him an owner. Every employee aspires to become an owner one day . This is where everyone's individuality wants to take him to.

Mental & eternal identity:

Identity given by the mind, pertains to this world only.

To experience the world, one has to adopt an identity provided by the mind. Which is not possible through the eternal identity.

To connect the one with the world, mind creates an identity. This identity becomes a medium through which the journey called life & related experiences are made possible.

We can establish our connection with eternity through our internal identity only. Eternal identity serves as a password to the gateway of eternity. The world recognizes our physical identity and the name while the eternity recognizes our that part which corresponds with it.

Mental identity makes us a citizen of his country while person's eternal identity conveys him that he is a part of the eternity. Mental identity reminds the person about his limitations while the eternal identity lets the person know about his expansion. Any visible identity can make the person tall and broad however It cannot make one free from the limitations of his physical structure. On the other hand, person's eternal identity is so minuscule that it cannot be seen through the eyes and gauged through the mind. It can only be seen through internal minute vision. Everybody has different mental and physical identities however everybody has a one single eternal identity. Mental identity is about personal identity. It lets the person understand that he is a member of human race and is different from everyone else. This is the reality and mental & physical identities are about reality. On the other hand eternal identity is about the truth. It dismantles all the differentiation and divisions and lets the person know self and all. Eternal identity abolishes all sorts of gender, geographical, cast, race, social, political, religious, age related identities and makes everyone stand at a common ground and share a common identity. Eternal identity makes the person free from dependence upon senses and mind to establish one's identity.

What a contrast!

Individuality looks forward to future. Individual expires in the future:

Individuality loves future. It wants to see many things happening before his eyes. That is why it looks towards future. Only future can address the unfinished agenda of individuality. So the focus of individuality remains fixed at future.

Till the time individuality exists, it keeps looking towards the future. If the focus has been set at the future then body will have to co-operate with Individuality. The desire drags the individuality towards future, so the body has to carry its sensory and motor organs to the future. Future can be planned in mind however it can only be witnessed through the body. If an individual wants to develop and push forward an individuality then it wants future too. Individuality wants to express itself, at the same time it wants feedback also. It wants that activity should continue. Individuality is a workhorse. It wears responsibilities. It wants to see all of his responsibilities being completed. As the individual moves towards the future, the physical ability keeps declining and reality of aging process start becoming evident. Individuality may have numerous plans however the physical reality of the person remains unsympathetic towards them. Mental planning and physical reality are two different things. Planning and their completion are two different sides of a river. Between these two sides there exists a river of time. Individuality wants to reach on that side and witness the completion by its own eyes. However the physical presence is not under the control of individuality and its plans. Thus physical presence and individuality become two different aspects of same person, which demands balance. The person becomes so involved with these two aspects that he is not able to look beyond them. Love and truth are beyond these two poles. This is an example of how duality works.

Why balance is needed in relations?:

Relationship is like walking a tight rope. It's a journey between two individualities, so the balance is needed.

Individuality wants to establish relationships while maintaining oneself. Relationships can be established with whatever we are. It doesn't necessarily

demands a sacrifice, for the sake of establishing the relationship. In this condition the focus is bound to get divided. The majority of focus remains on oneself while a part of it remains invested in relationship. Relationships demand attention.

At any point, if relationship feels that it is not being attended properly, then it starts losing the warmth. During the course of relationship, if something happens, which is considered an assault on individuality, then it is highly likely that relationship gets strained. Person feels that his first priority is his individuality. Newly established connections are because of this individuality only. In any challenging situation, ego comes to protect the Individuality.

In any relationship, individuality demands respect. Whenever it feels that the due respect is not being provided to him, he starts avoiding the contacts. He gets distracted from those relationships.

He considers it a bad experience and start looking for new relationships, or just starts maintaining a distance. Many a times person take the neglect as a challenge and starts working on his individuality even harder. He wants to take it to that level, which would draw spontaneous respect from all directions.

Whenever there is a demand for balance, there is a challenge as well. Every challenge needs attention. If either of the party, in the relationship is driven by humility then it becomes a great learning experience for the another side. Humility doesn't protect its individuality with ego. That is why they are more devoted towards the relationship. As it don't ask for respect for maintaining the relationship, as humility considers it as a duty. They just remain devoted towards it. However these kinds of examples are fewer in number. These examples are more seen in personal relationships. While social and professional relationships do demand respect.

All these requirements, make relationships a balancing act.

However your journey up to truth is not a balancing act. It is total surrender.

Individuality gets knowledge. Consciousness gets wisdom:

For knowledge one needs to be active. For wisdom one needs to be receptive.

The source of information for individuality are books, while for consciousness it is purified intellect. Senses like eyes, ears and touch and a mental faculty called intellect is required to gain knowledge. The source of knowledge is external, while that of wisdom is internal. The information related with the Civilization, culture & science are there outside. While the explanation & guidance related with life are present within and they erupt from there only.

Mind can search for information from all around the world. It collects and stores them in memory and other external storing devices like books and electronic chips. There are books available from sages and wise-men, which are full of wisdom. They are like food for our spiritual side. However the characteristic of wisdom is that its origin point is within. Individuality aspires for knowledge and for that it looks for teachers. However every individual's guru is within and when he appears, wisdom follows automatically. Wisdom is that gift which is provided by the Guru. Spirituality is about self study. Knowing world and leaving self is just half the work done. The cycle becomes complete when both are there.

Individuality wants the support of knowledge to build & develop itself and to claim its place in knowledge driven economy. Being a part of the economy is required to sustain oneself and associated infrastructure.

However wisdom is required to quench our inner thirst. When person enters into the nature's flow and the cycle, then he just becomes like a riverbed through which the information related with nature start flowing.

Knowledge connects us with the world while wisdom connects us with the existence. Knowledge makes individuality taller. A tall individuality is always respected in society and sets a benchmark for others to follow. There are

multiple sane individualities in the society, which keep maintaining the balance between the evil forces and the sane forces.

Truth and nature let every individual go on this joy ride called individuality:

On a joy ride person prepares himself for the experience. In those moments the ride becomes his focus point. He leaves his past and present behind to proceed on this excitement filled ride. He prepares oneself for the uncertainty and ups and downs. As the ride is full of excitement, so he prepares oneself to adjust in changing scenario and keep the patience, till the time ride gets over. However he loses his patience many a times and cries in excitement or fear. During the ride either he becomes comfortable with it or develops fear from it. Developing the fear means strengthening own subconscious mind as all the fears reside there. Developing a liking, strengthens the conscious mind. A strong conscious mind, remains active throughout the day and remains vigilant also. During its period of activity, it keeps on searching all those things which it likes. As it wants to experience them through his senses. So it encourages the person to visit those places, where probability of finding his favorable things are high. It also encourages the person to avoid those places, about whom it is uninterested. We treat our favorable and unfavorable things differently. This treatment sows the seeds of karma. These seeds gradually convert into a plant and then start fruiting at an appropriate time.

These fruits are binding in nature. So the person has to be present in that future moment, when the fruits are ready. Then only one will have to taste and relish them. So this journey of individuality creates something, which is binding in nature. Binding means person has to accept them, irrespective of his choice.

When the person chooses one piece of time, another piece of time is served to him, which he has to accept.

However, during the journey of individuality, truth and nature are always there. They keep watching and at the end of this joy ride, always present there to receive you. You are not left alone for even a fraction of micro second. As the person on a joy ride is occupied with thoughts, fear, excitement etc. That is why they go unrecognizable & one loses his sight from them. One fails to connect with the ones, who are always around and within them.

Individualities drag one out of present:

Present is one's home. Only present makes one fully contained and relaxed. You realize yourself in present. When in this very moment, you are in sync with yourself then why would you need any future? Only your individuality has interest in future. One may keep on running in past and future however one's journey finally becomes complete in present only. This moment may come in this life or some other life. The day you realize present, you lose interest in future. Just like the day you find home, you lose interest in rented house. Own home provides that liberty and peace of mind, which a rented house cannot provide.

Individuality is a cover, which is present around the person, when one is situated on the grounds of the past, today and future. A person is supposed to wear appropriate clothes, once he moves out of his home. People try to distance themselves from the one, whose dressing sense is considered uncivilized. Similarly one has to wear the cover of individuality, when one comes out of the confines of present. Society recognizes individuality, more than the individual.

As the person enters home, he is no more obligated to dress according to the society. Now he can change and wear something which is comfortable. Society judges the person on the streets while home is a private place.

Once the person gets the chance to come out of the shell of individuality, then he comes to know about his true self. This transformation is invisible. No one except the person comes to know about it. Now he has more clarity about oneself and the life. Whereas society keeps carrying the image of the person's individuality and continue considering him an individual or individuality.

Present doesn't need the shelter of individuality. Individuality is that glass on the eye, which selectively focuses on certain parts of the picture called life.

To every action there is always an equal, opposite and instantaneous reaction. Then why the answer is always delayed ?:

Because between question and answer, individuality is present and it prevents both the compatible poles from meeting with each other. Individuality is made up of karma. Karma is the work done under the influence of mind and intellect. Action and reaction belong to one single dimension.

That's why reaction is instantaneous. While the question and the answer belong to two different dimensions. So to reach from question to answer, one needs to undergo self transformation. Identity gets transformed into attainment. Identity has questions while attainment provides the answer. While maintaining oneself, individuality can acquire. However to attain, one needs to dissolve the identity.

We actually don't want our answers.

We actually want no questions however till the time we are bound with our identity, we don't even know this fact. So we keep searching the answers because mind is designed to search. We have an identity and an individuality however we have questions too. This means the identity that has been provided

to us is not helping us with answers. As our individuality and ego become stronger, our stack of questions keep piling up also. We look for the answers, not the person who can answer them. In reality we won't get fully contained, till the time questions are bubbling up within and they are not being converted into answers. One wants to achieve that state, which is full of answers. this means we are itching for self transformation. Peace is a state, where questions seize.

Questions which are related with knowledge get answered by teachers. We have those sort of questions, which cannot be answered by knowledge.

We want to know that why do we have the questions. In fact our questions are the symbol of our journey. Throughout our journey they keep accompanying us and reminding us that journey is still on. They are actually the reminder that something is missing and that something is self. Self doesn't go on a journey as it is a stable part of us. Our mind is the traveler.

Image is the projection of individuality:

Individuality is about the individual and the activity of his whole package. While effect of this activity on other's minds is called an image. Image is about other's imprint on own mind. Wild imagination is about mind's activity which creates a motion picture within the brain.

Image is about a person's effect on others. One's image can affect another person's life in many ways. People become friends and followers, opponents or foe, just because of the effect of person's image. With the person's ongoing activity, his image is subjected to alterations.

Remember when this person was a child, no one was his follower or opponent. a child can not affect a person positively or negatively. Because he only radiates innocence and love.

These images in mind encourages the person to imitate, support, oppose others. Individuality leaves its image in other's minds while a character leaves its impact on other's nature. Image encourages while character inspires. Individual stands in the middle. On its one side individuality is present while on another side character is there. The decision to move in either the directions, depends upon person's internal inspiration. Other's can motivate or encourage according to themselves. However it's person's internal inspiration, which works as a fuel and drifts the person in either the directions. Motivation encourages the person to intensify his efforts to achieve his objectives. Objectives belong to the mind. Motivation can't help the person the way inspiration does. Inspiration comes from within and person spontaneously starts working in that direction.

Person's continuous efforts towards his work and unflinching devotion towards it, keeps enhancing the persons image and takes it to the next level.

When admiration towards that image crosses a certain threshold, then the person is considered an icon.

Icons are considered a brand by market. While followers or lovers keep considering that person an icon. The brand is used by market for product endorsement.

The reason of image formation is that people around us has sensory receptors, which keep on collecting the information from their surroundings . After analyzing them they keep categorizing them in the category of normal and special. They keep following the activities of those special ones and thus an image is finally formed.

Why do people get affected by others and love to follow them? Because people look for success stories outside. They know that achievement is not easy. It needs dedicated focus and minimal distractions. Many a times we struggle to keep focusing on our objective and are often taken over by multiple distractions, which dilutes our efforts. Another reason is that we keep interacting and keep

leaving our effects on each other. We have our opinions as well. So we keep vigil on the fact that who are of similar opinion and who are not.

Individual has the ability to recognize and embrace love more easily than an individuality:

Individual is simple while individuality is complex. An innocent child knows it better than what love is. Till the time the child is innocent, which means he is just an individual, people want to be with him, just to feel the love. This innateness is provided to the child by nature. This spontaneity is about love which can be earned in the life as well. This earning stays with person. Everyone has to earn it, to taste it. It cannot be transferred from one person to another person. Individual doesn't want to conquer the world. He just wants love. Love cannot be achieved through ambition. Individuality wants someone, through whom it can feel love. If individuality is fortunate enough to feel the love through a person, then it starts considering that person synonymous with love. Losing this person means losing love. So it becomes a matter of emotions. Retaining that person becomes an effort. An Individuality is dependent upon resources for its richness. Whereas a simple individual is much more richer, when it comes to love. Love and simplicity are correlated.

An individual is better at recognizing love as well. As soon as he recognizes it, he embraces it readily. Rama could quickly spot love in Shabari. Hanuman and Kevat could quickly spot love in Rama. Krishna could quickly spot love in Sudama.

Individuality can quickly spot physical beauty. Till the time physical and material beauty remains in person's focus, till then he keeps missing the love. As the focus is somewhere else. Many noted people have said it categorically that it is difficult to be simple. Which means it is difficult to be just an

individual, when your individuality is standing just beside you. an individual just wants that his needs should be fulfilled and apart of that it is just about the love for him. He wants to see that love is being produced in him. When the person becomes able to produce love within oneself, then he becomes self dependent in true sense. In this moment all of his wants get extinguished. Love is about power. Which is distinctly different from matter and energy. Love is rare and most difficult produce. Ambition remains too far away from Love. Individuality is in the middle. While individual is pretty close to love. Individuality searches for love. Individual feels love. Nature showers love.

Take the individual out of an individuality, the word that remains is ' ity' :

In Sanskrit it means an end. When you take an individuality out of an individual the thing that remains is vacuum, zero, noneness. Flight of individuality is like flight of a plane. It takes off and it has to land. Flight of consciousness is flight of a rocket. It takes off, reaches in space, marches ahead and merges with eternity.

There can't be an individuality without an individual. Give birth to an individual & an individuality will start developing under the influence of his mind. Individual becomes a tool of mind to develop an individuality. Mind has such a level of activity that it cannot stop itself from doing anything. It is known to be active. Mind has intellectual and natural resources at its disposal. Such a great processor in the form of brain is there, which works under the influence of mind. This mental activity is bound to bring change and develop something. Birth produces an individual, while life gives birth to an Individuality. So the environment called life is so fertile for the development of an individuality. All the possessions, which a person acquires in his life are through his individuality

only. When all the ingredients (mind, intellect, ego, brain, skills, talent, physical appearance) which a person contains within himself are put together, then their amalgamation and their ability to operate as a group, is bound to develop something for the individual. Their collective effect is called individuality. Individuality is not a finished product rather it's configuration is dynamic. Which means it is continuously active. The classification of time as past, today, and future corresponds to Individuality. This is how an individuality looks towards the time. As it is always functional so it divides the time according to the activity. Those activities which has been done are put under the wings of past. The activity which is currently ongoing is about today. While the activity which has been planned is termed as future.

As individuality is the effect of the amalgamation of all the constituents and all the activities are executed through body. That's why Individuality considers body it's inseparable part.

Through devotion, in the form of tears, individuality keeps melting down and flowing out:

The focus of an individuality and a devotee are different. The focus of an individuality is on the ongoing activities and their outcomes. That's why the individual has to remain attentive. While devotee floats in devotion. Which takes away the stress of being attentive. Devotion is not dependent upon physical senses, for the sake of its focus. It can achieve its focus through silence also.

Devotion feels that it can connect with his lord without the help of senses. Through devotion person drifts away from the canopy of individuality. On the contrary of drive for possessions, devotion is about surrender. Individuality is the movement towards the emotions while devotion is a drift away from

emotions & towards emotional stability and quietness. Devotion doesn't look for affection from an individual rather it looks towards the lord, who is formless.

Devotee uses his senses to strengthen his devotion. He listens the devotional songs, he uses his eyes to get the glimpses of his lord in pictorial or idol form. Uses his voice for mantra chanting or singing the devotional songs. Through nose he inhales the fragrance used in temples. He is drawn towards the sustainable life than the lavish life. Individuality lives for oneself while a devotee invests his life into devotion. He feels that he is secondary while his lord is primary. On the other hand Individuality thinks that he is primary, rest is secondary. There is a unique thing about devotion is that many devotees have just one common lord. While every individuality has its separate possession. So devotion doesn't shy away from sharing. Devotion teaches the devotees to love one common lord and they don't harbor jealousy with each other. While individuality is more specific. It clearly wants to know what is mine and what is not.

The fruits of individuality has to be passed on to a successor. As individuality doesn't want to lose it. That is why it wants to pass it on to the chosen successor.

On the other hand the fruits of devotion are formless, so they cannot be transferred to someone else. They remain with the devotee.

Religion is for individual, not for his individuality. Religion is not to flaunt.

It is personal:

Religion and ambition are two different pathways that go into completely opposite directions. When individuality decides to do next big thing, it is always an ambition. Individuality has belief that there is a divine force, which fulfills the wishes. it wants to connect with that divine force in multiple ways. And

expects that it should provide the solution of the problems. On one hand mind has wishes, while on another hand it has belief. So it wants that its belief should help in fulfilling the wishes. However the individual hidden in the individuality wants religion. An individual is driven by nature. So he looks for the proximity and love with eternity. He looks for the soothing aspect of religion. He wants to experience the happiness related with the service of the God. He wants to experience the trance state, which could be achieved through devotional songs. He feels that he has come to a place, where he can feel the drops of happiness and love. So for a certain period of time in his daily routine, he wants to disconnect with his individuality and its associated works and submerge oneself into the flow of devotion. When belief deletes its wishes, it transforms into devotion. When faith acquires more humility and becomes more kind to others, it transforms into devotion. from belief to faith and from faith to devotion, person becomes more accepting while continuously losing the rigidity, which belief harbors. He gets the help of conscience as a guide. Now he is no more dependent upon the instructions passed by scriptures or suggestions of others. Now he can easily see what is right and what is not.

Now he doesn't feel any need to advertise and boast about his belief. When he becomes a devotee then he realizes that how personal this relationship is with his lord. He comes to know that he got to taste the nectar of happiness, when he established so private and personal relationship with his lord.

For example when the person feels that Krishna is the idol, which is placed at a particular place, or it is about worshipping at a particular place and time, then it is belief. When he feels that Krishna is an avatar and the symbol of religion, then this is faith. Ultimately when he realizes that Krishna is about love and light. This is devotion.

Dreams too has the connection with individualities:

If we see someone fighting with us in dreams, it affects our perception about that person for very short time. Or if we think, meet or imagine about someone, that person may appear in our dreams.

Our imagination has the capacity to affect both our actions and dreams. Imaginations are guided by mind. Whereas dreams appear spontaneously while sleep. Daydreaming is related with those imaginations which are non sensual in nature. Like sensual imaginations these daydreams are pleasant in nature. In these dreams person finds himself in better surroundings and in better condition. He finds himself in a complete new scenario, which is different from his present reality. It takes years of sustained work to change the person's existing reality. Daydreaming cannot change the reality instantaneously however it can provide a complete new set of feelings which are pleasant. Person may want that these imaginations and associated feelings become the reality of his life. Person feels encouraged to pursue these dreams or at least give them a try. Motivational gurus have been advising that dream big so that you can achieve big. Whatever we see in our imaginations and dreams, we try to replicate them in real life. Person's all mental resources get stimulation to work coherently and try to realize the dreams.

A successful individuality keeps dreaming and keeps working to realize them. Mind wants some stimulation which could activate it. These dreams work as those stimulants. The difference between thinking and dreaming is that thinking is in voice form while dreaming is in pictorial form. Any dream activates the planning and pooling of the resources. This is how the progression takes place. Many a times parents plant dreams in child's mind early in childhood. Which gives a particular direction to the child to start walking. This helps them to prepare well and focus on their objectives. If child accepts parent's dream wholeheartedly then the chances of confusion get eliminated and seeds of a successful individuality gets sown.

During sleep, the person is out of the effect and implications of his own individuality. Whereas When individual is gone however the image of his individuality persists in others memory, it's called death:

Like sleep is the mandatory rest similarly death is a mandatory samadhi. Individuality is an outcome of person's efforts. All the efforts ceases during the sleep. Mind and body both go to rest.

A child doesn't want to sleep because playing gives him great fun. An individual doesn't want to sleep because either he is busy in his work or he is involved with some of his addictions. A child and an adult, both of them may not want to sleep however whenever they sleep, they are unanimous on this point that sleep provides rest to both body and the mind. Sleep provides the rest to everyone from all the sufferings. During the course of life sleep is a great leveler. A person in palace or in jail, both are equally eligible for it. It is made available to everyone.

While death puts all the sufferings of the life to the rest. Once the person wakes up, individuality again takes over and becomes active. Now the day gets devoted to the individuality.

The whole day of every person is divided into three parts.

Activity, entertainment, sleep. Person goes to sleep which means becoming dormant, when it's night. And he wakes up at the break of the day and again becomes active. This means there is a relation between the person's activity and the light. Mind becomes active in the presence of an external source of light. Individuality is a work in progress. As soon as mind becomes active, work on individuality get started. In the normal course this work on individuality keeps on happening, till the time the person remains alive. Jeeva is the seed of individual while individual is the tool of individuality. So indirectly individuality is the work of Jeeva. This process of individuality development is

put to rest, when Jeeva goes through transformation. Which is called enlightenment.

Death doesn't erase the person's image in other's mind. Even after the physical appearance is gone, individuality lives in the form of image in other's minds.

Face is for recognition and helps in crafting individuality. whereas no tree has a face, which is an identity nor they crave for recognition and individuality:

With the evolution of life, evolution of face has also happened. Humans and a section of animals have face. The features of the face developed along with the evolution of life. Humans got distinct and recognizable face. Gradually brain also developed to such a level that it can recognize and remember the faces. So this face-brain combination gave mind an idea that being recognizable is a strong pillar of person's identity. Every person gets a distinct face and some distinct qualities, talent and nature. This means through the efforts and utilization of all these gifts, person can build something unique for himself. Mind acts while society encourages. A class filled with students, is actually filled with budding individualities. In fact, all the schools are filled with budding individualities. Parents make them available all the resources, which are required in their endeavor. They also want that their child should achieve this feat. Whole social environment provides a fertile ground for individualities to develop.

On the other hand, if we look towards the nature, it is filled up with countless plants and trees. As the physical development is seen in animals and humans, similarly a plant develops and takes the shape of a tree. A tree enriches the whole environment. Plants and trees support the animal kingdom for sustaining

their life by providing them with the food. We don't see trees having individuality while we witness their immense productivity.

Human form of life is dependent upon the plant life for their sustainability. Whereas the plant kingdom doesn't require such support from humans. Plant kingdom is an eternal donor while humans are at receiving end. Plants don't have mind however still they are productive. Which means productivity is independent of mind.

Because of absence of mind, plant kingdom doesn't undergo sufferings, which are the hallmark of the mind.

Absolute is inversely proportional to individuality:

At the start and end of individuality, absolute exists. If we walk towards the start of individuality (towards our center), individuality dies first and then the individual. If we keep walking towards the direction of reinforcing our individuality, then in most of the cases individual dies first and individuality lingers on. In rarest cases individuality is broken away from individual before individual's departure and individual feels the taste of liberation during his life time. This phenomenon is called enlightenment.

When a child gets separated from the parents too early in childhood, then he remains confused about his identity. So wherever he finds affection, he accepts the identity provided from there. Gradually he develops affection with that identity too. However it is still an adopted identity. The real identity is related with the parents. Mind wants to hold his identity firmly. Before this he wants to know exactly, what his identity is. Once he becomes convinced, he becomes firm too.

Till the time, parents are different, children's identity has to be different. This distinction in identity, gets developed in the form of dynasty.

In case, if our parents become same, then children's identity also becomes same. Which happens on the micro level. As one life facilitates the birth of another life, so on macro level, the branching is inevitable. This is how people live with separate identities and keep advancing towards further separation. This blood line separation leads to mental differentiation as well. This is how one proceeds from absolute to absolutely different.

On macro level parents may be different, however on the micro level parents are same for every single Individual. As they reside within the person and hold two different poles of his axis. One pole belongs to Shiva and another pole belongs to Shakti. Even if we don't name them, then one pole belongs to the father while another one belongs to the mother. They are named Shiva and Shakti, just to elaborate upon their characteristics. Shiva holds one pole, while Shakti travels upto Shiva. Shiva is the gateway to absolute. The internal journey paves way to eternity.

As our identity is drawn from parents, so as the person comes to know about the eternal parents, his eternal identity gets revealed.

Possessiveness exists between individualities. Care exists between two individuals:

Anyone who starts taking care of himself is an individuality. Level may vary, from lazy to diligent however it is still an individuality.

Individuality feels insecurity, this is the reason that it feels possessiveness. Service gets exhibited in the person, under the influence of divinity. Possessiveness wants to counter uncertainty and insecurity. Individuality is projected as an image. Even if there is some discrepancy at the level of individuality, person tries to block its effect on his image. Person tries to keep his image spotless. That is why one tries to hide the weaker aspects of one's

individuality. Person has a possessiveness for his image also. Possessiveness connects the individuality with his earnings. Our insecurity tells us that the person may lose control over his earnings, so he needs to be possessive about that. Possessiveness keeps the person engaged. There is no point in earning and losing it unnecessarily. Possessiveness is an effort. While care is considered one of the ways of refining self. A person feels that it's his duty to take care of his family. While a human being feels that it is his duty to serve the needy in the hour of the need. Possessiveness is related with retention while care is related with maintenance.

Whenever the comparison happens, individuality exhibits what it possesses. Charity is related with care. On one hand Individuality wants to progress, while on another hand individuality wants to keep possessing whatever has been gained. This is how an individuality always remains active and vigilant.

Individuality has resources and relations while care is the acknowledgement of need and disparity. Possessiveness is related with taking care of self interests. Care accepts compassion and a sense of duty. With all of its possessions, an individuality tries to influence other individualities. So that a sense of respect for oneself can be generated in others. Individuality believes that if I have possessions, then they should be exhibited.

One needs a religion when individuality's limitations start getting evident.

Religion is a path that leads to self:

Post developing an individuality for ourselves a person either moves towards his ambitions or he takes an about turn and takes the path of religion to move towards peace.

Individuality is a milestone to be achieved however it is not an ultimate destination. It largely depends upon person's internal configuration that in which

direction he leans towards. while developing or sustaining an individuality, person has an idea that what interests him and what his natural tendencies are. So he automatically starts exploring and showing curiosity in that field. Anything that dilutes the effect of mind on the person is religion. It makes the person more natural and spontaneous.

It becomes duty of the child to work on his individuality as they are the responsibility of their parents. Parents want their children to be responsible by developing self sustaining capabilities and if possible, to develop an individuality for themselves. It's a matter of pride for parents, if their children develop an individuality for themselves. So once this essential duty towards the parents gets fulfilled, person is free to move ahead on his natural path. Because it is the natural path, which makes the life meaningful. It is a matter of fulfillment for the person, if he is able to make his life meaningful. if the child is able to do that, it becomes an inspiration for the parents as well, to follow their respective natural paths. This gives them an opportunity to dissolve their emotional attachment with their children and grandchildren. This becomes an inspiration for the future generations of the family and the society as well.

Marriage is the association of two individualities, who are being committed to each other:

The association of male and female is the association of strength and power. Males are provided with the muscles while the females are provided with the power of regeneration. Mother nature is the provider. Male and female are two parts of one same picture. To produce a new life, this picture needs to be completed. In the modern world, both of them get a chance to develop an individuality for themselves. An individuality is a full unit in itself. Two half parts complement each other while two units adjust with each other. Now it's no

more an association of a male and a female, who are searching for their completeness in each other. Now it is no more about mutual dependency rather it's about mutual support nowadays. With the advent of individuality, it's no more an association of compulsion rather it has become an association of choice. Earlier it was more about mutual regard while now it is more about mutual respect. Individuality seeks respect while a character seeks regard. Individuality is not about male or female. An individuality is an individuality, which is free from gender affiliations. That is why it may stand against each other. On the other hand female cares for male while male supports female.

Through her care female makes male stronger while male makes female complete by playing his role in her conceiving. Male and female are mutually dependent while two individualities are mutually committed. An individuality is self-sustaining that's why it considers itself a complete unit. While male and female know this fact that they are mutually dependent. Male is dependent upon female for his future and offspring while female is dependent upon male for becoming mother and complete.

Deities are for individualities because people ask for fulfilling the wishes from them. Whereas the God is for seeking self-enquiry, truth, peace and love:

When nature provides us everything which includes the physical presence, power, energy and resources then what deities do? Deities are related with the divine aspect of humans as well as the nature.

Humans have wishes because they have mind. Mind goes to divinity, believing the fact that divinity has the potential to grant those wishes. This means that divinity and the material world are inter related somehow. There is a feeling that divinity can get the things done.

Another factor is that humans exist within the periphery of duality. Mind wishes and hopes that everything goes smoother always. Which is not possible with duality. As it keeps changing its effect with changing times. So things change and with that change, emotions also go through change.

Mind doesn't like sadness and sufferings. It refers to be on the better side of duality. However duality is like a mixer. It keeps mixing those things, which are there in its box. So unwillingly people has to go on the wrong side of duality, which is suffering or difficult time.

Mind wants to stay away from them. So it wants a go to place, where it gets a patient hearing. where all the difficulties can be narrated and solutions can be asked for. People recommend places among themselves, where their wishes came true. So they like to recommend others to go and try there. It is not about faith, which stays fixed. it is about fulfillment. Wherever the wishes are been granted, reach there & try there.

Whereas God is about love, stillness, modesty, patience, purification of character, devotion, surrender, clarity of vision.

In our world, happiness could be achieved by bridging the gap between individuality and diversity:

Our world is the world of distinction as it is developed by mind and produced by nature, which is present there in everyone.

There are a trillion of faces present there and all of them are different from each other. People have different fingerprints. There is no end to variety.

Whenever the mind sees distinction, it sees the opportunity too. The opportunity to take over. The opportunity to expand. The opportunity to impress. So there is a possibility to do a lot & the possibility of keep achieving. Through the way of action, an individuality has the chance of becoming something new. Till the

time the person has power within, he can remain active. The thought of becoming something excites an individuality. One feels charged and geared up for action. Action wants to accomplish and achieve. As it wants to register its presence in every mind. It is the way, it wants to exhibit its efficiency. When any wish or desire gets fulfilled, mind feels happiness. Which means for the mind, happiness is wish, desire or accomplishment specific. It feels that it cannot become happy, till the time it's wish gets fulfilled. The time gap between conceiving the wish and its fulfillment is filled with excitement or anxiety. Efforts are endless while the time of physical presence is limited. Mind wants to quash every limitation. It loves the variety however hates the limitations. One who loves the expansion, hates the limitation.

Love has this unique ability to melt down the differentiation. Love spreads beyond humanity. It can establish the bond between humans and animals. Love is not an act. Among living beings love can be expressed through care.

Identity:

Person's identity is related with the fact that in which form he exists, he is identified by one's which part and what kind of his surroundings are?

Form is the outermost covering of any kind of life. Life broadly exists in the form of trees, animals and humans. Plants have vast diversity, animals too have millions of species while humans have a different form than rest of the two. All these forms of life look different from each other. Differentiation in the outer form is a reason of diversity. During birth a life is born, which carries an identifiable form, which is visible. So birth provides a new living identity.

Second element is the mind. Mind has control over the senses. Through senses mind identifies the outer form and thus it creates an identity for oneself. Third thing is the surrounding, which means where one finds oneself. On the earth

plants, animals and humans all are present. So if someone has a thought producing mind and a physical form, which replicates a human being, then he is human and if one finds plants, animals and other humans around, then he is on earth.

This scenario is just one part of the picture. Which means it is not complete one. One person goes through internal transformation, then he witnesses the absence of thought producing mind or completely new mental environment, which is hard to explain as it is devoid of matter, absence of emotions and absence of variety as well. One doesn't find any form around oneself as every form is made up of matter only.

Identity has multiple layers. There is a relationship between the identity and its surroundings. The way religions elaborate their heavens, it appear quite different from what person sees here on earth. The way different 'lokas' are described in Sanatan dharma, their surrounding appears distinct and quite different from Earth. It is specified that some lokas are 'jeeva' specific and some are 'soul' specific. Which means they have different forms. 'Kaivalya' is a state where differentiation cease to exist. Multiple consciousness exist separately while being covered by a halo and the medium which remains present between and around them is a vast darkness. This is a state where light is within and darkness around. It is a state of great happiness. On earth darkness resides within while the light is present all around.

Life is a journey of individuality. Beyond individuality there is only existence. Which encapsulates nature and truth:

Truth is like the axis of this whole creation and every form of life. While nature is the creator and sustainer. All the creativity originates from nature. The whole cosmos gets governed by the truth and the various elements of nature and nature's power. Both of them are imperative to give birth to an individual.

However on the another side, the thing which takes shape is called an individuality. Earth is a house of trillions of individualities. Considering the whole time frame of the cosmos, an individuality exists for a fraction of time. The nature and its elements & power are eternal. This means that the bubble of individuality is so self fascinated that it remains unaware of the sea of eternity. Building up of an individuality needs great efforts. Person gets so consumed in his efforts that he overlooks this magic of nature, in which she prepares a living human being which can function and operate. This biological machine called body is a real magic. At the same time, it is filled with enormous secrets of the nature and existence. So while the person is living, he gets a chance of knowing the eternity, if he wishes so. On the other hand, life is a supermarket of experiences. It is filled with variety and opportunities.

It entirely depends upon the person, which way he wants to proceed. World is visible and its offerings can be bought or earned while truth is invisible and can only be attained. Person's surroundings encourage him to follow his dreams and milestones, which has been established earlier. While it's the person's nature, which guides him in life and earlier quest, which helps him as his destiny, or the person's active efforts which come innately. All of these factors make the person move towards, to unravel the mysteries of life .

Individualities keep memories as treasure. There are no memories beyond individuality:

Individualities go into memory. Written memory is history.

Memory stores all the person's actions and happenings as well. All relationships which the person established in life, remains stored in the memory. Memory is a store of all the activities done by the person and experiences he collected in life. As well as the rough and smooth time periods, which the person passed through.

Memory is the person's private reservoir. It is the personal collection of moments. Memory keeps them stored in the form of pictures and words. Person interacts the world through his body while he interacts with his connections and relations through his memory. If an old man is asked about his life, then he will go back to his memory to recite the incidences, which he had been involved with and those time frames, which he has been a part of. An Individuality starts its journey as an amateur and gradually moves towards maturity with time. One thing is common between an amateur and mature is efforts. The efforts of a amateur are little raw while the efforts of a mature person are more fine. Person's thoughts, efforts, outcomes, struggles, hindrances, failures, his approach, success, people's reactions , other people's role, their generosity, opportunities etc. These all information remain stored in his memory. That's what he shares with others, who are interested. A large part of his memory goes away with him only. What is left behind, are those pieces of memory which remains present in the associated people's mind and the things which were unique to him. Like his inventions, philosophy, scientific and artistic works and institutions. The thing which exists beyond memory is affinity. While beyond the finite exists love.

Life will either be the representative of individuality or it will be the medium of truth:

So the real question is that who controls this tool or machine called body? The person's identity is because of his body. The person's deeds are because of his individuality. So to execute his deeds or ideas, mind need some medium or machine, which is body.

So the Individuality remains functional through the body only.

Life is person's script while identity is person's story. Individuality becomes helpless without the body. It means that if there is a separation between the person's individuality and the body. Then in that case body ceases to exist while individuality lives on. This means the seeds of individuality are still there. If the seeds are there, then they will give birth to a plant, when time becomes favorable. This means that seeds go dormant and they become active again. Till the time seeds doesn't ripen fully and get defragmented, the process of giving birth to a plant will continue. Nature constructs a body around that seed, which means giving birth to a new physical identity, while seeds give birth to a new individuality in this body.

This process goes on till the time, person goes through an internal transformation. Post transformation something drastic happens. The body which is used to be a tool of individuality earlier, becomes a tool of person's nature. Retaining consciousness as a witness, the treasure of person's internal nature start flowing. the quality of output pre and post transformation gets drastically improved, while quality of intake through the senses gets decreased pre and post transformation. This is like reversing the cycle.

Everybody has two identities. Outer identity and inner identity:

Outer identity is created by mind with the help of body. It is own temporary identity & it is for the society as well. Society recognizes only the physical presence.

It keeps changing in every life however the inner identity is the real identity. It remains fixed and never changes. Outer identity is called individuality. Inner identity is called the truth.

Our outer identity is what we acquire through our physical presence. With the person's physical presence, society becomes convinced that it is you. For

society, physical presence remains the fixed identity. Even the person gets to believe this and substantiates it, through his deeds. A stage comes, when person's social identity fails to convince him fully. Even after having a physical identity, person keeps on searching who he is. Person's physical identity acts as a reality however it is not his truth, because it is not eternal. It's our mind which goes back to past or future however person's body exists in reality. Person's presence in the world is his reality. And this presence is through his body. Body keeps existing in the current scenario, which is different from the present moment. So body becomes the person's reality however his mind has his story. This story runs from the past to the future. So the birth is a reality, body is the reality and death is also a reality. The physical presence is about the reality. Our outer identity is controlled by mind. It is his journey.

Person's outer identity is the mixture of family, society, culture, geographical background, person's own internal environment which consists mind, intellect, ego, nature, conscience etc. In every life there happens change on all these parameters. So with the birth a new identity is born.

Individualities answer individuality's call. Divinity has nothing to do with individuality's call:

Individuality thinks that divinity exists there to grant wishes. In reality it is there to fulfill the needs. Needs are related with needful resources, care, shelter and love.

Individuality and nature share a peculiar relationship. From Individuality's side, the relationship with nature is completely forgotten. As individuality is completely hooked with their multiple responsibilities, desires, addictions, affections, karma fruits etc.. It wants to have control over the vast chunk of nature's resources.

On the other hand, nature remains completely in devotional mode. It doesn't matter for her that the Individuality is concerned about her or not. This is what love is. That is becoming self sufficient and remaining completely devoted. Both individual and individuality receive equal treatment from nature.

on the contrary, individual looks towards the Individuality and individuality looks towards another individuality. This means that everyone at these levels has aspirations. These aspirations drive them to look higher. Individuality remains considerate about another individuality. Different people operate at different mental frequencies however they reside in one big society.

Individual seeks divine intervention for fulfillment of his needs & sustaining his life. Individuality also asks for divine help for fulfillment of his desires and ambitions. The dimension of ambition belong to ego. Which is a complete break away from nature's way. Individuality tries every straight or twisted way to realize own dreams.

Divinity has nothing to do with ambitions. There has been a tradition of sacrificing animals for fulfillment of own demands. This is an extreme way of convincing divinity to answer the person's calls. Can violence and love go hand in hand? Still every extreme way is tried. Divinity loves sacrifices however not of animals or any life but the sacrifice of person's own negativities. This is the way, person can evoke divinity in oneself.

People select the spouse on three parameters.

In those societies, where marriage is a social phenomenon, both bride and groom go through multiple visual scanning by family members. As everyone has a say, that's why everyone gets a look, even if it is in the photo itself.

Female become the medium through whom, the whole genetic improvement can be done of the family.

(i) Physique : Looks, walk, weight, teeth, height, speech, body language etc. are scrutinized. Virginity is an important factor in closed societies.

(ii) Individuality : Education, job, enthusiasm towards work is gauged. Virginity is not that important factor as a person has thrust on his own individuality. So one wants to select a spouse who can complement her partner at the level of individuality.

Girls with individuality are considered an asset by the family as both the partners can earn and support the family financially.

Some people appreciate this fact that their partners are driven by their individuality and harbor high ambitions. As post marriage, both the partners enjoy the fruits of each other's individuality and positions.

Another reason is that, individuality provides the person a platform for work engagements. So post marriage, person remains engaged with their respective work. Thus their time gets utilized constructively. So an avenue remains open for getting the work related satisfaction as well as the financial benefits.

(iii) Nature : When the person is driven by his own nature rather than his personality, then one searches for a spouse of the similar nature. This search takes time because personality is visible first and nature is deep within. Virginity is not at all a concern because boy does not consider her lady just a female body so does the girl.

(iv) Financial gains: In some cases, people do get married for financial gains. Irrespective of their socio-economic class, there are cases, where people keep the finance angle in mind, while choosing a spouse. At this point in life, people get fast forwarded to the next class or section of the society.

Consciousness becomes free to move, when individuality melts down:

Obsession is like that glue, which keeps holding the "I" and does not allow consciousness to move inwards.

Consciousness is that part of ours, which is conscious about our inner self. Till the time individuality remains intact, person remains tied with, multiple realities of his life. The vision of individuality remains adherent with existing realities of his life. They are like web, which keeps the person attentive and involved. This is a two layered engagement. 1. the person is actively engaged through his senses. 2. he is kept bound through his karma fruits.

This is how while being engaged, person keeps on developing new webs for himself. which ensures that the person remains caught in future as well. Individuality is also a reality, when person likes this reality. Because this reality has born out of his dream and hard work. Individuality is like an envelope, which keeps hiding the consciousness within. At many social gatherings, some places are classified for individualities. Which means only dignified and important guests are welcome there. To visit these classified places, person wants to have an identity. This is how his exploration of the world gets facilitated. For example only army men can attend the party thrown by their commanding officer or unit. To become a part of those gatherings, one needs to wear uniform.

Similarly to explore the internal sky, person needs to go through internal transformation. The outcome of this transformation is that part of ours, which is minute and thus has the ability to cross those windows, which an individuality cannot pass through.

The visuals and treasures at the level of individuality and consciousness are different. Treasure compliments the visuals.

This means the visuals guide us to collect treasures. For Individuality the treasure is his position, while for consciousness treasure is the state in which it resides.

Ego ignores individuals because it wants to connect with individualities:

Ego values the desires. Simplicity values needs.

Ego deals with people on their merits. Which means there is a discrepancy in the way, it sees people. Ego harbors this complex of being superior to many. Just to justify this believe, it treats different grades of people differently. This is how ego wants to propagate his belief to others as well. He wants that people whom it considers inferior, should acknowledge his superiority and act likewise. Ego becomes dejected when it sees that people are not treating him with enough respect, which he thinks is rightful. Ego treats people with superior hierarchy with more humility as it wants to be in their good book. So ego is respectful for some and disrespectful for others. Ego loves to acknowledge others and likes to be acknowledged as well. Social hierarchy is a reality, however when the person values it too much, then it starts taking the control of person's way of life.

There are multiple realities in the society however the truth is one.

A person has two choices either he can keep recognizing every reality of the society and mould own life according to them. Or it may keep following own nature and keep moving towards the ultimate reality of life, which is the truth.

Ego values luxury because luxury is visible assurance to ego that it is moving in the right direction. Ego can see that one part of population lives with luxury while another one remains devoid of it in life. For ego it is one of the visible reality of life. Ego is not an fixed entity. It builds up and it melts down as well. While it is intact, it keeps guiding the person. Whenever one is taken over by ego, he mostly behaves in a typical way. On the other hand simplicity values the fulfillment of needs. It doesn't want to unnecessarily indulge in desires or luxury because to acquire them, person has to dilute his focus and power as well. This is how his productivity goes down and it negatively affects the

person's objectives as well. Simplicity focuses on truth while diverting its focus away from various realities of life.

Courts are busy with two things. Defining the individual rights and dealing with violation of those rights:

Whenever the individual's rights are offended, mistrust arises. Mistrust gets converted into disputes and disputes are taken to court so that the justice could be done. Courts convert dispute into justice. There is a system in place, where society reports all kinds of injustices to the police. Police registers a report, investigates and submit its findings to the court. Courts are there to look after that injustice which should be dealt with and punishment is dished out to the offender.

On the basis of individuality, society is double layered. Here both individuals and individualities are found. Individualities are well connected whereas individuals are not. One group is privileged while another group is normal. Both of the groups can offend each other. As individual has less to lose, so it may try to snatch away the resources from the latter while an individuality may be driven by ego, so it may suppress an individual's rights. Although disputes can arise between two individuals and two individualities also. Whatever may be the nature of the dispute or injustice, it should be dealt with in such a way that the trust between people and the system could be maintained.

The meaning of 'trust' is that I believe that you won't violate my rights and will conduct with modesty & dignity. Humans like to command others & accept being commanded in return of being engaged & a desired sum.

So there are chances that people can trespass each other's rights.

However God is completely uninterested in burdening self with act of dishing out commands. He sees that your mind is already commanding your 'self' then why to complicate the matter. Although there is system in place to take the person out of this cycle.

Money makes your individuality rich, not you :

Material richness, natural richness and spiritual richness are entirely different from each other. Individuality becomes richer through the knowledge, courage, person's ability to manage resources, creating wealth, maximizing our contacts, acquiring decorations and awards, advertising about oneself, making people aware of own practices and ideology, harboring desire to make followers, acquiring praise and support from the people, making people convinced on own point, harboring wish to change others, desire to become the leader of change, etc . Harboring a desire and being self motivated to achieve some objectives are two different things. Desire is driven by mind while ambition is driven by ego. While being internally motivated is the destiny's design. Which means that person becomes a tool and destiny changes the reality and brings wholesome changes through that very person.

People who are rich by the nature are self contained and self-sufficient people who don't show the signs of desires and material lust. They love to remain engaged in their natural work and are pretty much less bothered about what is cooking in their nearby surroundings. They don't feel jealous of other's achievements rather they just want to execute their work with responsibility and dedication. This show very limited curiosity about the world and like to treat people with respect and affection. People love to have coworkers and relatives like them. These people are not inclined towards extracting gains from capable friends as they are pretty much selfless. All these qualities make them so rich by their nature.

People who are spiritually rich have no demands from the life. They know that whatever that is attainable, can be attained through their own efforts only. That is why they are pretty much self dependent and prefer to remain recluse. They don't like to bother others and prefer not be bothered even. They maintain a certain distance and don't like to go too near to others. They are compassionate and generous. For any materialistic experience they don't want to dilute their spiritual richness.

Truth is free, knowledge is costly:

Knowledge is provided by some Individuality, while truth is provided by own soul. Knowledge comes from outside while truth from inside. Knowledge comes through the intellect, while truth is beyond the knowledge. Knowledge comes through energy, truth comes through power.

Knowledge is divided into multiple subjects. Teachers of those subjects, impart the knowledge. Teaching is a method of earning the livelihood. Student's provide remuneration to the teachers, while teachers provide their knowledge. As the students move towards the higher classes, remuneration increases. As the teachers of higher studies are less in numbers that's why their demand is high among the educational institutions. That is why students have to shell out more money to have oneself educated and trained under those capable teachers. So as the capability increases, fees also increases. For acquiring the knowledge, coming in contact with the teacher is essential. Same is the case with truth. To realize the truth one has to come in contact with his own soul. Teacher demands fees while expects the student's concentration whereas soul demands surrender and expects the disciple's focus. Teacher has to sustain oneself while the guru in the form of soul is self sustaining. Teacher may have the ambition while soul has the compassion. Teacher likes some of his disciples, while the soul is pure

love. Knowledge helps to sustain oneself in this world, while truth has the access to both the invisible and the invisible worlds. Knowledge is acquired through senses and intellect while the truth is realized through the consciousness. Knowledge is related with person's becoming while truth is related with one's being. Knowledge helps the person at the level of body and mind while truth helps the person at the level of the soul. Knowledge helps a person in moving and travelling effectively while the truth helps the person to grow beyond the mind and the matter. Truth realization helps a person to use his knowledge for the sake of serving others and all.

Through the energy, person cannot get rid of his Individuality:

Only the power has the capability to make person free from confines of his identity. Person cannot get rid of his individuality even by death. Body dies, individuality survives. Person departs, name remains. Person has to get rid of his individuality in the lifetime only. Just by distancing oneself completely from his previous life, person cannot get rid of the seed of his Individuality. It is highly likely that at the new place, he will start constructing a new Individuality. The internal chemistry has to be changed completely for achieving this feat. Leaving behind both the identity and individuality needs a complete internal transformation.

This is about getting rid of the older dimension of one's own existence. This is a silent internal revolution, which person goes through.

It is a setback for the family, if the person decides to get rid of his individuality. As the person's individuality is a support system for the family. When the person finally becomes able to achieve that, then only his consciousness gets to feel the peace. Patience is power, humility is power, conscience is power, devotion is power, compassion is power, forgiveness is power, service is power,

wisdom is power, nature is power, silence is power, fasting is power, love is power, kindness is power. As the change is continuous, so as the internal growth is also continuous.

During the lifetime people become kinder, they generate various kinds of creativity, they get rid of harmful habits & feel the spurt of devotion and surrender, this is the internal growth.

Energy is like a clay, which can be shaped in various forms. This is a fuel for the body. Energy keeps the biological machine running. Person keeps performing his various works by the energy, which he receives through the food. Energy is required for the activity. It keeps the senses vital. Physical body is made up of matter, while energy is it's food. Energy sustains the living matter. Energy is like a supply, which is continuously provided to the living beings and they keep functioning through it. If the energy is stored within the body, its excess part gets converted into the matter.

Mind and intellect jointly construct an Individuality:

Mind gives birth to individuality while intellect strengthens it. Individuality is sponsored and conceived by the mind however it's construction is a joint venture. Intellect obeys the mind. It is like a secretary to the head of the state. Once the mind conceives an idea, intellect starts working to materialize it. Mind takes the decisions, intellect implements them. When it comes to the animals, their mind too generate decisions, in the case if their intellect is not ripen enough, they have no option but to use their strength to implement that decision. That is why many times their violent aspect becomes evident. It is highly likely that the humans and animals might have different perspective about the same thing. So their responses would be different also. Intellect wants to achieve its objective in a balanced and non violent way, if it could be possible. If intellect

finds no way to deal with the situation then the mind might go back to its animal instinct and resort to the violence as an option. Humans are said to be civilized because they have inculcated morality and were able to develop their intellect. In this case the violence or the physical might doesn't remain the only available option. That's why humans prefer to talk, explain, understand, discuss the pros and cons and weigh in all the possible outcomes and try to solve the problem through the negotiations and transactions. Violence or war is the last option. So intellect is of great importance, when it comes to shaping up an individuality for oneself. When intellect fails, ego erupts. now the person stoops to the level of personal verbal attacks. For the sake of protecting oneself, he starts assaulting the person on moral and ethical grounds. This creates a situation of personal confrontation.

If no one wants to step back from this point, then they move towards manhandling each other. Now through his might the person wants to prove that he was right. This world is full of individualities to animal instincts. That is why from negotiations to confrontation to the violence, everything is seen here.

If you are utilizing your today for future, then you are working on your individuality:

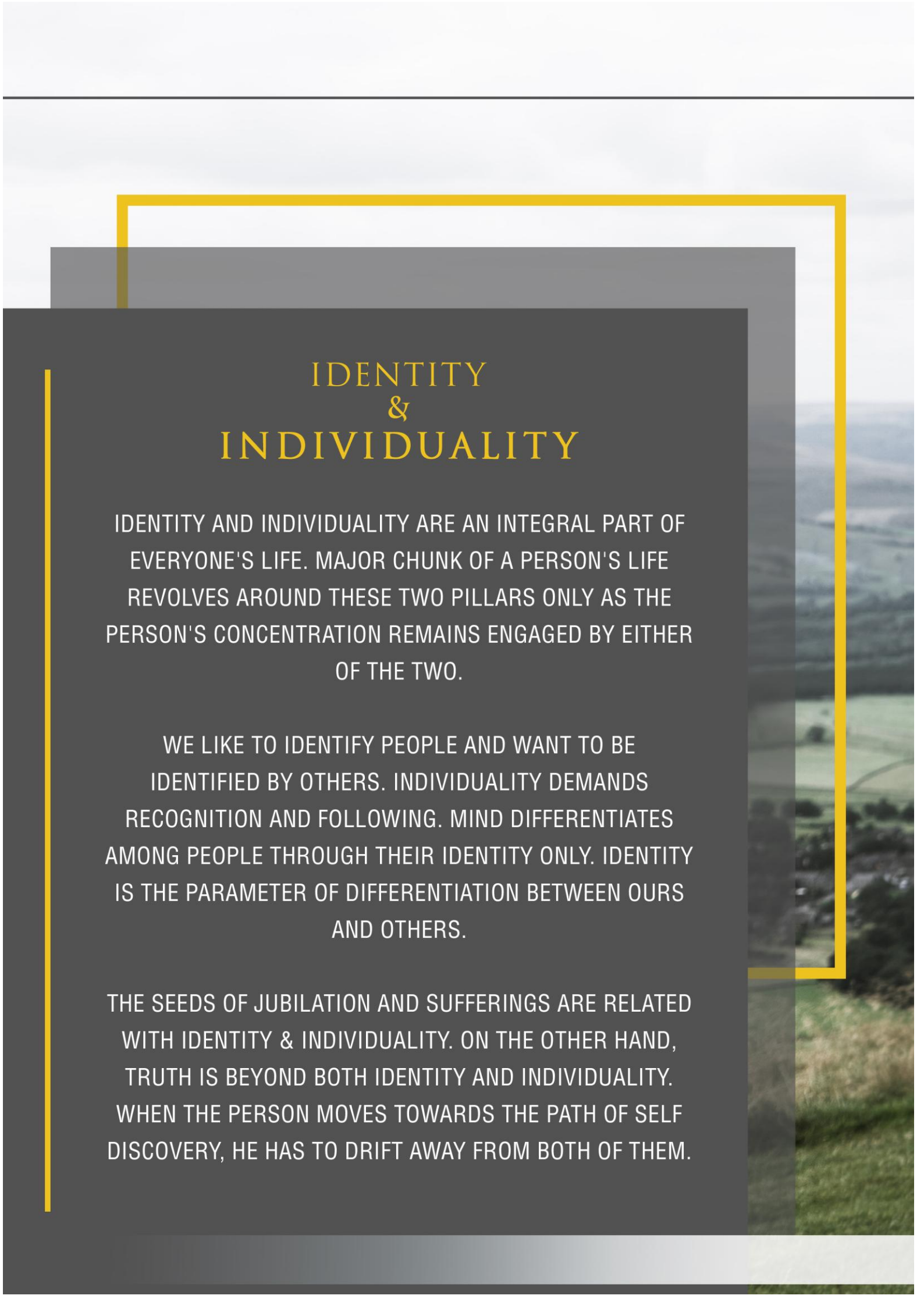
Future is about dreams, insecurities, uncertainties & ambitions. Today gives us the opportunity to be in present. However if the mind is agitated and insecure then it would deal with them first. With all its might, mind will try to solve these problems and keep utilizing today, which is a time resource, for the sake of feeling secured. There are three possibilities with time resource.

1. Either we are confused or undecided about the right direction to move on. In this case, we have the capability but they are not being utilized just because the person is undecided. As the mind has multiple options and multiple tractions, so

it wants to become clear its confusion first. It wants to follow that path which suits its nature and would help in realizing his dreams also. Mind considers its inclinations and interests and want to take them along, while making the decision for future.

2. Person takes decision and start utilizing all of its mental and material resources to fulfill its objective. Now mind feels little settled because it believes that the direction has been found and the work has been started. Now it seeks help of the experienced ones, who could provide the guidance and help in doing the course correction. It wants to reach out to the all available information on the subject and wants to push oneself towards achieving the objective. It wants to practice and learn so that it can prepare oneself for an independent standing.

3. This is a condition when the person comes out of this cycle of decision and implementation. In this case person gradually becomes able to still his mind and usher into the dimension of awareness. No more looking towards the future now. The person starts making changes in his habits and routine, so that he can remain stable in this state. All that he wants is nothing. Just resting in his own being. This is not about future but present. No mind, no future, no individuality and no identity. Present needs nothing. It welcomes the one in his most nascent form. This is coming back to the fold of nature.



IDENTITY & INDIVIDUALITY

IDENTITY AND INDIVIDUALITY ARE AN INTEGRAL PART OF EVERYONE'S LIFE. MAJOR CHUNK OF A PERSON'S LIFE REVOLVES AROUND THESE TWO PILLARS ONLY AS THE PERSON'S CONCENTRATION REMAINS ENGAGED BY EITHER OF THE TWO.

WE LIKE TO IDENTIFY PEOPLE AND WANT TO BE IDENTIFIED BY OTHERS. INDIVIDUALITY DEMANDS RECOGNITION AND FOLLOWING. MIND DIFFERENTIATES AMONG PEOPLE THROUGH THEIR IDENTITY ONLY. IDENTITY IS THE PARAMETER OF DIFFERENTIATION BETWEEN OURS AND OTHERS.

THE SEEDS OF JUBILATION AND SUFFERINGS ARE RELATED WITH IDENTITY & INDIVIDUALITY. ON THE OTHER HAND, TRUTH IS BEYOND BOTH IDENTITY AND INDIVIDUALITY. WHEN THE PERSON MOVES TOWARDS THE PATH OF SELF DISCOVERY, HE HAS TO DRIFT AWAY FROM BOTH OF THEM.